

At the first sign of flu' act quickly. Take two NYAL ESTERIN tablets, a hot lemon drink, and go straight to bed.
NYAL ESTERIN contains Esterin Compound, the safe sedative which acts directly on disturbed nerve centres, reduces temperature, checks the fever, and protects you against complications which so often fol-low an attack of flu'. Take Esterin also for sleeplessness, headaches, toothache, neuralgia, rheumatic and nerve pains. 24 tablets 1/6, 50 tablets 2/6. Sold by chemists everywhere.

# NYAL ESTERIN

RELIEVES PAIN



## How to clean false teeth easily

You need only 'Steradent' powder and a tumbler of water. This cleanser keeps teeth stainless, penetrates every crevice, removes film and completely sterilizes your dentures. Steradent' is recommended by dentists, and is obtainable from all chemists.



#### HOW TO DO IT

Half tumbler Haif tumbler warm water.

'Steradent'—
the cap of the tin full. STIR.
Steep dentures overnight or 20 minutes. Binse well under the

cleans and sterilizes false teeth

# MONDAY

SEPTEMBER 15

# COMMERCIAL

### AUCKLAND 1070 kc. 280 m.

6. 0 a.m. Breakfast session, with News from London at 6.0, 7.0 and 8.45 9.0 Aunt Daisy 9.46 Morning reflections 10.0 THE FEATURE HOUR: 10.0 Rhapsody in Rhythm (first broadcast)

10. 0 Rhapsody in Rhythm (first broadcast)
10.15 Those Happy Gilmans
10.30 Dramas of Life: "Everything in a Name"
10.45 To-day's Children
11.30 The Shopping Reporter (Marina);
Quest Speaker: Dr. Guy Chapman
12.15 p.m. News from London
1. 0 Songs that live forever
1.45 and 3.30 The 12B Happiness Club
2. 0 The House of Dreams
2.15 Lost Empire
2.30 The Home Service session (Gran)
4. 0 Young Marrieds' Circle (Molly)
5. 0 Molly and Her Merry Maids
5.30 The Junior Quiz
6. 0 Air Adventures of Jimmle Allen
6.15 News from London
6.30 "What's That Noise?" Quiz
7. 0 Fred and Maggie Everybody
7.15 This Twentieth Century
7.30 Real Life Stories
7.45 The March of Time
8. 0 Chuckles with Jerry
8.15 Easy Aces
8.42 Pageant of Empire

Easy Aces
Pageant of Empire
You Be the Detective
Variety 9.1K 9, 0 9,30

Kings of Jazz: Rudy Vallee News from London Close down

#### WELLINGTON 1130 k c. 265 m.

6. O.a.m. The Yawn Patrol, with news from London at 6.0, 7.0 and 8.45 7.15 Looking on the bright side 9. O. Aunt Dalsy 9.45 Morning reflections (Uncle Tom) 10. O. THE FEATURE HOUR: 10. O. Rhapsody in Rhythm (first broadcast) 10.15 The Kitchen Quiz 10.30 Dramas of Life: "Wedding Delayed" 10.45 Home, Sweet Home 11. O. Musical programme 11.30 The Shopping Reporter (Suzanne) 12. O. The mid-day melody menu 12.15 p.m. News from London 1. O. The 2ZB Happiness Club Notes 2. O. The House of Dreams 2.15 Lost Empire 2.30 Home Service session (Mary Anne) 3. O. Pan and Popularity

2.30 3. 0 3.15 Home Service session (Mary Anne) Pep and Popularity

Melodicus memories Afternoon tea session: Cavalcade of Drama, "Napoleon Bonaparte" Drama, "Napoleon Bonaparte" Young Marrieds' Circle (Tony) Wit and whatnot The Children's session

6. 0

The Junior Quiz
Air Adventures of Jimmie Allen
News from London
The Enemy Within 6.30

The Enemy Within Fred and Maggie Everybody This Twentieth Century Real Life Stories Tueitala, Teller of Tales Chuckles with Jerry 7.30

Easy Aces Give It a Name Jackpots 8,45 You be the Detective! Variety programme 9.30

News from London

# 3ZB CHRISTCHURCH

m. Breakfast session, with News from London at 6.0, 7.0 and 8.45 7. 0

Fashion's fancies Aunt Daisy Morning Reflections 9.45

"Rhapsody in Rhythm" begins at all ZB stations this morning.

10. 0 THE FEATURE HOUR! 10. 0 Rhapsody in Rhythm (first broadcast) 10.15 Hawaiiana (Arl Pitama) 10.30 Dramas of Life: "Tombs of the Ancient" 10.45 To-day's Children 11.30 The Shopping Reporter 12. 0 The luncheon session 12.15 p.m. News from London 2. 0 The House of Dreams 2.15 Lost Empire 2.30 The Home Service session (Jill) 3. 0 Cheer up tunes 3.30 The Movie Quiz 4. 0 The Young Marrieds' Circle Б. О The children's session 5.30 The Junior Quiz 5.15 The Merry-go-Round 6. 0 6.15 Air Adventures of Jimmle Allen News from London Ailsa Crompton in Mood Music Fred and Maggle Everybody This Twentieth Century Real Life Stories 7. 0 7.15 7.4B The Enemy Within Chuckles with Jerry 8. 0 8.15 Easy Aces
Houses in Our Street
You Be the Detective!
Variety programme 9.30 11. 0 12. 0 News from London Close down

#### DUNEDIN 4**7**B 1280 k c. 234 m.

6. 0 a.m. Breakfast session, with News from London at 6.0, 7.0 and 8.45
9. 0 Aunt Daisy
9.45 Morning reflections (Uncle Tom)
10. 0 Rhapsody in rhythm
10.15 Cavalcade of Drama:
"Mary Queen of Scots" (First broadcast)
10.30 Dramas of Life: "The Amati"
10.45 To-day's Children
11.30 The Shopping Reporter (Jessie)
12. 0 Lunch hour tunes
12.15 p.m. News from London
1.45 Those Happy Gilmans
2. 0 The House of Dreams
2.15 Lost Empire
2.30 The Home Service session (Joyce)
3.15 Stealing through the classics
3.90 The Kitchen Quiz
4. 0 The Young Marrieds' Circle
5. 0 The Children's session
5.22 The Happy Feet Club
5.30 The Junior Quiz
6. 0 Air Adventures of Jimmie Allen
6.15 News from London
6.30 Melodies in waitz time
7. 0 Fred and Maggie Everybody
7.15 This Twentieth Century
7.30 Real Life Stories
7.45 Speiling Jackpots
8. 0 Chuckles with Jerry
8.16 Easy Aces
8.45 "What's That Noise?" Quiz

Chuckles with Jerry
Easy Aces
"What's That Noise?" Quiz
You be the Detective
New recordings (Airin!)
News from London
Close down

9. 0 10. 9 11. 0 12. 0

### PALMERSTON Nth 1400 kc. 214 m.

6. 0 a.m. Breakfast session, with News from London at 6.0, 7.0 and 8.45
9. 0-9.30 Aunt Dalsy 5.46 p.m. Bright music 6.18 News from London 6.45 Whose is the Voice? (results) 7.16 This Twentieth Century 7.30 The Hit Parade 7.45 Real Life Stories 8. 0 Chuckles with Jerry 8.15 Radio Reflections 8.45 The Enemy Within The Enemy Within
The Announcer's Programme
Close down 8.45 9. 0

Delicious "ROASTO" THE TOWN ASSESSED. ens and seasons - Gravies,

Stews, Beef Tea, and Soups. Makes Casseroles the most appetizing dishes you ever enjoyed.

1/3 at all Grocery Stores





Of Vital importance to every Diabetic is this new Free Book, entitled "Diabetes—its Cause and Treatment." New Discovery that is giving health and energy to thousands, without injections, or strict dieting. Write for this valuable hook at once, Obtainable by return post from—

## CHEMISTS' SUPPLIES CO.

P.O. Box 1178L, Christchurch (Kindly enclose 6d stamps for handling.)



**Droducts**