## Guess who likes Bananas in this Family?



Everyone of Course!

but remember . . .

## Bananas mean more than good eating— Bananas mean GOOD HEALTH!

Bananas are not only good to eat — they're so good for you! This tasty, healthful fruit provides a rich range of valuable vitamins, including Vitamins A, B1 and B2, as well as important minerals and energy-building sugars. And bananas are one of the easiest of all foods to digest.

Bananas are the perfect health food for every member of the family. Young and old — everyone benefits from bananas. Growing children especially, are helped by a regular supply of bananas in their diet. And there's no need to tell you how good-tasting bananas are! They're everybody's favourite.

For their health's sake, start your family on eating more bananas, more often-NOW!

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