

# 4YA DUNEDIN

790 kc. 380 m.

6. 0, 7.0 & 8.45 a.m. LONDON NEWS  
 9.30 "Music While You Work"  
 10.20 Devotional Service  
 11. 0 For My Lady: World's Great Artists, Serge Koussevitzky  
 11.20 "Health in the Home: Are You Food Conscious?"  
 11.25 Potpourri: Syncopation  
 12. 0 Lunch music (12.15 and 1.15 p.m., LONDON NEWS)  
 1.30 Educational session  
 2. 0 Singers and Strings  
 2.30 "Music While You Work"  
 3. 0 Musical Comedy  
 3.30 Classical hour  
 4.30 Café music  
 5. 0 Children's session (including "Hello Children" for British evacuees)  
 5.45 Dinner music (6.15, LONDON NEWS, followed by "Listening Post" and War Review)  
 7. 0 Local news service  
 7.10 Gardening Talk  
 7.30 EVENING PROGRAMME:  
 Recorded Symphony Orchestra programme  
 Studio Soloists: Bertha Rawlinson (contralto),  
 Max Scherek (piano)  
 Stokowski and Philadelphia Orchestra,  
 "Capriccio Italien," Op. 45 Tchaikovsky  
 7.45 Bertha Rawlinson (contralto),  
 Group of Songs by Mendelssohn:  
 "On Wings of Song"  
 "Is It True?"  
 "O Youth"  
 "A Hunting Song"  
 7.59 Boult and BBC Symphony Orchestra,  
 "Enigma Variations," Op. 36 Elgar  
 8.24 Max Scherek (piano),  
 Fantasia in G ..... Mozart  
 Rondo in G, Op. 51, No. 2 Beethoven  
 8.41 Lambert and Halle Orchestra, with  
 St. Michael's Singers. Solo Piano:  
 Sir Hamilton Harty,  
 "The Rio Grande" .... Lambert  
 Station notices  
 8.58 Newsreel, with Commentary  
 9. 0 Menuhin with Orchestra,  
 Symphonique de Paris,  
 "Symphonie Espagnole," Op. 21 Lalo  
 10. 0 Variety  
 10.10 Repetition of Talks from the Boys  
 Overseas  
 10.50 War Review  
 11. 0 LONDON NEWS  
 11.20 CLOSE DOWN

# 4YO DUNEDIN

1140 kc. 263 m.

5. 0 p.m. Variety  
 6. 0 Dinner music  
 7. 0 After dinner music  
 8. 0 "Grand City"  
 8.15 Variety  
 8.45 "Greyburn of the Salween"  
 9. 0 More variety  
 9.30 "Gus Gray"  
 9.45 "Hotel Revue"  
 10. 0 Popular classical recitals  
 10.30 Close down

# 4YZ INVERCARGILL

680 kc. 441 m.

7. 0 & 8.45 a.m. LONDON NEWS  
 11. 0 For My Lady: World's great artists,  
 Sergei Koussevitzky  
 11.20 Recordings  
 12. 0 Lunch music (12.15 and 1.15 p.m., LONDON NEWS)  
 1.30-2.0 Educational session  
 5. 0 Children's session  
 5.15 Dance orchestras on the air  
 6. 0 "Dad and Dave"  
 6.15 LONDON NEWS, followed by  
 "Listening Post" and War Review  
 6.45 "Adventure"  
 7. 0 After dinner music  
 7.30 Orchestras and ballads, introducing  
 E. G. L. Adamson (baritone)  
 8. 0 "The Old Crony"  
 8.25 "Nigger Minstrels"  
 8.38 Laugh and the world laughs with  
 you  
 8.57 Station notices  
 9. 0 Newsreel with Commentary

# THURSDAY

July  
16

## 1ZB AUCKLAND

1070 kc. 280 m.

6. 0, 7.0, 8.45 a.m. News from London  
 8.30 Health Talk by "Uncle Scrim"  
 9. 0 Aunt Daisy  
 9.45 Morning reflections  
 10. 0 THE FEATURE HOUR:  
 10. 0 Uncle Jimmy  
 10.15 Lorna Doone  
 10.30 Sally Lane, Reporter  
 10.45 Home Sweet Home  
 11.30 A Talk by Anne Stewart  
 11.35 The Shopping Reporter (Sally)  
 12.15 & 1.15 p.m. News from London  
 1.30 1ZB Happiness Club (Joan)  
 2.15 The Citadel (final broadcast)  
 2.30 Home Service session (Gran)  
 4.30 Headline News, followed by the  
 Health and Beauty session  
 5. 0 Molly and her Friends  
 5.30 Peter the Pilot  
 6. 0 Air Adventures of Jimmie Allen  
 6.15 News from London  
 6.30 The Hit Parade  
 7. 0 The House of Peter MacGregor  
 7.15 History and All That  
 7.30 The Lone Ranger Rides Again!  
 7.45 Tusitala, Teller of Tales  
 8. 0 Headline News, followed by The  
 General Died at Dawn  
 9. 0 Take It or Leave It  
 10. 0 Men and Motoring  
 11. 0 News from London  
 12. 0 Close down

## 2ZB WELLINGTON

1130 kc. 265 m.

6. 0, 7.0, 8.45 a.m. News from London  
 8.30 Health talk by "Uncle Scrim"  
 9. 0 Aunt Daisy  
 9.45 Morning Reflections  
 10. 0 THE FEATURE HOUR:  
 10. 0 Uncle Jimmy  
 10.15 Maoriland Melodies  
 10.30 Sally Lane, Reporter  
 10.45 Home Sweet Home  
 11.30 A talk by Anne Stewart  
 11.35 Shopping Reporter (Suzanne)  
 12. 0 Mid-day Melody Menu  
 12.15 & 1.15 p.m. News from London  
 1.30 Variety  
 2.30 Home Service (Mary Anne)  
 3. 0 Variety  
 4.30 Headline News, followed by the  
 Health and Beauty session  
 Children's session  
 5. 0 Peter the Pilot  
 5.30 Air Adventures of Jimmie Allen  
 6.15 News from London  
 6.30 Movie Jackpots  
 7. 0 The House of Peter MacGregor  
 7.15 History and All That  
 7.30 The Lone Ranger Rides Again!  
 7.45 Leaves from the Other Woman's  
 Diary  
 8. 0 Headline News, followed by The  
 General Died at Dawn  
 8.45 The Hit Parade  
 9. 0 Take It or Leave It!  
 9.30 Listeners' Request session  
 10.50 Commentary, followed by News  
 from London  
 12. 0 Close down

- 9.25 Organola, presenting Reginald  
 Dixon  
 9.40 Dancing time  
 10. 0 Close down

## 4ZD DUNEDIN

1010 kc. 297 m.

8. 0 p.m. Tea-time tunes  
 8.45 The Presbyterian hour  
 7.45 Vera Lynn  
 8. 0 In Strauss tempo  
 8.30 The announcer's choice  
 8.35 Songs by Hoagy Carmichael  
 9. 0 Variety  
 9.30 Celebrity artists' programme  
 10. 0 Swing session  
 10.45 Close down

These programmes are correct as we go to  
 press. Any last-minute alterations will be  
 announced over the air.

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## 3ZB CHRISTCHURCH

1430 kc. 210 m.

6. 0, 7.0, 8.45 a.m. News from London  
 8. 0 Fashion's fancies  
 8.30 Health Talk by "Uncle Scrim"  
 9. 0 Aunt Daisy  
 9.45 Morning reflections  
 10. 0 THE FEATURE HOUR:  
 10. 0 Uncle Jimmy  
 10.15 The Mighty Barnum  
 10.30 Sally Lane, Reporter  
 10.45 Home Sweet Home  
 11.30 A Talk by Anne Stewart  
 11.35 The Shopping Reporter  
 12. 0 The Luncheon session  
 12.15 & 1.15 p.m. News from London  
 2.15 The Citadel  
 2.30 Home Service session  
 3. 0 Variety parade  
 3.30 Their Songs for You  
 4.30 Headline News, followed by the  
 Health and Beauty session  
 Children's session  
 5. 0 Peter the Pilot  
 5.30 Air Adventures of Jimmie Allen  
 6.15 News from London  
 6.30 Hymns at eventide  
 7. 0 The House of Peter MacGregor  
 7.15 History and All That  
 7.30 The Lone Ranger Rides Again!  
 7.45 Tavern tunes  
 8. 0 Headline News, followed by The  
 General Died at Dawn  
 8.45 Yes-No Jackpots  
 9. 0 Take It or Leave It  
 10. 0 Memories from Maoriland  
 10.15 Famous dance bands  
 11. 0 News from London  
 11.15 Bright music  
 12. 0 Close down

## 4ZB DUNEDIN

1280 kc. 234 m.

6. 0, 7.0, 8.45 a.m. News from London  
 8.30 Health Talk by "Uncle Scrim"  
 9. 0 Aunt Daisy  
 9.45 Morning reflections  
 10. 0 THE FEATURE HOUR:  
 10. 0 Uncle Jimmy  
 10.15 Cavalcade of Drama: "Eliza-  
 beth Barrett Browning"  
 (final broadcast)  
 10.30 Sally Lane, Reporter  
 10.45 Home Sweet Home  
 11.30 A Talk by Anne Stewart  
 11.35 Shopping Reporter (Jessie)  
 12. 0 Lunch hour tunes  
 12.15 & 1.15 p.m. News from London  
 2.15 The Citadel  
 2.30 Home Service session (Joyce)  
 3.30 The Housewives' Jackpot  
 4.30 Headline News, followed by The  
 Health and Beauty session  
 The Children's session  
 5. 0 The Fruit Salad Quiz  
 5.22 Peter the Pilot  
 5.30 The Story of the Yellow Dwarf  
 (Final broadcast)  
 6. 0 Air Adventures of Jimmie Allen  
 6.15 News from London  
 6.30 Strike up the Band!  
 7. 0 The House of Peter MacGregor  
 7.15 History and All That  
 7.30 The Lone Ranger Rides Again!  
 7.45 Down Memory Lane  
 8. 0 Headline News, followed by The  
 General Died at Dawn  
 8.45 The Hawk  
 9. 0 Take It or Leave It  
 10. 0 Mock Court  
 11. 0 News from London  
 12. 0 Close down

## 2ZA PALMERSTON Nth.

1400 kc. 214 m.

6. 0, 7.0, 8.45 a.m. News from London  
 8.30 Health talk by "Uncle Scrim"  
 9. 0-9.30 Variety  
 5.45 p.m. Early evening music  
 6.15 News from London  
 6.30 Variety  
 7. 0 The House of Peter MacGregor  
 7.15 Magnificent Heritage: General  
 Maude  
 7.30 Mixed Grill Jackpots  
 8. 0 Headline News, followed by The  
 General Died at Dawn  
 8.45 The Shadow of Fu Manchu  
 9.15 The Motoring session  
 10. 0 Close down

## BACKACHE NOT DUE TO AGE

### Woman Relieved of it at 71

Many people think that backache is a trouble that comes naturally with advancing years but this woman of 71 proves that it is not.

"I suffered for a long time from backache," she writes, "but put it down to my age (71). Reading your announcement, I thought I would try Kruschen Salts. I have been taking it for some time and have found great relief. I thought you would like to know it has done me a world of good."—(Mrs.) E. R.

Half the ills which afflict humanity can be traced to one root cause. That cause is internal sluggishness: failure to keep the inside free from poisonous waste matter. Auto-toxemia, or self-poisoning, is the inevitable penalty. And so follow a whole host of troubles—backache for one; rheumatism for another; slackness, sleeplessness, and depression.

Kruschen Salts is Nature's recipe for maintaining a condition of internal cleanliness. The six salts in Kruschen stimulate your liver and kidneys to smooth, regular action. Your inside is thus kept clear of those impurities which, allowed to accumulate, lower the whole tone of the system. Kruschen works directly upon your bloodstream, too, invigorating it so that it floods every fibre of you with tingling energy.

It is the "little daily dose" that does it. Not one big dose taken occasionally. Just as much as will lie on a sixpence in your morning cup of tea or coffee. Taken that way, Kruschen is absolutely tasteless. And that way is the way to internal cleanliness, to constant cheerfulness, to strenuous health.

Kruschen Salts is obtainable at all Chemists and Stores at 2/7 per bottle.

To Boys  
and Girls



WRIST WATCHES, Cameras, Dolls, Pens, many other valuable prizes for selling small parcels of tested garden seeds. Send for parcel and big catalogue of presents. Send no money now, only name and address. Write to-day, MAIL ORDER SEED CO., P.O. Box 1114W, Christchurch.

## SORE THROAT MISERY

### Rubbed away!

Comfort comes fast when you rub throat and chest with Vicks VapoRub and cover with warm flannel. Like a poultice, VapoRub "warms away" pain. It also gives off healing vapours that you breathe in direct to the irritated membranes. Also let a little VapoRub melt on the tongue, bathing the throat with soothing medication.

