

Scientists unlock another secret of the fresh orange

The list of health values in the fresh orange has continued to grow over the years . . . vitamin C, pro-vitamin A, B, vitamins, minerals, the remarkable protopectins. Now scientists have discovered that the bio-flavonoids—mysterious yellow substances in the meat of the fresh orange—affect your family's health in a special way all their own. The bio-flavonoids have a direct effect on the capillary system—the millions of tiny blood vessels that nourish every part of the body. They help keep these tiny vessels strong and elastic . . . efficient in their job.

Bio-flavonoids are important to children. They work with Vitamin C to do a better job of building sturdy bones and strong muscles, developing sound teeth and gums, fighting colds and infections.

One orange a day gives you a rich supply of bio-flavonoids—so why not start your family on this happy health habit — now!

Keep fighting fit with ORANGES



With their abundant vitamins, the amazing protopectins and bio-flavonoids and other health factors, oranges are veritable storehouses of health. For you — for your family, the daily orange habit is the way

to help keep fighting fit. And they're so easy to serve — after school, after meals, anytime. And nothing matches the rich flavour, the delicious juice of oranges. Eat—drink oranges daily for better health!

Inserted in the interests of better health by . . .

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