

CHEMIST

Points to Health!

The family that keeps fit is the family that follows the sound rule of always buying from the Chemist. Toilet articles, hot-water bottles, health beverages, laxatives, tonics—cough and cold remedies when these complaints threaten—these are the family needs that your Chemist is best qualified to sell. Buy from your Chemist and buy right.

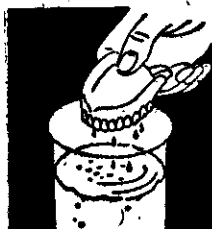
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BUY FROM YOUR CHEMIST

for
PERSONAL
Service

The easiest way to clean false teeth

The easiest way to clean false teeth is to put them with 'Steradent' powder in water, as directed on the tin. This solution penetrates every crevice, removes film and stains, and completely sterilizes your dentures. Obtainable from all chemists.



HOW TO DO IT
Half tumbler warm water. 'Steradent'—the cap of the tin full. STIR. Steep dentures overnight or 20 minutes. Rinse well under the tap.

St.33

Steradent

cleans and sterilizes false teeth

SUNDAY

COMMERCIAL

OCTOBER 19

1ZB AUCKLAND

1070 k.c. 280 m.

- 6. 0 a.m. Breakfast Session, with News from London at 6.0, 7.0 and 8.45
- 8.30 Band music
- 9.15 Uncle Tom's Children's Choir
- 10. 0 The Young Citizens' Session
- 10.15 Salt Lake City Tabernacle Choir
- 11. 0 The Friendly Road Service
- 12. 0 Luncheon Music
- 1.15 p.m. The News from London
- 1.30 Piano Time
- 2. 0 The Sunday Radio Matinee
- 4.45 The Diggers' Session (Rod Talbot)
- 5.30 Storytime with Bryan O'Brien
- 6. 0 A Talk on Social Justice
- 6.15 The News from London
- 6.30 Friendly Road Children's Session

7.0

"HIGHLIGHTS FROM THE WEEK'S STAGE SHOWS"
Broadcast from the Radio Theatre

- 8.45 Special Programme
- 9.15 Pageant of Music
- 10. 0 The Royal Artillery Band
- 10.30 Variety
- 11. 0 News from London
- 11.45 Meditation Music
- 12. 0 Close down

2ZB WELLINGTON

1130 k.c. 265 m.

- 6. 0 a.m. The Yawn Patrol, with news from London at 6.0, 7.0 and 8.45
- 8. 0 Uncle Tom and his Children's Choir
- 8.15 A Religion for Monday morning (Rev. H. Squires)
- 9. 0 Variety hour
- 10. 0 The world of sport
- 10.15 New Education Fellowship session
- 10.30 Tustala, Teller of Tales
- 10.45 In rhythmic tempo
- 11. 0 Salt Lake City Tabernacle Choir
- 11.30 The Morning Star: Patrick Colbert
- 11.45 A comedy cameo
- 12. 0 Luncheon programme
- 1.15 p.m. News from London
- 2. 0 The Sunday Radio Matinee
- 4.45 A session for the Blind People
- 5. 0 Storytime with Bryan O'Brien
- 5.30 Tee-table tunes
- 6. 0 A Talk on Social Justice
- 6.15 News from London
- 6.30 Variety Parade
- 7. 0 The 1ZB Radio Theatre Shows
- 8. 0 In Memory's Garden
- 8.20 Selected recordings
- 8.45 Special programme
- 9.15 Pageant of Music
- 9.30 London Can Take It
- 9.45 Changing the tempo
- 10. 0 The Guards on Parade
- 10.30 Slumber session
- 11. 0 News from London
- 11.50 Epilogue
- 12. 0 Close down

3ZB CHRISTCHURCH

1430 k.c. 210 m.

- 6. 0 a.m. Breakfast Session, with News from London at 6.0, 7.0 and 8.45
- 8.30 Morning Melodies
- 9.30 Around the Bandstand
- 10. 0 Hospital Session (Bob Speirs), opening with the Salt Lake City Tabernacle Choir
- 11. 0 Uncle Tom and his Children's Choir
- 11.15 A Budget of popular tunes
- 12. 0 News from London
- 12.15 p.m. The Luncheon Session
- 2. 0 The Sunday Radio Matinee
- 5. 0 Storytime with Bryan O'Brien
- 5.30 Half-an-hour with Gwen
- 6. 0 A Talk on Social Justice
- 6.15 News from London
- 6.30 Musical Programme
- 7.45 The Songs We All Love
- 8.45 Special Programme
- 9.15 Pageant of Music



DUDLEY WRATHALL, producer of the comedy session, "Musical Mirthquake," heard from the new 1ZB radio theatre on Thursday evenings at 8.30

- 10. 0 Bands from the U.S.A.
- 10.30 The Variety Programme
- 11. 0 News from London
- 12. 0 Close down

4ZB DUNEDIN

1280 k.c. 234 m.

- 6. 0 a.m. Breakfast Session, with News from London at 6.0, 7.0 and 8.45
- 9. 0 Selected Recordings
- 10.15 Salt Lake City Tabernacle Choir
- 10.45 Selected Recordings
- 11. 0 Uncle Tom and his Children's Choir
- 11.15 Selected Recordings
- 11.45 Piano Patterns
- 12. 0 News from London
- 12.15 p.m. Listeners' Favourites
- 1.45 Those Happy Glimpses
- 2. 0 The Sunday Radio Matinee
- 5. 0 Storytime with Bryan O'Brien
- 5.30 Half-an-hour with Julian Lee
- 6. 0 A Talk on Social Justice
- 6.15 News from London
- 7. 0 Selected Recordings
- 8.15 Accent on Youth
- 8.45 A Special Programme
- 9. 0 Selected Recordings
- 9.15 Pageant of Music
- 9.45 Rita Entertains
- 10. 0 Bands of the Salvation Army
- 11. 0 News from London
- 11.30 Music for Sunday
- 12. 0 Close down

2ZA PALMERSTON Nth.

1400 k.c. 214 m.

- 5. 0 p.m. "Oh! Listen to the Band"
- 5.30 Salt Lake City Tabernacle Choir
- 6.15 News from London
- 7. 0 The 1ZB Radio Theatre Shows
- 8.30 Harmony Lane
- 9. 0 Interlude
- 9.15 Pageant of Music
- 10. 0 Special programme
- 10.30 Close down

These programmes are correct as we go to press. Any last-minute alterations will be announced over the air.

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RADIANT HEALTH CAN BE YOURS!

A healthy, well-nourished and evenly proportioned body can never be attained by those who go through life miserably weary, with pasty and dull eyes, muddy skin, headaches and that "half-asleep" feeling due to constipation and a weary, worn condition of mind.



Inner stagnation is more to blame for sliding health than perhaps any other single cause. Constipation must be overcome. An alert mind, keen intelligence, radiant body and attractive appearance can only be the asset of those who know the "internal health bath" secret.

Body poisons are swept away quickly, safely and naturally by R.U.R., because R.U.R. is different and more complete in its action than any other ordinary mixture. It contains a gentle laxative, liver stimulant, kidney cleanser, blood purifier and acid corrective, and gets at the cause of 19 out of 20 disorders.

Take R.U.R. and Right You Are.

BETTLES

Lighting

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ADVANCEMENT

Your spare time can be profitably occupied by taking an I.C.S. Course of specialised training. It will give you that added knowledge that leads to responsibility and more money. Over 40,000 New Zealanders have studied I.C.S. Courses, many of them having risen to the "top of the tree." So can YOU!

Accountancy	Building Contractor
Architecture	Concrete Engineer
Cartooning	Mechanical Drafting
Aero Fitter and Rigger	Radio Engineer
	Aero Engineer

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