





## PERISCOPE

This ingenious device will give children endless fun in observing things when they themselves cannot be seen. Can be used both inside and outside the house. Made of steel, nicely finished and fitted with two reflecting mirrors. Periscope measures 13 jin. long, 3in. wide, 2in. deep.

Price 6/6. Postage 8d.

Price 6/6. Postage 8d. 8KEATES & WHITE LTD., 48 Fort Street, Auckland.

## DON'T BE SKINNY!

If you are thin and anaemic you should try a course of "YIM," the Yeast, iron Mait, Tablets. This smazingly triple Tonic puts on firm, healthy flesh quickly. "YIM" Tablets give clear, radiant skin, freedom from indigestion, nervousness and constipation. "YIM" helps build new strength, power and pep. 4/6 (double size 7/6).

POST FREE from

CHEMISTS' SUPPLIES CO. LTD, easily understood than is the case medical advice.

## **BOOK REVIEWS**

(continued from previous page)

one would be dull indeed if one did not wince slightly at the shrewdness of the thrust,

Dr. Barlow writes with urgency because in Britain the war has left society in a state in which rebuilding on sound lines is possible, and because there is a danger that the easiest solution will simply be to put a new patch on an old garment. The planning of new communities and towns must be done by the people, assisted by the bureaucrat and the town-planner, but not by the bureaucracy alone . . . . "if the social pattern is to have a soul, then it must be the people who beget it."

There is much in this small book which could be (and may be) furiously debated, but it has a stable foundation of solid commonsense and if it serves no other purpose it reminds us—as we in this atomic age need reminding—that the proper study of mankind is too often neglected.

## A DOCTOR'S BROADCASTS

RADIO TALKS ON HEALTH. By H. B. Turbott, M.B., Ch.B., D.P.H. (Whitcombe and Tombs Ltd., Wellington).

AS the title clearly indicates, the material in this book has already been heard on the air (in the series of talks given by Dr. Turbott in the ZB breakfast session), and many of the subjects in it have also been dealt with by him in articles supplied to The Listener. But neither of these is a sound reason against buying the book. On the contrary, since what is heard on the air is seldom long remembered, and since



few people collect back copies even of The Listener, and fewer still would be able to put their hands immediately on the appropriate issue containing advice on what to do if the baby develops a squint or swallows a tin whistle, the publication of the talks in this convenient form will be welcomed by many. Dr. Turbott is director of the Division of School Hygiene in the Health Department, but children's ailments are not by any means the only ones discussed, the book being divided into three sections devoted to "common troubles and diseases" (including accidents in the home), infectious diseases, and maternal welfare. The advice given is both preventative and curative in character, with emphasis on the former aspect, on the principle that it is much easier to maintain a healthy body than to repair it once it has broken down. Probably because the material was originally prepared for broadcasting-and for broadcasting in talks lasting only three minutes each-the language used is not only more "popular," but also much more concise, and is therefore likely to be more easily understood by the ordinary reader, than is the case with many handbooks of