



Enjoy ALL-WEATHER FITNESS

CHANGEABLE weather conditions demand a high order of physical resistance, which in turn depends largely upon proper nourishment and regular, restorative sleep. It is for these reasons that delicious 'Ovaltine' constitutes a valuable addition to the daily dietary. Scientifically prepared from Nature's best foods—malt, milk and eggs—'Ovaltine' provides an abundance of nutritive elements required to strengthen the natural powers of resistance.

Taken regularly during the day, 'Ovaltine' will do much to renew strength and energy, restore the nerves and fortify resistance against seasonal ailments. A cup of 'Ovaltine' at bedtime will help to ensure restful and revitalising sleep.

Drink Delicious

Ovaltine

For Health, Strength and Vitality

Free sample sent on receipt of name and address, together with 3d. in stamps to cover postage and packing, to Salmond & Spraggon Ltd., P.O. Box 662, Wellington.

Listen-in to "The Ovaltine Show," 6.15 p.m., Saturdays, all ZB Stations.

A. WANDER LTD., LONDON. N.Z. Factory: NORTH ROAD, PAPANUI, CHRISTCHURCH.

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AMONG THE LOVELIER THINGS OF LIFE



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