

FOR BEAUTY AND QUALITY



# OSMAN

## sheets and pillowcases

Careful shoppers look for the OSMAN name-tab. Osman sheets and pillowcases are not only smooth and of generous size, but will wear beautifully and keep their good appearance through countless washings. Firmly finished, with hemstitching or cording, OSMAN sheets and pillowcases are the choice of all women who appreciate beauty and quality. Choose them in economical American cotton or superfine Egyptian. There are prices to suit all purses and you can get them in white or six elegant colours.

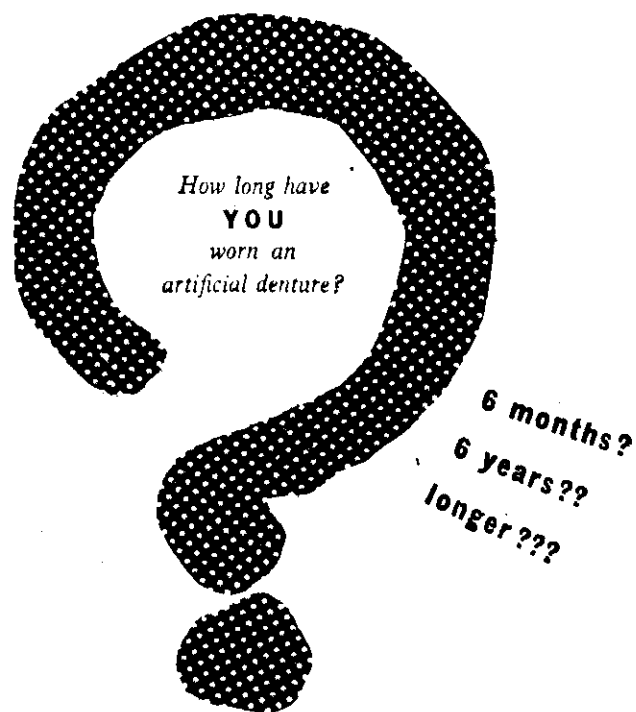
Trade enquiries to  
C. A. Welch, Dixon Buildings,  
64 Dixon St., Wellington. P.O. Box 1251

BARLOW & JONES LTD., MANCHESTER, ENGLAND

ISSUED BY THE NEW ZEALAND DEPT. OF HEALTH



Many New Zealanders wear false teeth and probably the same set for a great number of years. These artificial dentures may seem comfortable and almost a permanency in the mouth but in actual fact there is no such thing as a permanent denture. The denture itself may not wear out, but your mouth and face are changing as you get older.



### Think over these questions:—

- (1) Can I really chew my food well?
- (2) Can I eat all the tasty foods I like?
- (3) Is my mouth free from "sore spots"?
- (4) Am I looking my best?
- (5) Do I have a feeling of confidence in my false teeth?

If the answer to any of these questions is "no" then see your dentist at once and have your artificial dentures examined. A denture check-up with your dentist every five or six years is desirable.

### keep your mouth healthy

False teeth should be brushed after every meal when circumstances permit. Use a stiff brush with cold water. Never use hot water or an abrasive. When not in use keep your dentures in water.

### new denture wearers

They must be patient with their new teeth and persevere with them. But persevering means *trying* not suffering. If your mouth remains painful get your dentist to correct the cause of soreness.

### partial dentures

If you have lost one or several natural teeth, a partial denture will enable you to eat better and to look better. But more important, it will assist in preserving the remaining natural teeth. If you already wear a partial denture see that it is kept clean—for your health's sake as well as for its social value.

Wearing artificial dentures is not the solution to dental troubles—see that your children retain their natural teeth through adequate home care and regular dental attention.