# Housewives.

KEEP THIS GUIDE TO

# ORANGE BUYING



# JAMAICA

IN FULL SUPPLY

JAN. FEB. MARCH APRIL

## ORANGES FOR GOOD EATING AND GOOD HEALTH

Not only are oranges one of the most delicious of all fruits, but oranges are so good for you — literally packed full of vitamins, protopectins, bioflavonoids and other health-building substances. Eat oranges often for flavour, for health!



#### **CALIFORNIA**

WATCH FOR THESE **IUICY VALENCIAS** 

MAY JUNE





**IUNE** 

#### **AUSTRALIA**

MAY- SEPT.

VALENCIAS

OCT.- DEC.



### SOUTH AFRICA

JUICY NAVELS MAY-JUNE VALENCIAS

SEPT.- OCT.

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