

another one, a wedding cake, as my daughter is being married in November, and I was "practising." So I must tell the Milford correspondent that we all voted for her boiled fruit method, a lovely moist fruit cake. I'm going to add a little extra fruit, cherries and nuts.

"A Well Wisher," Otaki Beach.

Thank you for letting us know. Also thanks to the Wellington Link in our Daisy Chain who sent in a fruit cake recipe very similar in method. Here it is: Bring to the boil, in a large saucepan, 2 cups water, ¼ lb. peel, 1 teaspoon mixed spice and mace, 2 cups brown sugar, 2 teaspoons baking soda, 2 lb. mixed fruit, ½ lb. butter. Let cool. Add 4 cups flour, 1 tablespoon glycerine, 1 teaspoon baking powder, essences as desired and then 2 well-beaten eggs. Bake approximately 3 hours in a large tin.

The Carpet Rides Up

Dear Aunt Daisy,

Could you or any member of your Daisy Chain kindly help me with my present difficulty? We have recently moved, and this has necessitated putting a rather heavy Chinese rug across the carpet in the lounge, and it will "ride up." Do you know if there is a remedy to make it stay put? I would like to tell you how I enjoy my morning sessions, and am most grateful for the many hints which you have recommended, as I am one of the "Not so youngs" who have come from England to live in New Zealand since the end of the war. Now I have quite settled down and my husband and I both love New Zealand. "M. Mac.," Auckland.

I think the best way to keep the heavy Chinese carpet from "riding up" on the other carpet is to put strips of carpet around the edges underneath in such a way that the right side of the attached strip faces down on to the right side of the underneath carpet. Thus the back of the attached strip is attached to the back of the Chinese carpet, which will then cling to the underneath carpet with the right side of the strip. This method was sent in some time ago when this subject was being discussed. The good Chinese carpet is not damaged at all by fairly narrow strips of carpet being stuck around the edges of its underside; and the pile of the strip clings to the pile of the under-carpet. I should think a carpet department manager in a store would be able to tell you what would be the best solution to stick the two wrong sides together. My own carpet expert tells me that there is a rubberised solution. I have a charming hearthrug (lying on top of my dining room carpet) consisting simply of a strip of that gay and interesting patterned carpet a Christchurch company designed and sold last year (all N.Z. shrubs and trees in lovely colours—ko-whai, rata, kaka beak). The company made up some mats as samples, and gave one to me. It has a strip of carpet fastened on each short side, with the right side downwards, and it lies quite flat and never "rides up." Many thanks for your kindly letter.

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LIFE BEGINS AT THIRTY

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Nearly one-third of all victims of drowning accidents are adults over thirty. In practically every case, the tragedy could have been avoided by a little care, a little knowledge of the risks involved . . . in fact, by "water wisdom." If you're in this danger zone . . . thirty or over . . . have all the water fun you want, but never forget these simple precautions.

SWIMMING

You're not as young as you used to be, so don't try to show the younger generation up by taking unnecessary risks. Don't swim alone. You're safe in a crowd.

BOATING

In small boats don't take chances with the weather. When it's blowing a howler there's only one safe place . . . ashore. If your boat capizes, "stick to the ship". The boat will support you till you're picked up. Where there's the slightest danger, wear a lifejacket. Yachtsmen and surfers wear them. So should you!

TROUT FISHING

Don't let that big one get you! Watch out for slippery stones, deep holes, river-bed changes since you last fished. Before fishing a river for the first time, pick up all the local knowledge you can.

You may be over thirty but you can be as safe in or on the water as anywhere else . . . if you exercise "water wisdom" always.

ROCK FISHING

Keep away from dangerous ledges and perches. When there's a sea on watch out for the incoming tide. A big wave could sweep you off before you know it.

DUCK SHOOTING

Don't worry about the one that's hard to recover. It's better to be one short in the bag and be alive for next season. When shooting near deep water, wear a light-weight lifejacket. It's good insurance.

TRAMPING

Watch out while fording streams and rivers, especially if they're in flood. Learn the safe ways of crossing streams and take the advice of your local tramping clubs. They know the danger spots.

CRAYFISH & NETTING

Wear a lifejacket always. Watch out for tidal rips and heavy surf breaking on sandbanks. Take extra care when netting near river mouths, where "bottom" conditions can change rapidly.



Issued by The National Prevent Drowning Committee on behalf of the Internal Affairs Department.