

milk, and 3 tablespoons grated processed cheese. Beat till smooth. Add 2 egg yolks lightly beaten and 1 good tablespoon chopped parsley, then stiffly-beaten whites. Bake in greased pie-dish, moderate oven, for nearly 1 hour.

Potato and Cheese Blocks

Little blocks of cheese, spread with mustard. Plenty of mashed potatoes, bound with an egg and seasoned. Wrap each piece of cheese in potato, dip in beaten egg, roll in flakes, and fry golden brown.

FROM THE MAILBAG

How to Cook Salsify

Dear Aunt Daisy,

Could you please tell me how to cook salsify as a vegetable. My husband has planted some in the garden, but none of my friends seem to know just how to cook it, and are all waiting to try it.

"R.W.M., Beckenham.

Salsify is often called "Oyster Plant," because, when cooked, it is supposed to taste a little like oysters. It is similar in many ways to parsnips, except that the tops look more like heavy grass. Like the parsnips, its flavour is improved after exposure to cold temperatures. To cook, wash and boil, then strain, cut into rounds, dip in batter and fry. This is the most "oysterish" way. Or you may add chopped, cooked salsify to good savoury white sauce and fill pastry cases, thus making mock oyster patties; or add chopped-small salsify to batter and make mock oyster fritters. It is more often just cooked like parsnips, whole, or cut lengthways, or cut in rings; very nice served with white sauce.

Moths and Carpet Beetle

Dear Aunt Daisy,

Having read in the local papers about the trouble people are experiencing with the carpet beetle, I wondered if the remedy I know for moths would be any help. During the war, my furniture and bedding had to be stored, and the room in which it was stored, made it impossible for me to go through the things at any time. A friend advised me to buy several pounds of Epsom salts. This was put in the cases and into the chesterfield suite and upholstered chairs. None of my bedding, linen or furniture was damaged in any way by pests! Now I always put Epsom salts in my linen cupboards and in the bottom of wardrobes and drawers, and have no bother at all with pests such as moths and silverfish. The weather does not affect Epsom salts—it always remains dry.

"Wellwisher," Paeroa.

Cooking Beetroot

Dear Aunt Daisy,

Here is another very quick and tasty way of cooking beetroot. To 1 medium-sized beetroot, peeled and sliced, add ¼ cup vinegar, ¼ cup water, 1 teaspoon sugar, ½ teaspoon salt. Bring slowly to the boil, and boil ½ hour. Serve "as is" when cold.

"Levin Listener."

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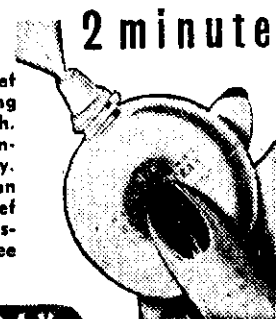
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