What-me?, Depressed! Certainly !

When you are "jittery," tired and run-down, Clements Tonic will restore you to healthy vigour in no time. Clements is a natural restorative, containing the vital elements your body needs for sound health-Iron to enrich the blood, Quinine to tone the digestion, Calcium to build new bone and tissue, and Phosphates to feed the brain and replenish worn-out nerve cells. Get yourself a bottle of Clements to-day!

Thousands have regained their Energy and Cheerfulness . . . Grateful men and women write to thank Clements Tonic for restored health and well-being. This is what one of them says:

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BELMORE, N.S.W. "I was so run-down I was hardly able to work. After 1 or 2 doses of Clements I began to sleep better, and 3 bottles made me a new woman." Mrs. G.L.

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CHRISTIAN "ONWARD SOLDIERS"

ROM Washington comes a report that Representative Louis Ludlow moved a joint resolution to make "Onward Christian Soldiers" the United States National Song. American soldiers have marched in the past to the words, if not the tunes, of hymns, so it is perhaps not surprising that a hymn should have been suggested as a rallying cry for the United States army to-day. The majestic "Mine eves have seen the glory of the coming of the Lord" is probably still too closely associated with divisions of the past.

"Onward Christian Soldiers" was, however, not written originally as a national or even a martial song. It was composed by the Rev. Baring-Gouldwho incidentally is said to have his name attached to more works in the British Museum than that of any other author of his day-for his Sunday School children's Whit Monday procession in 1865. Their route from one village to another was long for the little children, so he fitted his words to a march tune taken from a Haydn Symphony, in the hope that the singing would make the distance seem shorter. Written as it was for this purpose the lines

> "We are not divided All one body we"

were appropriate, but when the hymn came to be sung far and wide, Baring-Gould felt that the words were, unhappily, inaccurate. So he substituted

> "Though divisions harass All one body we.'

(the reading to be found in Hymns Ancient and Modern) thus sacrificing smoothness of rhythm to truth.

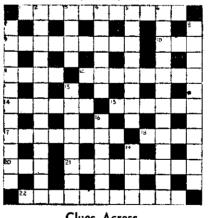
The popularity of this hymn owes much to Sullivan's tune "St. Gertrude," named after and dedicated to a woman at whose house he was staying when he wrote it. "It is a curious fact," Sullivan once of this tune, "that one of my best known hymn tunes was written as the result of a quarrel between the proprietors of Hymns Ancient and Modern and the firm of "Novello."

Radio For Troops In Middle East

NEW ZEALAND troops in the Middle East will soon be able to listen in to Egyptian State Broadcasting programmes with a New Zealand flavour, Doug, Laurenson, a former member of 1ZB's staff, and later attached to the NBS unit in the Middle East before he left to work on special programmes for the forces, has written to the Controller of Commercial Broadcasting asking for copies of scripts, announcers' continuity and "tie-ups" of popular recordings for incorporation in programmes.

He hopes to treat the New Zealanders to entertainment similar to what they used to hear from the ZB stations on Sundays. The Middle East Forces programme of the Egyptian State service has recently been increased from three-quarters of an hour daily to five hours daily. The Commercial Broadcasting Service will co-operate to the fullest extent.

THE LISTENER CROSSWORD (No. 94)



Clues Across

- It is no giant (anag.).
- Air.
 Bovine substitute for chewing gum?
 You can't put the clock back, but this
 time may be reversed.
 Slash eel (anag.).
 Not on your life! (2, 4)
 Suffer mental torture from her wit?

- Raucous.
 Species of Metrosideros.
 I sm a French friend.
 I heat meat to produce a red or brown
- iron ore.
 In past guilt (anag.).

Clues Down

- 2. Protestant dissenter.
- 3. A hint is all you want here. Carved.
- 5. Set store on.
- Her coat is torn (anag.).
- Giants? Never! But it may be Venus, Jupiter or Mercury.
- True tale, Dad (anag.).
- Privation. 13.
- Temper. 16.
- Portion of an inverted trap.

(Answer to No. 93)

