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the good feathers from any poultry, and make use of them, either for oneself, or for the refugees. Really, there must be terrible waste in this direction, and if only the women on farms saved the soft feathers, particularly from ducks, in no time there would be enough for a "down"

quilt. Of course, they would have to be scalded, and then hung on the line in a bag—they soon fluff up again when dry. Also, the bag has to be of fine weave—a good calico is excellent. I know that every pound of wool is needed for our war effort, and thought that this suggestion might appeal to your listeners.—"A Soldier's Wife," (Epsom).

Yes, indeed, an excellent idea. I hope it will be taken up enthusiastically. It is a good idea to rub thoroughly over the inside of the ticking with soap—or beeswax—before filling up with feathers, which prevents the feathers working through. Beeswax was the old-time cure for this, but I'm told that soap does nearly as well.

Not Gelatine

Dear Aunt Daisy,

Another S.O.S., sincerely hoping you will oblige,

Can you tell me what to use for clearing home-made hop beer? I have tried gelatine but without success. Perhaps my method was wrong. I feel sure you can help.—"Happiness to You," (Ponsonby).

It is isinglass which you should use, not gelatine. I think the quantity is about an ounce to 8 or 10 gallons. Just dissolve it in boiling water and let it get quite cool before adding to the beer. Stir it a little. Some people prefer to use Brewer's finings, which can be bought at most big grocers. Follow the instructions on the bottle.

Cramp

Dear Aunt Daisy,

I thought I would send you a note to tell those who suffer from cramp in the legs about a very simple cure. Perhaps you have heard of it; at any rate it is an old cure. I have used it for years, and so have several people I have told about it. It is this-simply tie a piece of wool below the knee, and always wear it there. Anyone suffering from cramp will soon find out and prove the truth of this simple little cure. Cramp is such a painful thing; and I feel sure there are numerous folk who would be pleased to know of such an easy way of being safe from it.-"M," (Berhampore).

Uses for Paper Bags

Dear Aunt Daisy,

It is not often that I have time to sit down to listen to your session, but when I can I do enjoy it.

Some time ago I heard you asking for suggestions for using up paper bags. I may say I find them very handy for keeping the chopping block tidy. The

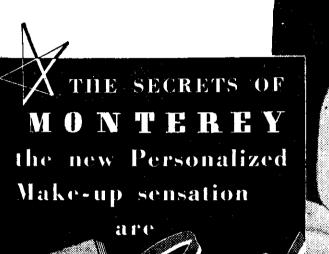
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