

BANISH HEADACHES

Keep free from headaches. Why suffer continuous pain and discomfort when NYAL ESTERIN will bring you quick, safe relief? Just two Esterin Tablets, a glass of water and your headache dis-appears almost at once. NYAL ESTERIN contains Esterin Compound, the safe sedative which acts directly on the nerve centres, calms the nerves and quickly soothes pain. Take NYAL ESTERIN for headaches, neuralgia, toothache, rheumatic and nerve pains. 24 tablets 1/6, and 50 tablets 2/6. Sold by chemists everywhere.

NYAL ESTERIN ELIEVES



How to clean false teeth easily

You need only 'Steradent' powder and a tumbler of water. This cleanser keeps teeth stainless, penetrates every crevice, removes film and completely sterilizes your dentures. 'Steradent' is recommended by dentists, and is obtainable from all chemists.



HOW TO DO IT Half tumbler warm water.
'Steradent'—
the cap of the
tin full. STIR.
Steep dentures
overnight or 20
minutes. Rinse under the

cloans and sterilizes false teeth

THURSDAY

COMMERCIAL

AUCKLAND 1070 k c. 280 m.

- 6. 0 a.m. News from London, followed by breakfast session
- 7. 0 News from London
- 8.45 News from London
- Aunt Daisy 9. 0
- Healthcraft for the Home 9.30
- Morning Reflections (Uncle
- Home Decorating Session 10 0 (Anne Stewart)
- Those Happy Gilmans
- Morning Tea Session: "It's 10.30 A Great Life"
- Hope Alden's Romance
- The Shopping Reporter (Mar-11.30 ina)
- 1. 0 p.m. Filmland (John Batten)
- 1.15 News from London
- 1ZB Happiness Club (Joan) 1.30
- Betty and Bob 2. 0
- Home Service Session (Gran) 2.30
- Young Marrieds' Circle 4.30 (Molly)
- Uncle Tom's Musical Ladies Б. 0
- Ken the Stamp Man 5.22
- The Air Adventures of Jimmie 6. 0 Allen
- News from London
- Pioneers of Progress 6.30
- 7. 0 The Celebrity Session
- England Expects-7.15
- Oh, Reggiel 7.30
- 7.45 Tusitala, Teller of Tales
- The Guest Announcer 8. 0
- Yes-No Session 8.30
- Pageant of Empire 8.45
- The Ask-It Basket Session 9. 0
- Men and Motoring (Rod Tal-10. 0
- 11. 0 News from London
- 12. 0 Close down

WELLINGTON 1130 k c. 265 m.

- 6. 0 a.m. News from London, followed by the Yawn Patrol (Kingi and Gcoff.)
- News from London
- Looking on the bright side 7.15
- News from London 8.45 9. 0
- Aunt Daisy
- reflections 9.45 Morning Scrim.)
- 10. 0 The Home Decorating session (Anne Stewart)
- 10. 7 Fashion news
- Comedy time 10.15
- Morning tea session: "It's a 10.30 Great Life"
- To-day's Children 10.45
- Hawaii Calling 11. 0
- Famous pairs 11.15
- Shopping Reporter (Suzanne) 11.30
- The mid-day melody parade 12. 0
- 1.15 p.m. News from London
- 2. 0 Betty and Bob 2.15
- Famous sopranos Home Service session (Mary 2.30
- Anne)
- The Hit Parade 3. 0

3.15 Afternoon tea session: Caval-cade of drama, "The Life of Johann Strauss"

- 3.30 Song hits of to-morrow (Reg. Morgan)
- Listen to the band
- The Young Marrieds' Circle 4.30 (Tony)
- Young New Zealand's Radio Journal
- 6. 0 The Air Adventures of Jimmie Allen
- 6.15 News from London
- 6.45 The Randell Family
- The Celebrity session: 7. 0
- "Michael William Balfe"
- England Expects-7.15
- Oh! Reggie! 7.30
- Music from the films 7.45
- The Guest Announcer 8. 0
- Professor Speedee's Ask-It 9. 0 Basket
- Magnificent heritage: "Ad-9.30 miral Beatty"
- 10.30 Spotlight on swing, conducted by Cavell Nicholl
- News from London 11. 0
- 11.30 Variety
- Close down 12. 0

378 CHRISTCHURCH

- 6. 0 a.m. News from London, followed by the breakfast session
- News from London
- Fashion's fancies (Happi Hill) 8. 0
- News from London 8.45
- Aunt Daisy 9. 0
- Morning Reflections (Uncle Scrim)
- Morning tea session: "It's A Great Life" 10.30
- 10.45 Hope Alden's Romance
- A Song for Mother 11. 0
- The Shopping Reporter (Grace 11.30
- Green)
- The luncheon session (Jacko)
- 1.15 p.m. News from London
- 2. 0 Betty and Bob
- The Home Service session (Jill)
- With Fred at the piano
- Better Bridge (Vera Ardagh) 3.15
- The Young Marrieds' Circle (Dorothy Haigh)
- The children's session, featuring at 5.0, the Sunnytown Garden Circle
- Air Adventures of Jimmie Allen
- News from London 6.15
- Hymns of All Churches 6.30
- Songs That Inspire Us
- The Celebrity session
- 7.15 England Expects-
- 7.30 Oh, Reggie! 7.45 Tavern tunes
- 8. 0
- The Guest Announcer 8.45 Yes! No! Jackpots
- Professor Speedee's "Ask-It 9. 0
- Basket" 10. 0 Maoriland melodles (Te Ari Pitama)
- Rhythm and variety 10.15
- 11. 0 News from London
- 12. 0 Close down

DUNEDIN 1280 k č. 234 m

FEBRUARY 6

- 6. 0 a.m. News from London
- 6.30 (approx.) Breakfast session
- 7. 0 News from London
- Music
- 8.45 News from London
- 9. 0 Aunt Daisy
- 9.45 Morning reflections (Uncle Serim.)
- The Home Decorating session 10. 0 (Anne Stewart)
- 10.30 Morning tea session: "It's a Great Life"
- Hope Alden's Romance 10.45
- 11.30 The Shopping Reporter (Jessie)
- 12. 0 Lunch hour tunes
- 1.15 p.m. News from London
- 2. 0 Betty and Bob
- 2.30 Home Service session (Joyce)
- 3.15 Stealing through the classics
- For ladies only 4. 0 The Young Marrieds' Circle
- (Andrina) 5. 0 The children's session
- 6. 0 The Air Adventures of Jimmie Allen
- 6.15 News from London
- 7. 0 The celebrity session
- England Expects-7.15
- Oh! Reggie 7.30
- 7.45 Gems from opera 8. 0 The Guest Announcer
- Charlie Chan 8.30
- Professor Speedee's "Ask-it Basket"
- 9.30 Houses in our street
- 10. 0 Anglers' information session
- News from London 11. 0 Close down

12. 0

PALMERSTON No.

- 6. 0 a.m. Test programme, introduc-
- ing News from London
- 6.30 Sunrise serenades News from London, followed by breakfast session
- News from London
- 5.45 p.m. Early evening music
- 6.15 News from London
- 7. 0 Piano rhythm
- 7.15 Lady Courageous Listeners' Requests 7.30
- Yes! No! Jackpots
- 9. 0 The Motoring Session 10. 0 Close down

These programmes are correct as we go press. Any last-minute alterations will announced over the air.

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