

dishes and chill thoroughly. Serve with shredded sweetened orange pulp and juice.

Malt Ice Cream

Four tablespoons full cream milk powder, pinch salt, ½ cup sugar, 1 dessertspoon malt, ½ cup cold water, 2 cups milk, vanilla essence, 1 teaspoon gelatine dissolved in a little boiling water. Mix full cream milk powder, salt,

NEXT WEEK: Prunes Up-to-date

sugar and malt with the cold water. Add milk and mix well. Add cooled dissolved gelatine and vanilla. Beat well. Put in trays and partly freeze. Take out and re-beat until smooth and creamy. Freeze and switch refrigerator to normal. This is a particularly nourishing ice cream with a delightfully unusual flavour.

FROM THE MAILBAG

Plastic Icing

Dear Aunt Daisy,

Here is an Australian recipe for "plastic" icing that you were asking for some weeks ago. It is very easy to make and it will keep for some time if stored in an air-tight jar; but it will go rather dry if left exposed to the air.

FONDANT ICING: 2 lb. icing sugar, 2 egg whites, ¼ lb. liquid glucose (obtainable from the chemists). Sift the icing sugar into basin, melt the glucose a little over boiling water, cool slightly and add to the unbeaten egg whites. Mix together thoroughly and add to the sifted icing sugar and mix well in. Remove wooden spoon and continue to knead with the hands until all the icing sugar is absorbed. Flavour and colour as desired. Dust baking board with sifted icing sugar and again knead the icing until it is smooth and no longer sticks to the board. It is now ready for use. To make it cling to the cake, either brush the cake over with unbeaten egg white, or warm seedless jam. I use this recipe over almond paste for all my Christmas and birthday cakes, as I find it easy to make.—L.H., Auckland.

Those Women Drivers!

WOMEN who qualify for inclusion in the old stories about women drivers will be well advised to listen to a series which is to be heard shortly from National stations' women's sessions. But although those much-discussed females will undoubtedly profit most, good women drivers and even some men will probably hear something new in Ray Webley's talks. *Advice to Women Motorists*. Mr. Webley is a lecturer in motor maintenance at the Wellington Technical College, and his talks will be heard twice a month. He will give a wide variety of advice on small matters which can be attended to easily to help the smooth running of a car, and will also answer questions from listeners on driving and maintenance. It is thought that with holidays in the offing, women with cars of their own will be able to save a great deal of time and expense if they know how to make minor adjustments and generally prepare their cars for accident-free running.

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N.Z. LISTENER, NOVEMBER 2, 1956.

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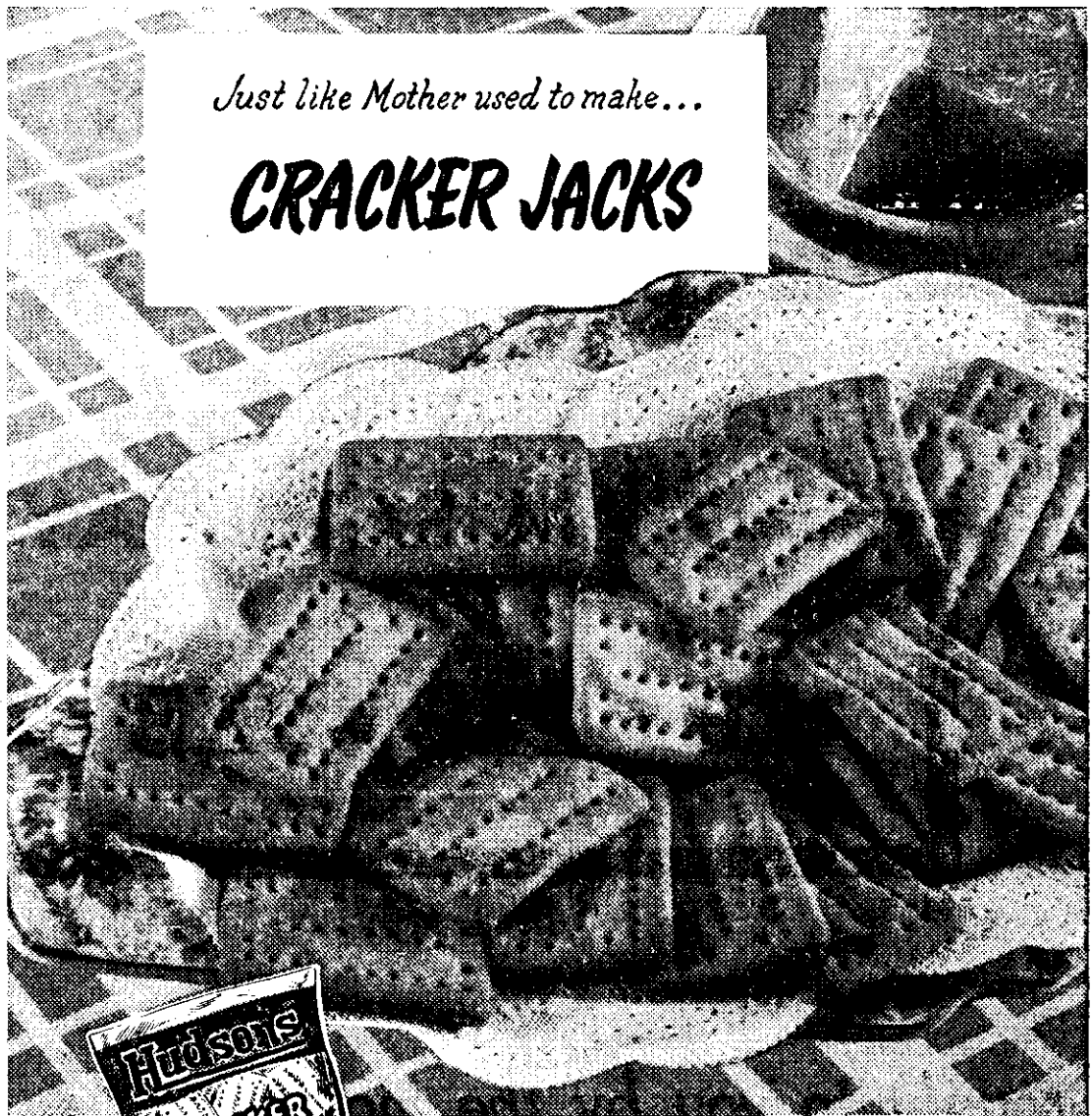
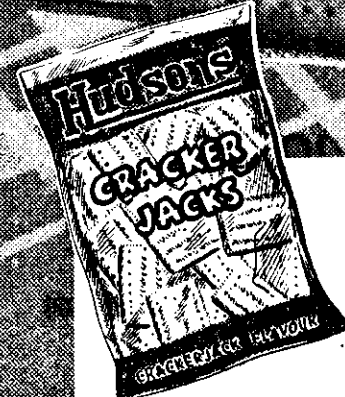
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