The Doctor always asks . . .



Whenever you have to call the doctor to your child, he always asks, "Have the bowels moved?" It's always wise to have some Califig in the house. In health or sickness, disorders will occur in the digestive system, and this gentle laxative puts them right pleasantly and at once.

California syrup of FIGS Balifig



AT ANY HOUR, any member of the family may be seized with a muscular pain or a throbbing ache resulting from a sprain. Play safe. Have Sloan's Liniment ready. Gently pat it on the painful part: Relief quickly follows. Your own neighbours and millions of other families rely upon Sloan's Liniment for quick relief from aches, pains, sprains, bruises, strains, stiffness and chest colds. Buy a bottle to-day. Keep it handy. Oaly 2/6



FOR QUICK RELIEF JUST PAT ON

Family LINIMENT

A most important thing to know about

VITAMINS

is that you get A.B. B, and E in

BREAKFAST FOOD and COOKING CEREAL

JOIN THE ARMY NOW!

T//HEN I was first shown into the presence of Mrs. V. Iowett, commandant of the recently-formed Women's Auxiliary Army Corps, she sat me down firmly and asked me which section I was specially interested in, signals or artillery. Somewhat sheepishly I admitted that I hadn't come to join up, but merely to get a story.

"I'm chiefly concerned with the administrative side," explained Mrs. Jowett. "Later on, when the W.A.A.C. has begun to function in earnest, I'll have to act as general supervisor, visiting all the camps where our W.A.A.C.'s are stationed and seeing the work they are doing and the conditions under which they are living. But at the moment we're only just getting started, and my chief concern is to get recruits. We need hundreds of girls, and we've got a job for everyone."

Shop window displays, processions and broadcast appeals were making known the need for women in the army. "And so far the response has been very satisfactory," said Mrs. Jowett. "I imagine that most women want to do something to help their country to win the war, and this is one of the most direct ways of doing it. Every five women who enrol in the W.A.A.C. release four men for active service."

A Place for Everyone

"We welcome any women from 18 to 45 with a reasonable standard of work she has done before we'll be able to find a place for her. At present we're re- lunch-time. cruiting women for the two main branches of Signalling and Artillery. For the New Zealand Corps of Signallers we need especially telegraph and wireless operators with a knowledge of Morse code, switchboard operators, despatch riders, touch typists, and clerical workers.

"Then there are the artillery units. In addition to clerical workers, shorthand typists, cooks, librarians, and truck drivers for battery headquarters, we need women capable of being trained for instrument work, intelligent and adaptable women with neat fingers and good eyesight. There is a lot of scope in this branch too for women with mathematical qualifications, and these women will be trained to work searchlights and anti-aircraft guns, to work predictors and direction finders. Some too will receive training in radiolocation."

"Will the girls have to live in camp?"

"For the first month of intensive training, yes. And we'll get them into camp as soon as suitable accommodation can be provided. That is one of my



MRS. V. JOWETT "Five women release four men"

worries at the moment. But after the month of training most of the girls may, if they want to, be stationed in their home town and live at home. This doesn't apply however to the girls in anti-aircraft batteries, who will have to live in barracks near their guns."

Full-time Job

"What pay will the girls get?"

"The same as the W.A.A.F. and W.R.N.S .-- 4/6 and 5/- a day for a private, rising to 7/- for a sergeant. Rather more for the commissioned ranks. Then if they live out they'll get an extra 17/6 a week. It's equivalent to £3 a week civilian pay because there's no tax off. "What qualifications does a W.A.A.C. And above that they get a number of concessions on entertainments and travelling, and all their uniform provided."

"And it's an attractive uniform," I physical fitness. No matter what sort of remarked, remembering the girls I had seen marching down the main street at

> "Yes, it's the same as the one issued to the girls overseas, except that the W.A.A.C.'s wear glengarries instead of the brown felts. One of the jobs I'm busy on now is equipping all our existing W.A.A.C.'s with uniforms and equipment, and it's quite a big job. But the sooner we get started the better.

> "Joining the W.A.A.C.'s isn't the same as joining the War Service Auxiliary. You're a full-timer, not a parttimer. You're actually in the army. You're subject to Army discipline. If you don't like your job you can't give a week's notice. But there are certain satisfactions. In the first place we try to put you in a job you like, a job that's suited to you, and in the second place you probably get a certain amount of pleasure from the life itself, from living and working with people who have the same interests and the same job as you. But of course your chief satisfaction will come from knowing that you are taking a man's place and that your own skill and energy are being used to the best possible advantage in the war machine."