



Kerb Drill, remember!

Children reflect their parents, and when once an older child has learned to do Kerb Drill, she loves to show how responsible she is, and see that the younger ones do it too. Start the whole family on this life-saving habit and it will soon become second nature to them! Kerb Drill is simple! 1. At the Kerb, Halt! 2. Eyes Right. 3. Eyes Left. 4. Eyes Right Again: then, if the road is clear—5. Quick March; Don't rush; cross calmly.

**keep death
off the road**

Issued by the Transport Department.

Health and Energy by the Glassful *with* **'AKTA-VITE'** THE PALATABLE VITAMIN SUPPLEMENT

- WITH DELICIOUS
CHOCOLATE MALT BASE



Each 10 grammes of "AKTA-VITE" (approximately 2 teaspoonsful) contains not less than:

Vitamin A	2,000 Int. Units
Vitamin B1	300 Int. Units
Vitamin C	300 Int. Units
Vitamin D	1,000 Int. Units
Carbohydrate	8.30 gms.
Protein	0.48 gms.
Fat	0.30 gms.
Calories	38.7
Calcium	33 mgms.
Phosphorus	17 mgms.

"AKTA-VITE" is especially good for growing children. It assures a daily concentrate of 4 essential vitamins, A, B1, C and D, that promote sturdy growth, energy for school and play, and build resistance to colds and illnesses. Your child will love "AKTA-VITE," because it tastes so good.

5oz. 5/3; 10oz. 8/-;
40oz. 23/-
At All Chemists

Energy-

BY THE GLASS.
Delicious with hot or cold milk.

ON FRUIT DISHES & CEREALS. Just sprinkle over the dessert.

BY THE SPOON.
Palatable, easily digested.

IN SANDWICHES.
A tasty, nutritive filling.

Adults, the aged and invalids too, will benefit from AKTA-VITE . . . just two small teaspoonsful per person per day are sufficient.

AKTA-VITE

N.Z. Distributors: *R. Greenwell Ltd*
AK2

Beaumont St.,
Auckland.