

(Continued from previous page)

chestra for sixteen years, and my whole life was bounded by it. I lived in a hotel just opposite the Symphony Hall. The days were spent in rehearsals and the nights in concert work."

"And week-ends?"

"On Sunday nights we used to play for the Ford Sunday Evening Hour, which is perhaps the most famous of broadcast programmes. That photo over there is a candid camera shot of me and Eugene Ormandy the conductor (you've probably seen his name on records) bending over a score at one of these concerts."

Dressing In A Harp-Case

"One of these days I'd like to give a series of talks called 'Adventures With A Harp.' I had a wonderful time with the Detroit Symphony Orchestra. It was rather amusing being the only woman among ninety men, especially when we went on tour, and a single compartment had to serve as dressing-room for the whole orchestra. But my harp-case served as dressing-room and wardrobe for me. I met so many interesting people in connection with my orchestral work. I have played harp accompaniments for many famous people, including Nelson Eddy and Deanna Durbin."

"Isn't it rather an anti-climax coming back to New Zealand?"

"Oh, no. It's just wonderful being home. And I'm looking forward to my work here. Henri Penn and I are planning to present several works not often performed in New Zealand. And I am working out ways in which the harp can be used both by itself and in combination with other instruments. Since the days of the minstrels it has been rather neglected, but I'm planning harp solos, and concerts for harp and piano, and harp and voice."

American Women Aren't Catty

"Tell me something about the women of America," I asked. "What chiefly impressed you about them?"

"The fact that they are never catty."

"That isn't the impression one gets from a play such as *The Women*."

"That, of course, gives a very false picture of the average American woman. Not that American women are fundamentally kinder than we New Zealanders. It's just that they regard beauty as so important, and by behaving in an ugly manner they feel that they betray their conception of beauty. It's one aspect of the magazine philosophy that if you live beautifully you grow beautiful. It's a case of the means being far more worthwhile than the end."

"Another thing that one notices about American women is that they never allow themselves to slip, physically or mentally, when they reach middle age. Women in New Zealand tend to sit with folded hands once they've brought up their family and to regard their work as done. But in America it's quite usual for a woman of fifty to take up a completely new course of study. They never allow themselves to become kitchen-minded though they may become tin-opener minded. But the women of America are culturally awake to a much greater extent than we in New Zealand. Almost every woman belongs to some form of club, and these clubs are responsible for much of the cultural life of America. They arrange lecture tours, art exhibitions, symphony concerts, and

educational broadcasts on every possible subject. The American woman takes a pride in being abreast of modern thought, and long past middle age she keeps the enthusiasm of youth in her eyes and heart. I feel that this is one very important thing which we in New Zealand can learn from our allies, the women of America."



It's the grandest  Hot  Winter Breakfast of all

WEET-BIX

and Hot Milk



Here's the Winter breakfast that wraps 'em up warmer than a fur-coat . . . gives a glow that defies the nippiest morning! Steaming hot milk poured over delicious Weet-Bix. It is as easy as that and yet it has everything. The sustaining nourishment of two complete and perfect foods with appetite-appeal for every member of the family.

Weet-Bix is the whole golden grain of the wheat with its sixteen precious food elements intact. Nothing taken away and nothing added but rich golden malt for flavouring. Milk is also a primary food. So serve them together and serve them often. You can find no finer fare.

Saves

TIME

Stay in bed longer and still have breakfast ready on the dot. You just pour Weet-Bix straight from the packet.



Saves

FUEL

No cooking required. Weet-Bix is already crisp and toasted to perfection.



Saves

WASHING UP

No messy pots to clean. This job is done in a few minutes.



Sanitarium

IF IT'S A
SANITARIUM PRODUCT
IT'S GOOD FOR YOU!

WEET-BIX

Weet-Bix is made by the
SANITARIUM HEALTH FOOD CO.,
who give you these famous foods:
Marmite, San-Bran, Bixies, Granose,
'Betta' Peanut Butter, Puffed Wheat
and Rice, Unpolished Rice.