Sufferers from LEG TROUBLES

Here's news . .

For sufferers from varicose veins, varicose ulcers, swollen legs and practically all similar leg troubles Elasto has often achieved amazing results. The relief after taking Elasto SOMETIMES SEEMS MAGICAL, although it's not due to magic—is usually the result of IMPROVED CIRCULATION.

How ELASTO can help: Elasto, the tiny tablet that does so much, can really be of assistance in improving circulation, because it can help Nature in her work of restoring elasticity to the veins, thus re-establishing NORMAL, HEALTHY CIRCULATION.
With afflictions of this type, bad circulations as lest interpret to the control of the state of t

With afflictions of this type, bad circulation or lost elasticity is often the main trouble. That's why it's WORTH TRYING ELASTO.

Send now for FREE SAMPLE

Write E. W. Hall & Son. Ltd. (Dept. 2L), 117 Armagh Street, Christchurch, TO-DAY for Free Sample and SEE FOR YOURSELF Elasto in the regular size is sold by all chemists — 7/6 for one month's supply (or posted 7/9 from the above address).



The New Era Treatment Co. Ltd., Holborn Viaduct, London, England.

ASTHMA BRONCHITIS, HAY FEVER

SILBE-TABLETS reduce sensitivene. to attacks. No harmful after-effects. No dieting. Ask your Chemist for SILBE-TABLETS, or send your Chemist's name with 4d. stamps for Free Sample. E.H.L. Florance, C.M.L. Bidg., Wellington, C.I. N.Z. Representative for Silten Ltd. London.

HOW MANY EGGS DO YOU GET . . .

Mr. Backyard Poultry Farmer . . .

You can get plenty of eggs right through the winter if you feed your hens right. Remember—a healthy hen produces at least 113 eggs a season. But remember that hens, like humans, need a Tonic to help them at times. Thousands of poultry farmers have found that to build them up to tip-top health after the autumn moult Laymor Poultry Tonic is unequalled. Laymor does not force unnatural laying to excess. Laymor builds healthy birds so that full, regular egg production is the natural result. Get the most from your hens—your grocer or store has Laymor Poultry Tonic.

Sufferers from | RADIO ROUND THE WORLD

News Bulletins in English on Shortwave

Time	Place	Call	Freq.	W/L.	Remarks	Reception
A.M.			(mc/s.)	(mtrs.)		
6.00	London	GRG	11.63	25.68	Full Bulletin	Fair
6.00	London	GRY	9.60	31.25	Full Bulletin	Fair
6.00	London	GSE	11.86	25.29	World Headlines	Fair
		GSD	11.75	25.53	Home News	Fair
7.00	San Francisco	KES2	8.92	33.58	Full Bulletin	Fair
7.15	Vatican		5.96	50.26	Bulletin	Fair
8.00	Algiers		8.96	33.48	Reb'cast News from U.S	. Fair
8.45	London	GSE	11.86	25.29	Short Bulletin	Fair
8.45	Brisbane	VLQ	7.24	41.44	Overseas & State News	Fair
9.00	San Francisco	KWID	15.29	19.62	Short Bulletin	Fair
9.00	San Francisco	KWU	15.35	19.53	Short Bulletin	Fair
9.15	Moscow		15.11	19.85 19.69	News & Comm. News & Comm.	Fair Fair
10.45	London	GRG	15.23 11.68	25.68	News & Comm.	Fair
10.45	Moscow	41.4	15.11	19.85	News & Comm.	Poor
11.00	San Francisco	KWID	15.29	19.62	Short News	Fair
12.00	San Francisco	KWID	15.29	19.62	Short Bulletin	Fair
P M					64 . 37	0 1
1.00	San Francisco	KROJ	17.76	16.89	Short News Short Bulletin	Good Fair
1.06	London	GRG	11.68	25.68 19.85	News & Comm.	Poor
1.15	Moscow Brisbane	VLQ3	15.11 9.66	31.06	Overseas & Aus. News	Fair
1.30 2.30	Brisbane	VLQ3	9.66	31.06	Overseas & Aus. News	Fair
2.45	London	GRĞ	11.68	25.68	Full Bulletin	Fair
2.45	London	GSC	9.58	31.32	Full Bulletin	Fair
3.15	Moscow		15.11	19.85	News & Comm. News & Comm.	Fair Fair
3.30	Delhi	WIIDS	15.23 11.79	19.69 25.45	Short Bulletin	Fair Fair
3.30	Denn	VUD6 VUD3	15.29	19.62	Short Bulletin	Poor
4.00	San Francisco	KGEI	11.79	25.43	Bulletin	Poor
4.30	London	GSC	9.58	31.32	Full Bulletin Full Bulletin	Goed
		GRM	7.12	42.13	Full Bulletin	Good
5.00	Melbourne	VLG4	11.84	25.35	Aus. War News	Fair
5.00	San Francisco San Francisco	KROJ KES3	$\frac{9.89}{10.62}$	30.33	Short Bulletin	Fair Fair
5.00 5.00	San Francisco	KWIX	9.57	28.25 31.35	Short Bulletin	Fair
5.00	San Francisco	KWID	15.29	19.62	Short Bulletin Short Bulletin Short Bulletin Short Bulletin	Fair
5.15	Schenectady	WGEO	6.19	48.47	Short Bulletin	Fair
6.00	London	GSB	9.51	31.55	Full Bulletin	Good
6.00	London	GRM KWID	7.12 15.29	42.13 19.62	Full Bulletin	Good
6.00 6.00	San Francisco San Francisco	KES3	10.62	28.25	Short Bulletin Short Bulletin	Fair Fair
7.00	San Francisco	KROJ	9.89	30.33	Short Bulletin	Fair
7.00	San Francisco	KWID	9.57	31.35	Short Bulletin	Fair
7.00	San Francisco	KES3	10.62	28.25	Short Bulletin Short Bulletin Home News	Fair
7.00	London	GRW	6.145	48.86	Home News	Poor
7.00 8.00	Melbourne London	VLR3 GSB	11.88 9.51	25.25 31.55	Australian News News & Comm.	Fair Fair
8.00	Brisbane	VLQ2	7.21	41.66	Overseas & State News	Fair
8.00	San Francisco	KEŠ3	10.62	28.25	News in Brief	Fair
8.00	San Francisco	KWV	10.84	27.68	Short Bulletin Short Bulletin	Fair
8.00	San Francisco	KWID	9.57	31.35	Short Bulletin	Good
8.00	San Francisco	KROJ	9.89 10.84	30.33 27.68	Short Bulletin	Good
9.00 9.00	San Francisco San Francisco	KWV KROJ	9.89	30.33	Short Bulletin	Fair Good
9.00	San Francisco	KWID	9.57	31.35	Short Bulletin Short Bulletin	Good
9.00	San Francisco	KGEI	7.25	41.38	News Read at	Fair
9.00	San Francisco	KES3	10.62	28.25	Dictation Speed	Fair
9.00	London		11.73	25.58	News for European	Fair
		GSE	11.86	25.68	Listeners followed by Confrom New York	nm. Fair
10.00	San Francisco	KWID	9.57	31.35	Short Bulletin	Fair
10.00	San Francisco	ĸwv	10.84	27.68	Short Bulletin	Fair
11.00	London	KWV GVY	11.95	25.09	Full Bulletin	Fair
11.00	Brisbane	VLQ2	7.21	41.66	BBC & Aus. News	Fair
11.00	San Francisco San Francisco	KROJ	9.89	30.33	Short Bulletin	Good
$\frac{11.00}{11.00}$	Montreal	KGEI	7.25 11.70	41.38	Short Bulletin	Good
11.20	Moscow	CBYF	8.965	25.63 33.46	News & Comm.	Poor Fair
12.00	Melbourne	VLG2	9.54	31.45	Australian News	Fair
12.00	Montreal	CBYP	11.70	25.62	Canadian News	Fair
12.00	Schenectady	WGEA	11.84	25.33	American News *	Fair
12.00 12.00	San Francisco San Francisco	KROJ KES2	9.89 8.92	30.33	Short Bulletin	Good
12.00	San Francisco	KGEI	7.25	33.58 41.38	Short Bulletin Short Bulletin	Fair Fair
				-12,00		Tall
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Notes on Reception

LONDON: The BBC have now begun their summer schedule. The Pacific Service Transmission commences at 5.45 p.m. and at present the service can best be heard from 5.45 p.m. till about 7.30 p.m. from stations GRM, 7.12 mc. (41m. band), GSB, 9.51 mc. and GRH, 9.82 mc. (31m. band). From 7.30 p.m. till 9 p.m. the best stations are GSD, 11.75 mc. (25m. band), GSI, 15.26 mc. and GWE, 15.44 mc. (19m. band). From 9 p.m. till close at 9.45 p.m., three stations are in operation and they are: GSD, 11.75 mc., GRG, 11.68 mc. (25m. band) and GWE, 15.44 mc. (19m. band).

The General Overseas Service begins at 10 p.m. and can be heard from GSD, 11.75 mc. (25m. band), GWC (19m. band), and two transmitters in the 16m. band, GRP, 17.89 mc. and GSV, 17.81 mcs.

At 10.45 p.m. the Eastern Service begins and additional transmitters come into operation in the 19m. band, the 16m. band, and the 13m. band. Although at times reception may be better from the 16 metre and 13 metre bands, reception on these very low wavelengths is not as consistent from day to day as the 19 metre and 25 metre bands.

INDIA: All India Radio from station VUD6, Delhi, on 11.79 mc., 25.45 metres has been heard in the afternoons broadcasting to Burma and the Far East. An English News Bulletin is read at 3.30 p.m. An announcement was recently given of English news bulletins broadcast in the 19 metre and 25 metre bands at a time corresponding to 8 p.m. New Zealand time.

 $\pmb{ALGIERS}$: Algiers Radio, broadcasting on 8.96 mc., can be heard in the mornings rebroadcasting programmes to Europe from the United States.

CANADA: Montreal on 11.70 mc., can be received at present broadcasting news bulletins at 11 p.m. and at midnight. The news at midnight consists mainly of Canadian News. Reception at this time is quite good.



BLACKOUT BRIGHTLIGHTS



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