TUMBLING INTO BATTLE

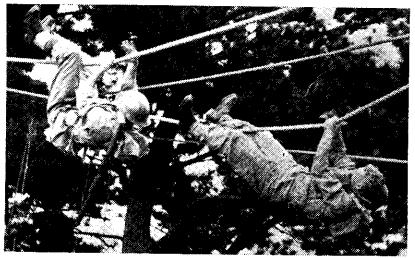
A TYPE of physical training that will be new to New Zealand soldiers, has reached the stage where a group of 18 recruits has been able to demonstrate the procedure to Army and Air Force officers, Government officials and others, The Listener saw the demonstration, and received the impression that the new wide variety of interesting exercises will be welcomed by the men who have to do them.

Inserted as a stage between the basic exercises and the rigorous hardening exercises, the new "purposeful" tables proceed from loosening exercises to games of "horses and jockeys" (a queer variation on leap-frog), press-ups, medicine-ball games, methods of carrying the wounded, stick games, and so on. In most of these exercises, which generally speaking, are the same as those at present used by the Education Department, there is an insistence on co-operation between pairs or groups of men, especially in an exercise where-

TYPE of physical training that in a group of six men take a 120lb log will be new to New Zealand soldiers, has reached the stage and throw it from their shoulders about 2ft. above their heads, and catch it on where a group of 18 recruits has the opposite shoulders.

An exercise that followed a display of tumbling showed the direct application of such practice to a useful purpose—the men had to mount a table 6ft, 3in. high and step nonchalantly off it—not jump—and land in comfort, perhaps with a roll to disperse the shock, a practice useful to paratroops.

Men who have been through a seven-weeks' course of this will then engage in obstacle races of a kind which depend on all the men arriving at the same time, not trying to beat each other. The Listener saw them go over and under fences, up rope ladders, up and along single ropes, leaping trenches, surmounting a 10ft.-high bare wall by co-operative methods, crossing a "stream" by wires, and so on, finally falling into a firing position within a few seconds of each other; and all this in full battle order.



"Up rope ladders, up and along single ropes": two members of the special training group demonstrate a method of crossing a stream

These Few

AST year, many people listened-in week by week to the exploits of Coast Patrol from the Commercial stations. Now a second series of this feature is taking the air. Coast Patrol is a dramatised story about Britain's air force and the adventures of R.A.F. men on a coastal station. Many of the sound effects used are actual recordings made in the air in fighter and reconnaissance 'planes. In every way this feature attempts to be as near authentic as possible; to give a real picture of the lives of the men in the R.A.F. on this type of work. The story has for its inspiration Winston Churchill's oft-quoted phrase: "Never in the field of human conflict was so much owed by so many to so few." The characters of Coast Patrol are some of "the few."

The author is Maurice D. Chapman, who has written a number of radio serials which have been broadcast in Australia, New Zealand, England, America, and also over Radio Luxemburg. Chapman's wife is an experienced stage and radio actress, who performs under the name of Iris Hart, and she here plays the part of Yvonne Maher—a mysterious young foreign girl who

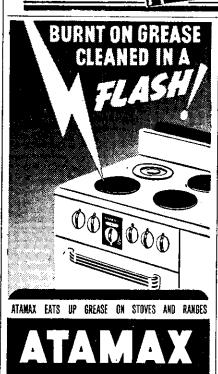
sounds as though she may be a spy. Alan Macgregor, the flight-lieutenant of the coastal command is, off the stage, Keith MacDonald, an advertising manager.

Eric Bush, who portrays a young Australian flight-lieutenant in Coast Partol, is an announcer on 5AD. He is also a professional actor, singer and dancer. In 25 with Jean Mackay he won the Australian ballroom dancing championship, and the same year he won the Australian surf championship. He has acted in Sunny, The Merry Widow, The Chocolate Soldier, Katinka, and other plays. Other radio actors who will be heard again in this feature are Robert Matthews, who plays Squadron-Leader Harvey Lane, Cyril Sparrow, an Adelaide solicitor and amateur actor, who plays Group-Captain Kelett, and John Cameron, who appears as Wing-Commander Black.

Players who are new to this series of Coast Patrol are Ray Walshe, Richard Moore, and Margery Irving.

"Coast Patrol" (second edition), may be heard on Mondays, Tuesdays and Wednesdays at 7.30 p.m. It is already on the air from 1ZB and 2ZB, and it will begin from 3ZB on April 26, and from 4ZB on May 10.









Vikelp Tablets are made from a sea-plant and contain 9 essential Mineral Salts and Food Iodine —give you extra nutriment and sustenance.

Start taking Vikelp today. You begin to build up as soon as it gets into your system. You glow with new-found health and energy. You tackle life anew.



