Research discovers-



One of the most far-reaching discoveries . . .

of this century by research chemists is the importance of vitamins and trace-elements in the everyday diet of young and old. These vitamins and trace-elements have a primary influence on the human body and its normal activity. They build resistance to infection by minor ills and ailments, feed the nervous system, promote growth and clear skin; they foster the appetite and are a source of robust vitality and well-being to the entire system. 'Supavite' contains 7 important vitamins and 4 essential trace-elements.

The Essential Trace-Element Minerals in 'SUPAVITE'

Trace-elements are certain minerals found in tiny or 'trace' quantities in many foods and which are in some cases, essential to life itself. The functions of some are obscure while others are not vital, leaving only a few which are known to be absolutely essential for health e.g. Copper, Iron, Manganese and Iodine. 'Supavite' does contain all these trace-elements because:-

- (1) Your body must have trace-elements and vitamins together: one without the other cannot be fully effective.
- (2) Trace-elements tend to occur in the same foods as vitamins

At all Chemists

15 days supply 12/9 30 days supply 21/6 60 days suppl

Even a mild deficiency of these vitamins and trace-elements causes general weariness and fatigue.

trace-elements.

(3) In modern cooking not only may many of the essential vitamins in food be lost but also essential trace-elements.

'Supavite' helps replace both.

Each of these components in 'Supavite' plays its own vital part in the development and preservation of a strong body with true, vigorous health. Together they ensure that the body gets the fullest benefit from its daily diet. Whenever there is indifferent health due to a shortage of vitamins and trace-elements in our food, it will be readily appreciated that 'Supavite' is a restorative of outstanding merit. 'Supavite' may help build up resistance to infection and give you a brighter outlook on life; you will find a new zest for work and play; sure proof that your nervous system—indeed your whole body -is almost entirely replenished and recharged.

THE 'SUPAVITE' FORMULA FOR HEALTH AND VITALITY

Each ORANGE Capsule contains: Vitamin A 6,000 International Units Vitamin D 1,000 International Units Vitamin C _____ 25 Milligrams Riboflavine (B2) 2 Milligrams Nicotinamide 15 Milligrams Vitamin (d.1. alpha tocopheryl acetate equiv. 2 Milligrams)

Each BLACK Capsule contains: Vitamin B1 _____ 2 Milligrams Copper (Cupr. Sulph. anhyd. equiv.) 2 Milligrams Manganese (Mang. Sulph. dried, equiv.) 5 Milligrams Iron (Ferr. Sulph. Exsic. equiv.) 12 Milligrams Jodine (Calc. Iod. equiv.) 150 Micrograms

These capsules are guaranteed to contain potencies not less than stated in the formula.

MINERAL CAPSULES VITAMIN

Distributed by BRISTOL-MYERS CO. PTY. LTD., AUCKLAND

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