

flour mixture. Mix well, pour into a well-greased round tin. Bake in a quick oven about 20 minutes. When cold, cut in half and spread with a mixture made with the honey and 2 oz. of ground almonds blended well together. Sometimes this cake is made with larger quantities of ingredients, put into 4 layers, and is iced and decorated.

Form Cheese Pies (Scottish)

Two eggs, 4 oz. grated cheese, 2 tea-cups milk, pepper and salt, pinch of cayenne, grating of nutmeg. Line small patty-pans with short pastry. Make a mixture by beating the eggs lightly and

NEXT WEEK: Hot Puddings for Winter Evenings

stirring in the cheese and flavourings, afterwards adding the milk. Fill each pastry-lined patty-pan with the mixture, cover with a thin layer of pastry, pinch the edges together and bake a nice brown.

FROM THE MAILBAG

Bread Dumplings

Dear Aunt Daisy,

A listener asked you about bread dumplings with apples! Would it not be a pastry of flour, about 1½ cups, 2 or 3 oz. dripping, pinch of salt and a teaspoon of baking powder? Mix with water, roll out and put into one big pudding, with peeled, and sliced apples. Sprinkle sugar over, roll up and boil in cloth; or else peel and core apples and make in separate puddings and boil in small cloths; or bake. My mother used to make these on the farm and they were great favourites. She often used to make the bread dumplings when making bread, and we used to have them at lunch-time with sugar, vinegar and butter; you just break them like scones, or they go heavy. I hope this pudding recipe is what was wanted. It is nice made with any fruit. Thanking you for your help on many occasions.—*Farmer's Daughter, Lyttelton.*

Keeping Trout

Dear Aunt Daisy,

Here is a correct way to keep trout. To salt and dry it, first clean by cutting down the back with a sharp knife on each side of the back-bone, which is then removed. The fish should be held open, salted, and dried. To do this without attracting the attention of blow-flies, the fish should be attached to a rope and hoisted to the top of a tall tree branch some 25 feet or so, and, if possible, in the wind.—*Bruce, Dunedin.*

Preserved Flowers

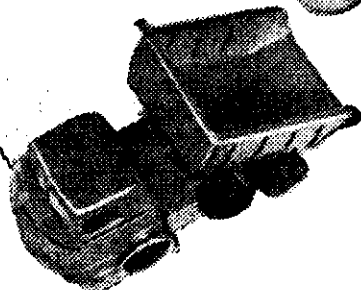
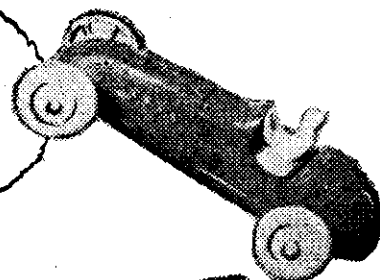
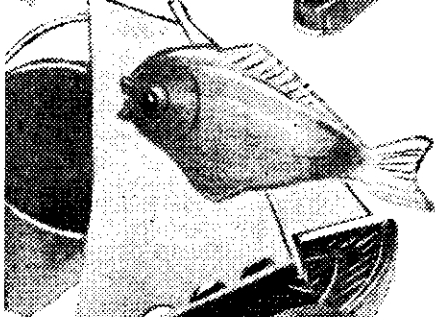
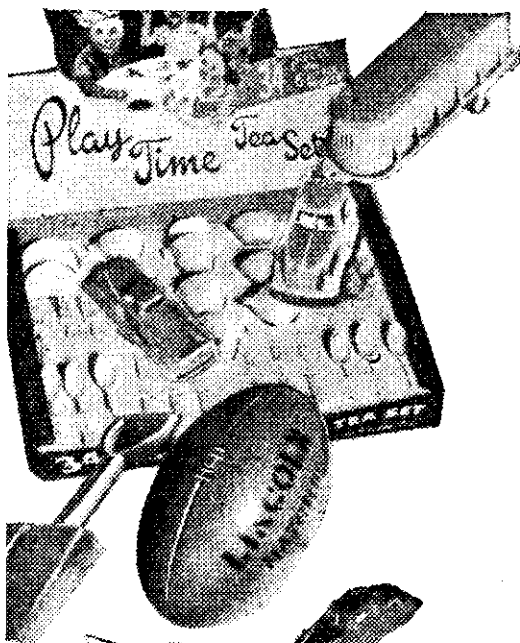
Dear Aunt Daisy,

I have seen some exquisite displays of dried and preserved flowers and grasses. These appear to be painted after they have stiffened, and have a light coating of clear shellac to finish them off. I should be most grateful if any of your readers could tell me how these are done.—*Gwen, Christchurch.*

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It is sold to manufacturers who make and market the toys shown here under various trade names.



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