

**CRAWL OUT OF BED  
FEELING HEAVY?**



If you crawl out of bed only half awake.

If a wash and brush up doesn't make you feel really smart.

If you are not ready for breakfast and your mouth feels stale afterwards.

*It's probably constipation.*

You may be "regular." But if elimination is not *complete*, poisons remain, get into your blood. And if your blood isn't clean, how can you be well?

There is an honest prescription for this --- Kruschen Salts. The analysis is on the bottle. It isn't the latest fad. It's an institution. It doesn't need to be coloured or have its flavour disguised. It's almost tasteless. It's not a drug. It's a simple combination of salts. And the dosage is so small it cannot form a habit. Doctors have prescribed it for years because their medical knowledge tells them that Kruschen Salts are unquestionably right.

YOU'LL FEEL ALL THE BETTER FOR A PINCH OF

**KRUSCHEN**

Take Kruschen in tea or hot water.  
2/4 a bottle at Chemists and Stores.

K3.740

**DIABETES**

Of vital importance to Every Diabetic is this New FREE BOOK entitled "DIABETES —its cause and treatment." New Discovery that is giving health and energy to thousands without injections, or strict dieting.

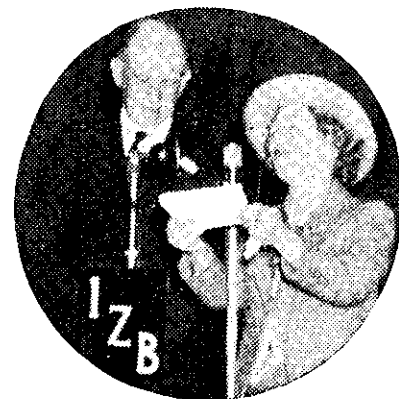
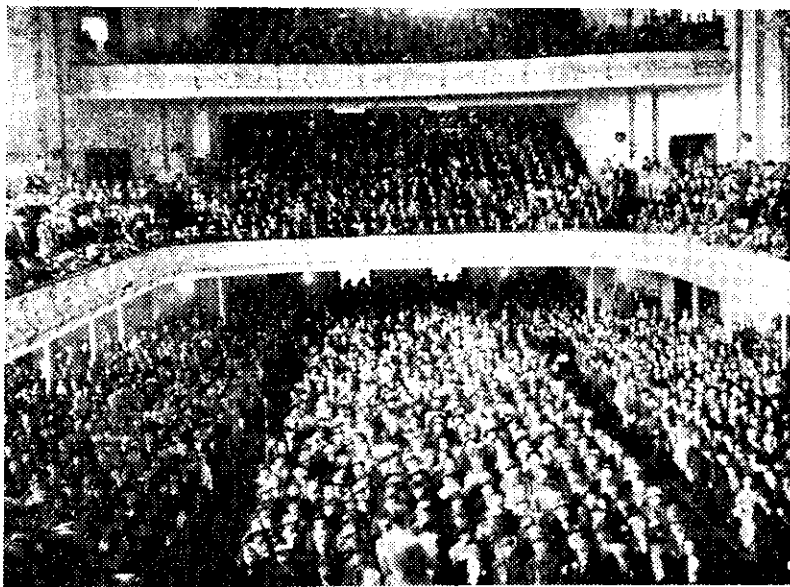
Write for this valuable book at once. Obtainable by return post from

**CHEMISTS' SUPPLIES CO.**

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**Camfosa**  
dispels odours  
1/3 & 3/- kills germs

# STILL MORE APPLE PIES



Top, left: A section of the vast crowd at the Auckland Town Hall, watching 1ZB's local Apple Pie Contest. The winner was Mrs. D. Rae, of Mount Albert.



Centre, left: Apple pies at 2ZB's Studio on the day of judging for the five best entries. The judges were Miss A. D. Rennie, Miss F. Card and John Wilson.

Bottom, left: Aunt Daisy at "The Farmers," Auckland. During a morning tea party, she cut the big apple pie, which was sent to the Crippled Children's Home. Left to right: John Griffiths (Station Director, 1ZB), Aunt Daisy, K. W. Kilpatrick (CBS Head Office), and W. Calder Mackay (Assistant-General Manager, Farmers' Trading Company, Auckland).

In circle: Aunt Daisy replies to a welcome by the Mayor of Auckland, Sir Ernest Davis, in the Auckland Town Hall.

Below: Aunt Daisy at the D.I.C., Christchurch, where she was the guest of honour at a delightful tea party.

