

IT HAPPENS
WITHIN

Two seconds—

Within two seconds after hitting the water, champion swimmers kick at the amazing rate of 1290 times per minute...



MAKE THIS
GLASS-OF-WATER
TEST YOURSELF

Drop a Bayer's Aspirin Tablet into a glass of water. See it start disintegrating within *two seconds*. The same quick action occurs when you take Bayer's Aspirin. That's why you get such quick relief from headache.

Within 2 seconds after you take it for Headache
Bayer's Aspirin is ready to go to work to bring you

fast pain relief!



THREE important steps... not just ONE...
give BAYER'S ASPIRIN its 2-seconds speed!

1. The aspirin powder is tested and compressed into tablets 8 times larger than normal.
2. These "giants" are crushed—reduced again to powder—which is passed through an extremely fine screen.
3. After the "binder" is added, the familiar... quick acting Bayer's Aspirin bearing the famous cross is made.

This painstaking 3-way operation is responsible for the astonishingly fast disintegrating action of Bayer's Aspirin—an action so swift that Bayer's Aspirin goes to work to relieve headache almost the instant you take it... if pain persists, see your doctor. He alone should advise you about persistent pain.

ALWAYS
SAY

Bayer's Aspirin
BEFORE YOU SAY
TABLETS

24 for 1/7... 100 for 4/9

Distributors: Fassett & Johnson Ltd., Manners St., Wellington.

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HAZARDS IN THE MOUNTAINS

(continued from previous page)

Temple Bas'n, and Jackson and Tozer that year in the Cass valley.

Statistics No Comfort

Shades of experience are represented by this list. It includes professional and amateur, mountaineer and skier, and parties of varying sizes. Every major club is affected. No statistician can deduce that one type of mountain man died or that periodicity was constant or that any given set of circumstances was the same. One fact emerges; experience teaches. I know that for myself. I was mixed up in the Avalanche Peak fatality of 1933, and because that concerned a large party I have been fearful of them since. I feel it necessary to examine the influences that affect the margin of safety, as they supply initial inspiration and form attitudes.

Literature of the mountains has its part. Many young mountaineers of this and preceding generations were stimulated by Whympers's book about his triumph of the Matterhorn that ended in a bitter tragedy. An honest description of difficulties overcome can fire young men to meet them for themselves. Sober warning without sepulchral prophecies or niggling can inculcate reasonable caution. "Avoid it this way" is better advice than "thou shalt not."

Access to mountains should be access to sense and not merely to folly. It follows that suitable equipment should be chosen with a full appreciation of its use. Experience should be regarded as a prize to be won first hand, and not to be acquired by uncritical imitation. Contours and conditions should be studied with the knowledge that unseasonable snow or rock in places of apparent simplicity are traps, and that weather affects conditions. Balance, the ability to control pack weight, and judgement of angles can be practised in training country. With the serenity of mind that is the characteristic of the experienced man must go the necessity for physical fitness that is the essence of endurance.

Finally, men who climb as a team will always be safer than individualists. The ideal with an unguided party is that a man with a special capacity for ice, or rock, or river, or bush, will lead or change lead as the necessity arises.

Aftermath of Tragedy

With mountaineering as with war or epidemic, sudden emergency will reveal the qualities of natural leaders. The adaptation of a party to rescue would interest a psychologist. Foremost and most reliable are the guides. Their training and humanity fits them to organise help with a speed that saves survivors. Back-country sheep-farmers are the second line of defence. Always they use their stations, their horses and provisions, and their transport to help climbers in trouble. As with yachtsmen, mountaineers will hurry to the rescue where they are needed. At the back of their minds they must admit that the cactus may get them one day; till then they will help the other man. The Police accept unexpected burdens cheerfully;

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