Every Citizen Should Know The Facts

ARTIME conditions make the spread of venereal diseases easy. They have increased in our country. The alarming thing about this increase is that it applies to civilians only. There is no increase of these diseases in our fighting services, where cases are rapidlly reported, treated, and kept under control. Citizens must know the facts of these diseases so that civilian incidence may be as low as in the fighting forces. Ignorance and secrecy are highly dan-

In our country, gonoribæa and syphilis are the main venereal diseases. They are both catching, but are caused by different germs. Any free-and-easy sex behaviour means a risk of infection, and cannot be made safe. Clean living is the only way to escape infection: abstinence in the unmarried is not harmful.

Gonorrhæa is the more common venereal disease. It is a contagious disease of the sex organs. It is extremely rarely ever spread except through sexual intercourse with an already infected person. It causes inflammation that may interfere with the reproductive organ and cause sterility, or it may affect joints, causing arthritis, or bring on chronic ill-health.

"A Killing Disease"

Syphilis is a dangerous, crippling. killing disease. The most common way of catching syphilis is through sex relations with a person who has the disease. Syphilis is sometimes - very rarely -

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the wall. That monkey knew how to tease; it let the girl come within a few inches then it darted off to another corner and started biting away at the edge of the padlock. When the girl came near, it pushed her away with its legs. This went on, from one corner to the next till at last the other girl handed Vivette a pine-cone whereupon the monkey dropped the padlock and made off in triumph with its new prize.

"If Vivette is my favourite, the white mice are my aversion. They give me the shivers," the girl-keeper added.

The Curator's Opinion

I went and spoke to Mr. Cutler, the Curator of the zoo. He thought the girls had attracted a few more people, though the zoo had had a good attendance since the war, particularly of servicemen. But some people were curious to know how the girls were getting on. They didn't do the heavy work, nor did they look after the lions and tigers or the elephant. But there was plenty that they could do and they seemed to be managing it comfortably. He agreed that it might mark the beginning of a new field of work for women, particularly in con-junction with zoology and biology stud-

Just then the girls came up.

"Would you like some lunch?" they asked me. Would I!

---V.M.C.

Written for "The Listener" by DR. H. B. TURBOTT, Director of the Division of School Hygiene, Health Department

caught by kissing a person who has it. or, extremely rarely, through intimate contact with objects which have already been infested with live syphilis germs.

An infected mother may give syphilis to her unborn child, unless skilled treatment is given early in pregnancy. If syphilis is not treated early and thoroughly by a doctor, it is liable to damage the heart, blood vessels, brain, nerves, liver, bones, eyes, or any part of the body. It is one of the causes of blindness, deafness, paralysis, and mental defects.

Let me repeat: syphilis and gonorrhœa are almost always contacted through intercourse with an infected person. In practice there is little need to fear their spread by accidental infec-

It Can Be Cured

Venereal diseases can be cured by proper treatment, especially in the early stages. Advice, diagnosis and treatmentconfidential and free-are available at public hospital clinics. A clinic, or a doctor used to treating venereal diseases, should be visited at once if there is the slightest reason to suspect infec-

These are the signs: the first sign of syphilis is a small ulcer on or near the sex organs. It appears from 10 to 90 days after infection; usually about three weeks. Gonorrhœa first shows itself as a discharge from the sex organs, appearing usually from two to 10 days after in-

A Duty to the Country

Control of venereal diseases depends upon patients and their infected contacts reporting for early treatment. In civilian life the diseases are not notifiable unless a patient ceases treatment. It is left to the citizen who has contracted infection firstly to place himself under medical treatment, and secondly, to advise the authorities where the infection was caught, so that contacts may be treated and cured also. Early treatment will keep these diseases down.

A systematic and sustained effort is required to combat the spread of these two disabling diseases. If the civilian incidence could be controlled, even to the same extent as it is in the Armed Forces, then something really worthwhile would be accomplished. This is where the civilian, especially the unmarried person, has a personal responsibility and a duty to the rest of the community.

SUDS! LOOK AT 'EM! SO THICK AND LONG LASTING! IT'S A TREAT TO SEE HOW RINSO SAVES OUR CLOTHES AND COUPONS.

