

EADACHE

Why let headaches spoil your enjoyment? That depressing, throbbing headache can be relieved quickly and safely with NYAL ESTERIN. NYAL ESTERIN contains Esterin Compound, the safe sedative which acts directly on disturbed nerve centres that cause pain. Esterin soothes and relaxes the nerves and brings quick relief from pain. Get immediate relief from headaches, toothache, neuralgia, rheumatic and nerve pains by taking NYAL ESTERIN. 24 tablets 1/6, 50 tablets 2/6. Sold by chemists everywhere.

NYAL ESTERIN ELIEVES

TRAIN FOR LEADERSHIP!

Speak convincingly, develop confidence, poise and personality. Special Home Study Training in Public Speaking and Personal Efficiency has helped hundreds. It can help you. For free particulars—

DRULEIGH M.Z.'S PREMIER TRAINIRE M.Z.'S PREMIER TRAINIRE & DRULEIGH M.Z.'S PREMIER TRAINIRE

FALSE TEETH

The Truth!

Food particles lodge in the crevices of dentures and unless they are removed, decay and become breeding grounds for germs, which may lead to serious illness.

Don't take risks-give your teeth a Kemdex bath overnight (or a few minutes in doublestrength solution in the morning). Unclean dentures often lead to unpleasant breath.

Kemdex in solution releases millions of tiny oxygen bubbles which sterilise, remove all food particles and neutralise acids, do away with film and stains—leaving the teeth hygienically clean and fresh!





AUCKLAND

6. 0 a.m. News from London, followed by breakfast session

1070 k c. 280 m.

News from London 7. 0

COMMERCIAL

- 8.45 News from London
- 9. 0 Aunt Daisy
- Healthcraft for the Home 9.30
- Morning Reflections (The 9.45 Padre)
- Those Happy Gilmans 10.15
- Morning Tea Session: "It's A Great Life" 10.30
- To-day's Children 10.45
- The Shopping Reporter's ses-11.30 sion (Marina)
- 12.15 p.m. News from London
- 1ZB Happiness Club (Joan) 1.30
- 2. 0 Betty and Bob
- Home Service Session (Gran) 2.30
- Housewives' Goodwill Session 3.15 (Gran)
- The Voice of Health 4. 0
- The Young Marrieds' Circle 4.30 (Molly)
- 5. 0 Molly and Her Happy Lads
- The Musical Army 5.15
- Scouts' Newsletter (Commis-5.22 sioner Kahu)
- Pioneers of Progress 5.52
- Musical interlude 6. 0
- 6.15 News from London
- 7. 0 Fred and Maggie Everybody
- 7.15 England Expects-
- 7.30 Ships and the Sca
- Tusitala, Teller of Tales 7.45 The Guest Announcer
- 8. 0 8.45 Pageant of Empire
- Doctors Courageous 9. 0
- Turning Back the Pages with Rod Talbet 10, 0
- News from London 11. 0
- 11.30 Variety programme
- 12. 0 Close down

WELLINGTON 1130 kc. 265 m.

- 6. 0 a.m. News from London, followed by the breakfast session
- News from London
- Looking on the bright side 7.15
- News from London 8.45
- 9. 0 Aunt Daisy
- Reflections (Uncle 9.45 Morning
- Scrim)
- The Home Decorating Session 10. 0 (Anne Stewart)
- 10. 7 Fashion news
- 10.15 Comedy time
- Morning Tea A Great Life" Session: "It's 10.30
- To-day's children 10.45
- Hawaii calling 11. 0
- 11.15 Famous pairs
- The Shopping Reporter (Suz-11.30
- anne) The mid-day melody parade 12. 0
- 12.15 p.m. News from London
- Betty and Bob 2. 0
- Famous instrumentalists 2.15
- Home Service Session (Mary 2.30 Anne)
- The hit parade
- 3.15 Stringtime

TUESDAY

BAREND HARRIS: 4ZB's session "A Quarter-Hour With Barend" is heard at 4.0 p.m. on Wednesdays

- 3.30 Song hits of to-morrow (Reg. Morgan)
- Listen to the band
- 4.30 The Young Marrieds' Circle (Tony)
- Young New Zealand's Radio Journal
- The Musical Army 5.15
- 6.15 News from London
- 7. 0 Fred and Maggie Everybody
- England Expects-7.15
- 7.30 Ships and the Sea.
- 7.45 Yes-No Jackpots
- The Guest Announcer 8. 0
- Magnificent Heritage: The 8.45 Dunsterville Expedition
- **Doctors Courageous** 9. 0
- 9.45 Variety programme
- 10. 0 Scottish session
- News from London 11. 0
- 12. 0 Close down

CHRISTCHURCH 1430 kc. 210 m.

- 6. 0 a.m. News from London, followed by the breakfast session
- News from London
- 8. 0 Fashion's fancies (Happi Hill)
- 8.45 News from London
- 9. 0 Aunt Daisy
- 9.30 Cheer up tunes
- 9.45 Morning reflections (Uncle Scrim)
- The Home Decorating session 10. 0 (Anne Stewart)
- 10.30 Morning tea session: "It's a Great Life "
- 10.45 To-day's children
- 11. 0 A Song for Mother
- 11.15 Hollywood Fashion Parade The Shopping Reporter (Grace 11.30 Green)
- The luncheon session (Jacko)
- 12.15 p.m. News from London
- Betty and Bob Home Service session (Jill)
- Fiddles—Big and Little The Young Marrieds' Circle 3.30
- (Dorothy Haigh)

The Children's session, fea-Б. О turing at 5.0, Wise Owl; 5.15, The Musical Army; 5.30, The Junior Players

FEBRUARY 25

- Music for the early evening
- News from London 8.1E
- Hymns of All Churches
- Fred and Maggie Everybody 7. 0
- 7.15 England Expects-
- 7.30 Ships and the Sea
- The Guest Announcer 8. 0
- 8.45 Magnificent Heritage Doctors Courageous 9. 0
- 9.30 Variety hour
- News from London
- 12. 0 Close down

DUNEDIN 1280 k c. 234 m.

- 6. 0 a.m. News from London
- 6.30 (approx.) Breakfast session
- 7. 0 News from London
- News from London
- Aunt Daisy 9. 0
- 9.45 Morning Reflections (Uncle Scrim)
- The Home Decorating session 10. 0 (Anne Stewart)
- Morning tea session: "It's a Great Life" 10.30
- To-day's Children The Shopping Reporter 11.30
- (Jessie)
- 12.15 p.m. News from London
- 2. 0 Betty and Bob
- 2.30 Home Service session (Joyce) 3.15 Stealing Through the Classics
- 4. 0 America Calling The Young Marrieds' Circle 4.30 (Andrina)
- 5. 0
- The children's session
- 6.15 News from London
- 0.30 Houses In Our Street Fred and Maggie Everybody
- 7. 0 England Expects-
- Ships and the Sea
- 7.45 Songs of Yesteryear
- The Guest Announcer 8.45 Lel's Start an Argument
- Doctors Courageous 9. 0 10. 0 The Whirl of the Waltz
- 11. 0 News from London Close down

12. 0

2ZA PALMERSTON Neh.

- 6. 0 a.m. News from London
- 6.30 Sunrise serenades News from London, followed
- by breakfast session News from London
- Б. 0 р.m. Test programme 5.45 Popular recordings
- 6.15 News from London
- 6.45 Gardening session
- Lady Courageous 7.30 Listeners' requests
- Yes! No! Jackpots
- 8.30 The Young Farmers' Club 9. 0 Special presentation
- Variety 9.30
- Close down 10. 0