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THURSDAY COMMERCIAL DECEMBER 25

1ZB AUCKLAND 1070 k.c. 280 m.

- 6. 0 a.m. Breakfast session, with Headline News from London at 6.0, 7.0 and 8.45.
- 9. 0 Greetings from the Controller
- 9.45 Greetings to the Forces
- 10. 0 THE FEATURE HOUR:
 - 10. 0 Real Life Stories
 - 10.15 Those Happy Gilmanas
 - 10.30 Songs of the season
 - 10.45 Home, Sweet Home
- 12. 0-1.0 p.m. Special Christmas Day session by "Uncle Scrim"
- 12.15 Headline News from London
 - 1. 0 The Victory Toast
 - 1.15 Headline News from London
 - 2.15 Lost Empire
 - 3. 0 Interchange of ZB stations' programmes
- 4.30 Headline News from London
- 5. 0 Molly Garland
- 6. 0 Air Adventures of Jimmie Allen
- 6.15 Headline News from London
- 7. 0 The House of Peter MacGregor
- 7.15 Spy Exchange
- 7.30 Star Parade
- 7.45 Tustala, Teller of Tales
- 8. 0 Headline News from London, followed by Academy Award: "Green Branches"

S.30

A Special

Radio Theatre Presentation of the Royal Auckland Male Choir and Sybil Philipps (soprano), with Eric Bell at the Novachord

- 11. 0 Headline News from London
- 12. 0 Close down

2ZB WELLINGTON 1130 k.c. 265 m.

- 6. 0 a.m. Breakfast session, with Headline News from London at 6.0, 7.0 and 8.45
- 7.15 Maurice Power Entertains
- 7.45 Leaves from the Other Woman's Diary
- 8.30 Health Talk by "Uncle Scrim"
- 9. 0 Greetings from the Controller
- 9.15 A programme by Maurice Hawken
- 9.30 Excerpts from "The Messiah"
- 9.45 Greetings to the Forces
- 10. 0 THE FEATURE HOUR:
 - 10. 0 Real Life Stories
 - 10.15 Maoriland melodies
 - 10.30 Songs of the season
 - 10.45 Home, Sweet Home
- 11.45 A Charles Dickens Christmas
- 12. 0 Special Christmas Day session by "Uncle Scrim"
- 12.15 p.m. Headline News from London
 - 1. 0 The "Victory Toast"
 - 1.15 Headline News from London
 - 2.15 Lost Empire
 - 2.30 Meet Mr. Scrooge
 - 3. 0 Interchange of ZB Stations' programmes
 - 4. 0 Bill Beavis Gets a Break
 - 4.30 Headline News from London
 - 4.45 Christmas session for the Blind
 - 5. 0 Children's Christmas programme
 - 6.15 Headline News from London
 - 6.30 Christmas Greetings to All
 - 7. 0 The House of Peter MacGregor
 - 7.15 Spy Exchange
 - 7.30 Star Parade
 - 8. 0 Headline News from London, followed by Academy Award: "Green Branches"
 - 8.30 Michael Forlong Presents!
 - 8.45 The Hit Parade
 - 9. 0 Information Please!
 - 10.30 England's Songs
 - 11. 0 Headline News from London
 - 12. 0 Lights Out!

3ZB CHRISTCHURCH 1430 k.c. 210 m.

- 6. 0 a.m. Headline News from London, followed by the Carolers
- 6.20 Bright recordings
- 7. 0 Headline News from London, followed by "Toyland"

- 8. 0 Fashion's fancies
- 8.45 Headline News from London, followed by the Christmas Band session (David)
- 9. 0 Greetings from the Controller
- 9.45 Greetings to the Forces
- 10. 0 THE FEATURE HOUR:
 - 10. 0 Real Life Stories
 - 10.30 Songs of the season
 - 10.45 Home, Sweet Home
- 11. 0 A Cheery Hour with Bob Speirs
- 12. 0-1.0 p.m. Special Christmas Day session by "Uncle Scrim"
- 12.15 Headline News from London
 - 1. 0 The Victory Toast
 - 1.15 Headline News from London
 - 2.15 Lost Empire
 - 2.30 Jill Entertains
 - 3. 0 Interchange of ZB stations' programmes
 - 4.30 Headline News from London
 - 4.35 Fred's Half Hour
 - 5. 0 Children's session
 - 5.30 Christmas with Gracie and Jacko
 - 6. 0 Air Adventures of Jimmie Allen
 - 6.15 Headline News from London
 - 6.30 Mildmay Hymn session
 - 7. 0 The House of Peter MacGregor
 - 7.15 Spy Exchange
 - 7.30 Star Parade
 - 8. 0 Headline News from London, followed by Academy Award: "Green Branches"
 - 8.30 "It's the Life," composed by "The Rep"
 - 9. 0 Ari Pitama presents "Ao-tea-roa"
 - 9.30 Musical Mirthquake
 - 10. 0 Christmas in Bethlehem
 - 11. 0 Headline News from London, followed by "The Union Jack Unfurled," presented by D. W. Russell, President of the Christchurch R.S.A.
 - 12. 0 Close down

4ZB DUNEDIN 1280 k.c. 234 m.

- 6. 0 a.m. Breakfast session, with Headline News from London at 6.0, 7.0 and 8.45
- 9. 0 Greetings from the Controller
- 9.45 Greetings to the Forces
- 10. 0 THE FEATURE HOUR:
 - 10. 0 Real Life Stories
 - 10.15 Cavalcade of Drama: "Napoleon Bonaparte"
 - 10.30 Songs of the season
 - 10.45 Home, Sweet Home
- 12. 0-1.0 p.m. Special Christmas session by "Uncle Scrim"
- 12.15 Headline News from London
 - 1. 0 The Victory Toast
 - 1.15 Headline News from London
 - 2.15 Lost Empire
 - 3. 0 Interchange of ZB stations' programmes
 - 4.30 Headline News from London
 - 5.30 The Story of the Daughter of Rosa
 - 6. 0 Air Adventures of Jimmie Allen
 - 6.15 Headline News from London
 - 7. 0 The House of Peter MacGregor
 - 7.15 Spy Exchange
 - 7.30 Star Parade
 - 7.45 Eric Bell at the Novachord: "Past Favourites"
 - 8. 0 Headline News from London, followed by Academy Award: "Green Branches"
 - 8.45 The Enemy Within
 - 11. 0 Headline News from London
 - 12. 0 Close down

2ZA PALMERSTON Nth 1400 k.c. 214 m.

- 6. 0-8.30 a.m. Breakfast session, with Headline News from London at 6.0, 7.0 and 8.45
- 9. 0 Greetings from the Controller
- 9.45 p.m. Music
- 10.15 Headline News from London
- 6.30 Variety
- 7. 0 The House of Peter MacGregor
- 7.15 Doc. Seller's True Stories
- 7.30 Take It Or Leave It Crackajacks
- 8. 0 Headline News from London, followed by the Lost Child
- 8.45 The Enemy Within
- 10. 0 Close down

Her RHEUMATISM goes... as she Loses Ugly FAT

GREAT LONDON HOSPITAL ENDORSES FAMOUS YOUTH-O-FORM

"For many years," says Mrs. FitzPatrick, "I have been crippled with Rheumatism, until some friends recommended me to take Youth-O-Form to reduce my weight. I DID REDUCE, and more marvellous still, my rheumatism completely disappeared. That was four years ago. The London winter I find very severe, and this year I got rheumatism badly again, and all the prescriptions were useless. I told my doctor, who is leading physician at one of the big hospitals here, that Youth-O-Form was the only thing that ever did me any good, and he advised me to try it again, and that the Youth-O-Form prescription was well known. Once again, I am quite well and youthful, thanks to your marvellous Youth-O-Form.—

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What You Should Weigh

Height	15-19	20-24	25-29	30-34	35-40
ft. in.	st. lb.	st. lb.	st. lb.	st. lb.	st. lb.
4 11	7 5	7 8	7 11	8 0	8 3
5 0	7 7	7 10	7 13	8 2	8 5
5 1	7 9	7 12	8 1	8 4	8 7
5 2	7 12	8 1	8 3	8 6	8 10
5 3	8 1	8 4	8 6	8 9	8 13
5 4	8 4	8 7	8 10	8 13	9 3
5 5	8 7	8 10	8 13	9 3	9 7
5 6	8 11	9 0	9 3	9 7	9 11
5 7	9 1	9 4	9 7	9 11	10 1
5 8	9 5	9 8	9 11	10 1	10 5
5 9	9 8	9 12	10 1	10 5	10 9
5 10	9 12	10 2	10 5	10 8	10 12

Add 3lb. for every five years over forty.

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