FROM THE MAILBAG

A Marmalade Hint

Dear Aunt Daisy,

Have you this recipe for grapefruit marmalade or jam—instead of cutting up the fruit and soaking for several days, put your fruit, whole, into preserving pan, cover with water (hot or cold), and boil for 15 to 20 minutes or until the skins are soft. Empty the whole lot into the sink and let the cold

GRAPEFRUIT CHEESE

Juice 3 large grapefruit and grated rind of one; 1/4lb. butter; 2 cups sugar; 2 well-beaten eggs. Put butter, sugar, juice and rind in large basin or top of double saucepan. Stand over pan of boiling water. When these have melted, and blended together, add well-beaten eggs. Stir constantly and thoroughly, till mixture thickens. Pour into small pots. Cover cold. Keeps a considerable time. Delightful change from lemon.

tap run on the grapefruit till they are cold. Then slice them in the ordinary way, add your water and sugar, and boil all together till set, using less sugar.

In this way you lose all that bitterness as it has gone down the sink, and the marmalade is beautiful and clear, with no scum. Do not save any of the water the grapefruit have been boiled in. They must have clear water. Your marmalade will be a wonderful golden jelly, and all made and bottled in two hours.

"Always Listening," Devonport.
This is very interesting. How much less sugar?

Heat Marks

Dear Aunt Daisy,

I heard you over the air discussing the removal of heat marks on a polished table, and I thought you might like to know this hint. Use half and half vinegar and raw linseed oil. Rub well in with the ball of the thumb. Leave some hours, then polish with a good furniture cream. "Mt. Albert."

Non-Slip Polish

Dear Aunt Daisy,

Can you please help me? I had a non-slip floor polish—one that only requires one rub on—but cannot remember whether it requires raw or boiled linseed oil. The recipe is as follows—Equal parts of vinegar, turps and oil. It is really very good.

"Lorna," Ashburton.

Yes, the recipe is a good old standby, and it is raw linseed oil which is needed. Nowadays, however, it is possible to buy non-slip polishes already prepared, which are inexpensive and labour-saving.

ASTHMA SUFFERERS TRY THE TABASAN TREATMENT

A reliable and proven remedy for asthma is now available in **Tabasan Tablets**, made by Ayrton Saunders & Co. Ltd., Liverpoot, England. **Tabasan Tablets** help to give speedy relief during unpleasant bronchial attacks. People who have suffered from Asthma. Bronchitis and Hay Fever have been pleasantly surprised by the amazing effects of **Tabasan Tablets**. Don't wait for your next attack—buy **Tabasan Tablets** from your Chemist to-day!

QUICK QUIZ ON POLISHING

What do you use on a dull floor? Floor Polish. Yes, but suppose you want a quick shine, an easy shine, and a lasting shine. The answer is LIQUID POLIFLOR of course. This new Poliflor quality product is now available everywhere. LIQUID POLIFLOR is a product of extensive research and is made of high quality constituents. The more you use LIQUID POLIFLOR the better floors and furniture will look and the longer they will last. Ask your grocer for LIQUID POLIFLOR in the handy sprinkler tin.



