



SECURE DOME FASTENER



BROWN BLACK NAVY

POST

FREE

rour Swiyer Hooks. LADIES' Handbag size Ideal for car keys

Six Swivel Hooks. For general use.

## LANDS Bag SHOPS

AUCKLAND WELLINGTON CHRISTCHURCH

HASTINGS LOWER HUTT DUNEDIN

### **PIGEONS TAUGHT WORLD** ABOUT "VITAMINS"

Ever since there has been food there have been vitamins, but their existence was merely guessed at. In 1911 experiments with pigeons proved that they quickly developed neuritis and became paralysed if fed on rice from which the busk had been polished away. On restoring the husk to their diet, they as quickly recover-It was realised that there was some vital element in the crude cereal that was lost in the "polishing." This element was named "Vitamin," that was lost in the and a new word entered the world that was to have great importance.

Since then, the vitamin found so richly in rice and wheat grain has been labelled Vitamin Bl. It is this been tabelled vitamin Bl. It is this vitamin which is seriously lacking in modern diet, due to machine methods of "refining." Yet Vitamin B is the key to good appetite and digestion, to bowel regularity and nerve force.

For maximum health of the whole

For maximum health of the whole body, it is essential to restore the Vitamin B to your daily food—and this is easily done by taking Bemax with your breakfast cereal or milk. Bemax is a pleasant, flaky tonic food, made from pure wheat embryo. It contains enough Vitamin B1 in a single tablespoonful to make up the daily quota we all need, as well as Iron, Phosphorus and Manganese. Bemax strengthens the bowel muscles, puts paid to constipation and "nerves," relieves indigestion.

Bemax is obtainable from Chemists and Stores, and each tin lasts a

and Stores, and each tin lasts a

and Stores, and each in lasts a month,
Distributors: Fassett & Johnson
Ltd., Levy Building, Manners St.,
Wellington.

A product of Vitamins Limited, London. Owing to present condi-tions, supplies are limited. 5.5



The ballet dancers must study stance But find their costumes rather chilly They should have brought a tin of Bants: To get sore throat is ballet silly.



PEROS. LYD. SAS SHYBER PASS AUCKLAND

# SEA-ELEPHANTS

(continued from previous page)

cows depart for the open ocean about this time, leaving the pups to subsist on their accumulated fat for another month before they, too, depart to sea.

#### Fighting Bulls

I had heard and read of the amount of fighting which goes on amongst the mature bulls in the breeding season. Certainly the younger animals are always sparring and bickering, but nothing like a real fight ever occurred amongst these particular ones. The encounters we saw both on shore and in the sea seemed to be merely trials of strength with little animosity between the contestants.

Nor were many serious fights observed among the mature bulls. It seemed very much as if there was a definite grading of strength and that each bull knew his place on the "ladder." I have seen a cruising bull come to the surface near a harem and, after taking one look at the one in charge, hurriedly submerge and make off, evidently recalling the sea-elephant's equivalent of our adage that discretion is the better part of valcur. If, on the other hand, the approaching bull was the superior in strength to the one ashore, the latter would take off hurriedly up the hillside or obliquely to the nearest water.

One real fight I did witness and, although of short duration, it was exciting enough while it lasted. "Scarface" had left his harem temporarily for a short cruise. On his return he found another bull in charge of the group of cows. The latter bull made off at the rightful owner's return and with bleary eyes watched from the hillside for a chance to get to the sea. At last, thinking the coast was clear, he made smartly for the water and had almost reached it when "Scarface" made for him. Although he had to come diagonally and

cover nearly twice the distance, "Scarface" overhauled the other bull before he could submerge. I was astonished at the speed shown. Indeed, had the attacker not struck a large boulder in his path he would have reached his rival sooner. Seeing no escape, the retreating bull turned quickly, and the two reared up facing one another. Again showing surprising speed, "Scarface" thrust for his adversary's shoulder, inflicting a deep gash. Again he lunged; but this time the other turned aside smartly and struck too, inflicting a ragged wound on "Scarface's" trunk. Then, seizing the opportunity, he bolted.

"Scarface" returned to the harem breathing heavily, and staining the water with blood, but without doubt the victor.

#### Definite Increase

I have searched many publications dealing with the animal life of Campbell Island, but have been unable to find any references which state that seaelephants lived and bred thereon in bygone days. In McNab's Murihiku there are references to oiling-parties left on the island to the quantities of oil and skins taken to Australia. It is likely, however, that most, if not all, the oil was obtained from sea-lions.

Certainly there were no breeding elephant seals between 1890 and 1927 during which time the island was occupied as a sheep station.

At the present time there are almost two hundred breeding females and a very large number of bachelor bulls. It can only be concluded that, since the closure on sealing was applied, the animals have increased on the Macquaries and are now overflowing to the north.

If this source of potential wealth is jealously guarded, it may be possible in future years to exploit profitably the seal-oil on Campbell Island once again. If the breeding animals were untouched it might well pay to thin out the herds of bachelor bulls as is done at South Georgia.

