this until slightly thickened. It must not boil. Allow both dissolved jelly and milk and egg mixture to cool. Then add the stiffly-beaten egg whites to the milk mixture, and slowly stir all into the jelly mixture. Whip all lightly together and set in a mould. Serve with cream and custard.

## Charlotte Russe (Norwegian)

One dessertspoon gelatine, 4 egg yolks, 1 teacup rum, ½ pint cream, ¼ fb, sugar, a little water. Whip cream, Beat egg yolks and sugar together and mix

#### **NEXT WEEK: Small Cakes**

with the cream. Dissolve gelatine in water and add with rum. Pour into a mould and leave to set. When turned out serve with red sauce made with red currant jelly or strawberry jam heated with a little water, strained, and thickened with cornflour.

## RACING MOTORIST ESCAPES FLAMES

Racing around the circuit at more than 100 m.p.h. a well-known racing driver suddenly felt as if his stomach was on fire. Indigestion! Reaching for the best of all extinguishers, Ayrton's, he soon quenched the flames. Ayrton's Heart Shape Indigestion Tablets stop indigestion instantly! Compounded by Ayrton Saunders and Co. Ltd., Liverpool, England. In handy tins of 40.

# SEE YOUR SKIN TROUBLE GO

in a few days



RUB ON—SPOTS GONE

Make this test. Spots, pimples, eczema and rashes do not heal unless you get at their cause, the germs beneath the skin.

reath the skin. Valderma, the new antiseptic balm, gets right under the pores and gives relief almost immediately. See for yourself. Rub a little Valderma on your skin where the trouble is, several times a day. Within a day or two you will see and feel the difference. In a few days your skin will be clear and healthy. Valderma is creamy, non-greasy, does not clog the pores, allows septic matter to escape. It is soothing and healing. You simply rub Valderma in and watch your skin improve. Available everywhere in handy tubes priced at 2/1d.

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Made in New Zealand for Dae Health Laboratories Ltd., London, by Stanford Laboratories Ltd., 5 Manuka Street, Wellington. 1.2



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VI-MAX does not overheat the blood!

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