

delicious fruit and nut loaf which can be eaten with or without butter. It has an unusual method of mixing, and can be cooked in a large square tin or two loaf tins. Two small cups sugar; 1 packet raisins (or any mixed fruit); 1-3rd packet spice; 1 dessertspoon cinnamon; 1 dessertspoon ginger; 2 tablespoons butter or substitute; 2½ cups hot water. ½ cup walnuts or almonds if desired. Bring all to boil and leave to cool. Sift together 4 cups flour; 1 small saltspoon salt; 2 level teaspoons baking soda. Add liquid mixture to dry ingredients and bake 1½ to 2 hours in a moderate oven. "Featherston."

Sending Iced Cake Home

Dear Aunt Daisy,

I have sent Home three iced cakes every Christmas since the beginning of the war; and I also sent them to my son in the Islands during the war, and every one has landed in perfect condition. I always make my white icing with the white of egg, not water or milk, and I generally put just a few drops of rum in the almond icing or nut paste, whichever I can get. I would like to thank you for letting us know how to send butter Home. I have sent it before, but it did not keep quite perfectly, although I sealed the tin. I am sending a parcel now, so will try your way with the flour. "St. Albans."

The method referred to is to pack a pound of butter, in its paper as bought from shop, in a tin of flour—pack firmly with 2 or 3 inches of flour all round. Seal as usual.

Whitewash

Dear Aunt Daisy,

Some months ago you published some recipes for whitewash in *The Listener*. Would you be kind enough to repeat them please? "Karori."

1. If whitewash is mixed with salt water, or a salt and water solution, it will not powder off.

2. Whitewash mixture: 1lb. whitening. 1lb. size, 1 cake laundry blue, 1 tablespoon alum. Pour boiling water on to the whitening until it becomes a thin paste. Add the size, already melted in a saucepan, the blue dissolved in water, and lastly the alum. Tint, if needed, with red ochre for a pink colour; yellow ochre for buff; and Brunswick green for green.

3. Whitewash will also stay on well if you add to it a cup of flour, mixed to a smooth paste, and thickened with boiling water.

WHITEWASH LIME: Use well-slaked lime, and to every bucketful add 2½lb. alum dissolved in boiling water. Thin down, and apply two coats. It is better to have the mash too thin than too thick. The alum makes it adhere better.

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