



Chew Wrigley's if you have a worrying job; or if you have to work so hard that you constantly feel "keyed up" and nervy. This refreshing chewing gum eases nervous tension. You'll be surprised how well Wrigley's makes up for that smoke you're not allowed to have and it's excellent for the teeth and digestion. Three delicious flavours — P.K. (real peppermint) Spearmint (garden mint) Juicy Fruit (lusciously juicy). Buy a few packets of each flavour — and always have some handy in your pocket or purse, at work or at home.

NZU24

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ADVICE TO MOTHERS

Mothers—if your children are constipated give them relief this simple, pleasant way! To-night give them NYAL FIGSEN, the gentle, natural laxative. No need to coax or scold... Figsen is easy and pleasant to take. It won't upset little tummies. In the morning Figsen acts... gently, thoroughly and effectively. No gripping pain, no nausea; just an easy, comfortable action. NYAL FIGSEN is just as good for adults as it is for youngsters. Sold by chemists everywhere. 1/6d. a tin. The next best thing to Nature...

Nyal Figsen
FOR CONSTIPATION

FRIDAY

SEPTEMBER 19

COMMERCIAL

1ZB AUCKLAND

1070 k.c. 280 m.

- 6.0 a.m. Breakfast session, with News from London at 6.0, 7.0 and 8.45
- 9.0 Aunt Daisy
- 9.45 Morning Reflections
- 10.0 THE FEATURE HOUR:
 - 10.0 Secret Diary
 - 10.15 Those Happy Gilmanas
 - 10.30 Dramas of Life: "Around the Corner from Love"
 - 10.45 Home, Sweet Home
- 11.30 The Shopping Reporter (Marina)
- 12.0 Last-minute reminder service
- 12.15 p.m. News from London
- 2.0 The House of Dreams
- 2.30 The Home Service session (Gran)
- 4.0 Young Marrieds' Circle (Molly)
- 5.0 Molly and her Friends
- 5.15 Hobbies session ("Wings")
- 5.45 Uncle Tom's Children's Choir
- 6.15 News from London
- 6.30 Station T.O.T.

"Beyond the Law" begins at 1ZB to-night. Don't miss the first episode

- 7.15 Beyond the Law (first broadcast)
- 8.0 Chuckles with Jerry
- 8.15 Easy Aces
- 8.45 Pageant of Empire
- 9.0 Mighty Moments
- 9.15 Franklin D. Roosevelt, Man of Destiny
- 10.0 Preview of the week-end sport
- 10.30 Variety
- 11.0 News from London
- 12.0 Close down

2ZB WELLINGTON

1130 k.c. 265 m.

- 6.0 a.m. The Yawn Patrol, with News from London at 6.0, 7.0, and 8.45
- 7.15 Looking on the bright side
- 9.0 Aunt Daisy
- 9.45 Morning reflections
- 10.0 THE FEATURE HOUR:
 - 10.0 Secret Diary
 - 10.15 The Housewives' Jackpot
 - 10.30 Dramas of Life: "Neither Time Nor Tide"
 - 10.45 Home Sweet Home
- 11.30 The Shopping Reporter (Suzanne)
- 12.0 The Mid-day Melody Menu
- 12.15 p.m. News from London
- 2.0 The House of Dreams
- 2.15 In rhythmic mood
- 2.30 Home Service session (Mary Anne)
- 3.0 Variety
- 3.30 Funfare
- 3.45 Sweet harmony
- 4.0 Young Marrieds' Circle (Tony)
- 4.30 Musical programme
- 5.0 The children's session
- 6.15 News from London
- 7.15 Beyond the Law
- 8.0 Chuckles with Jerry
- 8.15 Easy Aces
- 8.45 The Diggers' session
- 9.0 Mighty Moments
- 9.15 Franklin D. Roosevelt, Man of Destiny
- 9.30 Songs my mother taught me
- 9.45 Songs I teach my mother
- 10.0 Craig Crawford's Dance Band
- 10.15 Preview of the week-end sport
- 11.0 News from London
- 12.0 Close down

3ZB CHRISTCHURCH

1430 k.c. 210 m.

- 6.0 a.m. Breakfast session, with News from London at 6.0, 7.0 and 8.45
- 8.0 Fashion's fancies
- 9.0 Aunt Daisy
- 9.45 Morning Reflections
- 10.0 THE FEATURE HOUR:
 - 10.0 Secret Diary
 - 10.15 Music from the Movies
 - 10.30 Dramas of Life: "Merry Christmas With Love"
 - 10.45 To-day's Children

- 11.30 The Shopping Reporter
- 12.0 The luncheon session
- 12.15 p.m. News from London
- 2.0 The House of Dreams
- 2.30 The Home Service session (Jill)
- 3.30 A musical programme
- 4.0 The Young Marrieds' Circle
- 5.0 The children's session
- 5.15 The Merry-go-Round
- 5.45 Music for the early evening
- 6.0 The Hawk
- 6.15 News from London
- 7.15 Imperial Leader
- 8.0 Chuckles with Jerry
- 8.15 Easy Aces
- 8.30 Music Hall
- 9.0 Mighty Moments
- 9.15 Franklin D. Roosevelt, Man of Destiny
- 9.30 The Variety Hour
- 10.30 "The Toff," 3ZB's Racing Reporter
- 11.0 News from London
- 12.0 Close down

4ZB DUNEDIN

1280 k.c. 234 m.

- 6.0 a.m. Breakfast session, with News from London at 6.0, 7.0 and 8.45
- 9.0 Aunt Daisy
- 10.0 THE FEATURE HOUR:
 - 10.0 Secret Diary
 - 10.15 Radio sunshine
 - 10.30 Dramas of Life: "Winner Take All"
 - 10.45 To-day's Children
- 11.30 The Shopping Reporter (Jesse)
- 12.0 Lunch hour tunes
- 12.15 p.m. News from London
- 2.0 The House of Dreams
- 2.30 The Home Service session (Joyce)
- 3.15 Stealing Through the Classics
- 4.0 The Young Marrieds' Circle
- 5.0 The Sunbeams' Club
- 6.0 The Diggers' session
- 6.15 News from London
- 6.30 Hits and Encores
- 7.15 Imperial Leader
- 7.45 Preview of the week-end sport
- 8.0 Chuckles with Jerry
- 8.15 Easy Aces
- 9.0 Mighty Moments
- 9.15 Franklin D. Roosevelt, Man of Destiny
- 9.45 Week-end Racing Preview ("The Topper")
- 10.0 The Radio Merry-go-Round
- 11.0 News from London
- 12.0 Close down

2ZA PALMERSTON Nth.

1400 k.c. 214 m.

- 6.0 a.m. Breakfast session, with News from London at 6.0, 7.0 and 8.45
- 9.0-9.30 Aunt Daisy
- 5.15 p.m. The "Thumbs Up" Club
- 5.45 Music from the Movies
- 6.45 The Marton session
- 7.15 Imperial Leader
- 7.30 Records at random
- 8.0 Chuckles with Jerry
- 9.0 Mighty Moments
- 9.40 Preview of the week-end sport
- 10.0 Close down



PHIL. SHONE has returned to 1ZB, Auckland, after being on transfer to 2ZB for some months



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