



Delicious "ROASTO" flavours, colours, thickens and seasons—Gravies, Stews, Beef Tea, and Soups. Makes Casseroles the most appetizing dishes you ever enjoyed.

1/3 at all Grocery Stores



(Continued from previous page)

and take off the fire, stirring again. When the filling is cool, join the cakes together with it.

### Lemon Icing

Two cups of icing sugar; ¼ cup melted butter; three tablespoons of water; two tablespoons of lemon juice; and a sprinkling of grated lemon rind. Mix all together until creamy, and spread immediately over the cake.

### French Lemon Jam

Four large carrots, or eight small ones; half a dozen lemons; 5½lb. of sugar; and four pints of water. Mince the carrots, and cut the lemon rind very finely. Soak overnight in the water. Next day, boil for one hour, then add the sugar and lemon juice, and boil until it will set. A lovely jam.

## FROM THE MAIL BAG

### A Stained Teapot

Dear Aunt Daisy,

Can you advise me how to get the tannin out of a metal teapot? It spoils the taste of the tea very much.—"Teapot" (South Canterbury).

I know a very easy and quite satisfactory way of doing this, which I have used myself. However, it involves the use of a trade name, so will you please send me a stamped and addressed envelope?

### Metal Polish Removes Grease

Dear Aunt Daisy,

As I have a very good method for cleaning oil and grease from clothing, I thought perhaps you would like it for your page in *The Listener*. It is very easy and also economical.

To Remove Oil and Grease from clothing with metal polish.—Wet the parts with the stain on, and then sprinkle the metal polish lightly over. Rub well with the hands, and the stain will disappear. Wash as usual in warm soapy water and rinse.

The metal polish does not leave any mark, and any kind of material can be cleaned like this, even fine wools and silk. I have used this way for a number of years, and have always had satisfaction.—"Constant Reader" (Sheffield).

Very good. Did you know that tar also can be removed in the same way? Often a tarry mark is carried into the house and left on a hall carpet. Try the metal polish; leave it on for a while after rubbing in lightly, and then rinse all off with soapy water. I remember hearing of a little "two-year-old," freshly dressed in a pale blue knitted suit and leggings, falling flat, face downwards, on a newly-tarred pathway! The mother smothered the whole suit in metal polish, and left it for a while, then washed it in luke-warm suds. The little suit was then as good as new, and the child dressed in it next day in time to greet the loving grandma who had made it.

### Good Party Drink, Using Tree Tomatoes

Dear Aunt Daisy,

I thought perhaps that some of your many readers might be glad to have the recipe for a really very nice non-alcoholic drink. It is a concoction of my own and has been most popular when I have "turned it on." The quantities may be varied to suit the size of the party, but the following recipe will fill at least twelve good sized glasses.

Take 1½ lbs. of tree tomatoes (the red ones, NOT the yellow ones) and simmer them gently in 1½ pints of water and 4 or 5 large tablespoons of sugar, until the pulp is quite soft. Strain the juice and put aside to cool; then add the juice of one or two lemons, and any other fruit juice you may happen to have; or the juice of a tin of pineapple if you are using the pineapple for another purpose.

Then, just before serving, add 2 bottles of ginger ale to give it "pep," and believe me, dear Aunt Daisy, the result is decidedly pleasing to both the eye and the palate.

And don't waste the pulp—Oh, no. Remove the skins and place the fruit in a glass bowl; pour a Flummery over it, and decorate with whipped cream, and there you have a nice sweets dish for the party, too. The Flummery is easily made with a good jelly allowed to become cold, but not set, then whipped to a froth. Whip up separately, a small tin of unsweetened condensed milk. Add to the beaten jelly, beat again and it is then ready to pour over the fruit.

—Diana (Wellington).

An excellent idea, Diana, and economical, too.



## RADIO REVIEW

Contributed by N.Z. DX R.A. Inc.

Address all Communications

c/o DX Editor, 20 Marion St. Wgtn.

Here are more details of foreign language shortwave stations, contributed by the New Zealand DX Association. Frequencies and operating times will be found in the association's Call Book, "All the Radio Calls of the World".

### CUBA (continued)

COJK, Camaguet.—1000 watts. Relays CMCK. Announces "Radio Zenith." QRA: Finlay 3, Altos. (Has beautiful verification card worth trying for).

COK, Havana.—2000 watts. Station owned and under direction of President Bastiste of the Republic of Cuba. QRA: Palacio de las Deportes, Havana.

COKG, Santiago de Cuba.—2400 watts. Relays CMKG. Announces "Emisor Grau." Closes with "La Conga." QRA: Apartado 137.

COX-4 and COX-7.—Relays programme of CMZ. Operated by military section of Cuban Government. Only details available.

### DOMINICAN REPUBLIC

HI1A, Santiago de las Caballeres.—50 watts. "La Voz del Yaque." Closes with recording "All Hands." QRA: Apartado 423.

HI1G, Trujillo, and HI2G. Each 200 watts. QRA: Avenue Jose Trujillo No. 20, Trujillo.

HI1J, San Pedro de Macoris.—400 watts. Closes with Nacional Hymn. QRA: Apartado 204.

HI1L, Santiago de las Caballeres.—250 watts. "Radioemisora Nacional El Dairio." Closes with Nacional Hymn. QRA: Apartado 356.

\* \* \*

SIGNED by Clarence W. Jones and

Reuben E. Larsen, the following letter from HCJB ("The Voice of Andes") has been received by the New Zealand DX Association: "We are happy to complete the 'handshake of friendship' begun through our microphone and carried on by your good letter reporting reception of our programmes in English. You will understand that, with thousands of letters coming in from all over the world, it is not possible to write a personal letter to our friends on five continents. However, we deeply appreciate your kindness and are happy to have you in our legion of loyal listeners.

"To everyone who writes us goes our card and this greeting. To all who ask for it and enclose ten cents in U.S. postage stamps or their equivalent to cover handling and return mailing charges, goes our monthly souvenir, which always represents a unique memento of our programmes, something typical of Ecuador. Make it a happy habit of writing to us each month for the current souvenir. We are glad to serve you as your 'Good neighbours below the equator.'

"With cordial 'saludos' from 'The Voice of the Andes,' and all the staff."

HCJB is located in Quito, Ecuador, and transmits on 12,460 kilocycles. It is heard quite well at the present time between 2 p.m. and 3 p.m. Their verification card is well worth writing for.

# Everyone's Cheerful!

Clements Tonic quickly relieves nervous exhaustion caused by anxiety, worry, loss of appetite and sleeplessness. Clements is a natural restorative that enriches the blood, replaces worn-out tissue, feeds the brain and gives you nerves of steel. Keep yourself fit and cheerful by taking Clements Tonic.



### KILKERRY, S. A.

"I feel happy, and do not get depressed now", writes Mrs. E. F. of Kilkerry, another grateful user of Clements Tonic. "For years I have suffered with nervous indigestion and sleeplessness; now I feel well and strong, thanks to Clements. I'll never be without it."

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