

Pram Covers

Dear Aunt Daisy,

I was very interested in the notes in *The Listener* about making pram covers. I have made several with success, using satin, butter muslin, ordinary cotton wool bought from the chemist, another layer of butter muslin, and then the transfer. I use pearl brilliant cotton or shiny rayon thread on the shuttle of the machine and ordinary white cotton (40) on the top. Use a big stitch and loosen the shuttle tension by giving the little screw one full turn. Be careful to tack the transfer securely in position and not wrinkle the satin underneath when sewing. After stitching the pattern, tear the paper away and turn the whole thing out with another piece of satin. Made this way, they can be washed easily and dry quickly. I used mine on two babies and am now expecting my third. My pram cover is as good as new so will be in use again before long.

"E.F.," *Kiwitahi.*

Hot Sauce for Ice Cream

Dear Aunt Daisy,

Can you give me a recipe for a hot caramel sauce for ice cream; also a hot fudge sauce. When in Nelson recently, one milk bar served ice cream with both these sauces with chopped nuts sprinkled over; and they were really delicious.

"Oamaru."

FUDGE SAUCE: 2 cups sugar, 2 grated squares chocolate, 1 cup milk, $\frac{1}{2}$ teaspoon vanilla, 1 tablespoon butter or margarine. Mix sugar, chocolate and milk and boil until a little holds its shape in cold water. Add vanilla and butter, and beat till creamy. Serve hot or cold. Or $\frac{1}{2}$ cup cocoa, 2 tablespoons butter, 1 cup water, 2 cups sugar, 2 teaspoons vanilla, little salt. Mix cocoa and water and cook till smooth and thick. Add sugar and salt, and stir till dissolved. Cook 5 minutes, add butter and vanilla, and serve at once. **CARAMEL SAUCE:** 1 cup granulated sugar, 1 cup boiling water, few chopped walnuts. Melt sugar until it becomes a clear amber syrup. Then add boiling water gradually and simmer 15 minutes. Use hot or cold. The addition of a few chopped walnuts will give a delicious flavour to the sauce.

You can trust



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SWIM ALL YOU WANT... BUT

Let's stop these drownings!

Nearly as many people are **DROWNED** every year as are killed in road accidents. The tragic thing is that 90% of drownings could have been prevented by a little more thought... a little more care. Swimming is grand fun and healthy sport... so swim all you want to but know where the main dangers lie and take care to avoid them...

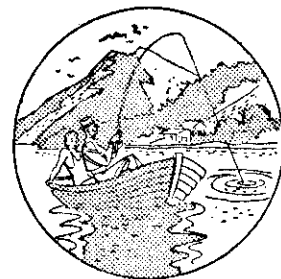
AT THE BEACH...

Not one life has been lost through drowning during the past 3 years when Surf Club patrols have been on duty... on patrolled beaches keep within the marked areas... obey the signs... It's safer. On unpatrolled beaches take more care. Beach balls and rubber boats can be dangerous in the water—they can carry you unknowingly into difficulty—misuse can lead to tragedy... It's as easy to swim in 5 feet of water as 50!



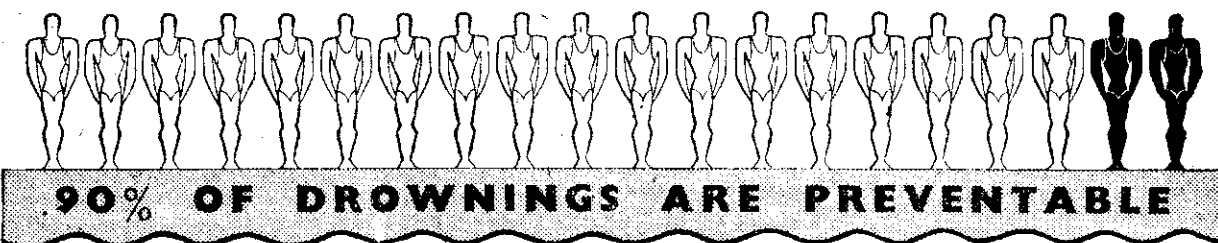
AT THE RIVER...

Rivers and lakes are responsible for nearly half of all drownings. Danger points are diving into unknown pools where there are snags or submerged rocks—swimming across unknown sections of the river—there may be submerged trees or dangerous currents. Don't rush in carelessly—the gravel may have scoured into a dangerous hole.



IN BOATS...

If you "mess about in boats" that's fine, but DO wear a life jacket... they cost little and may save your life. Under club rules all yachtsmen and surf club members going out on surf-skis **MUST** wear a life jacket... if it's good enough for experts it's good enough for you...



Inserted by the Physical Welfare and Recreation Branch of the Internal Affairs Department