

## EXPECTANT MOTHERS

### Lactagol Ensures Breast-Feeding

Regular use of LACTAGOL strengthens and builds up expectant mothers in preparation for easy, natural breast-feeding later. It also increases the quality and nutritive value of the milk and maintains the supply of breast milk throughout the entire feeding period. For proof read this outstanding testimonial, written by a grateful mother who has proved the value of LACTAGOL.

34 Tennyson Avenue,  
Takapuna, Auckland,  
March 22nd, 1945.

Lactagol Ltd.,  
Dear Sirs,

I have just returned home with Baby after visiting the Plunket Nurse. Baby is now 3 months old and when Nurse measured him today she said he was the perfect baby. He was 7-lb. at birth and has been gaining 13-oz. on an average weekly. He is now over 14-lb. I have to thank Lactagol for this as I have been taking it regularly. I have five other children besides and could not breast feed any except the first. Also I am feeling so well myself and have picked up wonderfully after a long and difficult confinement. So once again I must say thank you for Lactagol. I always recommend it to any of my friends with new babies. You may use this letter.

I remain, Mrs. Les. Jack.

LACTAGOL has helped thousands of Mothers and Babies; let it help you—and your baby.

## LACTAGOL

Sold by all chemists.

Prices 2/6, 4/9, 8/6 (Economy size.).

R. T. Pearson & Co. Ltd., Mitcham, Surrey, Eng.

### FREE SAMPLE

Lactagol Ltd., Dept.

Box 977, Wellington.

Please send me free sample of Lactagol, together with useful booklet for expectant or nursing mothers.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_



**RELIEVE ASTHMA,  
BRONCHITIS, COLDS,  
COUGHS, CATARRH.**  
All tobacconists & chemists  
or from  
**JOHNSTONE & BRINDEN LTD.**  
P.O. BOX 132, AUCKLAND.

Packets, 10-1/1    Tins, 50-5/4

# SURAMA

MEDICATED CIGARETTES

## HEALTH BEGINS AT HOME

... and health is maintained at home! It's a wise family who always has a bottle of WINCARNIS in the house. For an occasional glass of WINCARNIS works wonders in keeping you in the pink of health. You see, WINCARNIS is a fine, full-bodied wine to which is added other nourishing ingredients.

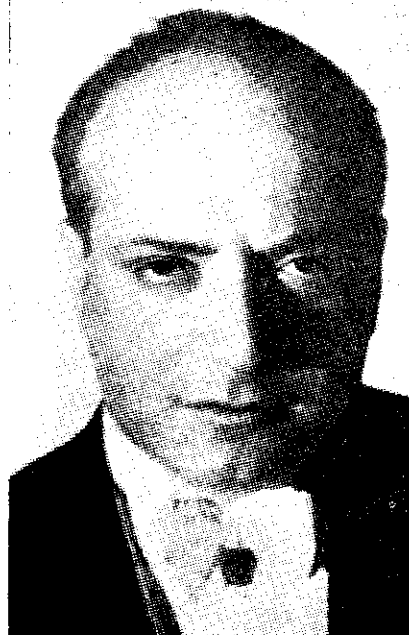
Take a glass whenever you feel tired—you'll feel better in a few minutes! Take a glass whenever you feel "out of sorts"—or better still, every now and then have a glass at mid-morning, or before your evening meal and you'll be delighted how seldom you will feel "out of sorts." Your chemist sells WINCARNIS—ask for it to-day.

Sole Distributors: Fossett & Johnson Ltd.,  
Levy Building, Manners St., Wellington, C.I.



BBC photograph

**SANDY MACPHERSON**, the English theatre organist, a great favourite with BBC listeners, who is well known here too through recordings. He is here photographed by the BBC for the session "Speaking to Forces Overseas," in which he discusses problems which face men still serving abroad



This is **GLYNNE ADAMS**, the young violin soloist, heard with the 42B choristers at 5.30 p.m. on Sundays. He has been awarded a scholarship at the Royal College of Music, London



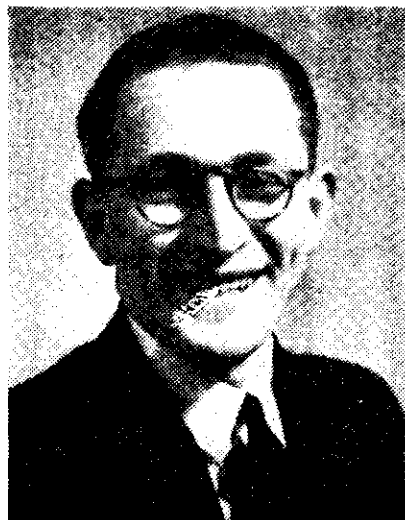
Above: **SIMON BARER** (pianist), who will be heard in 4YO's symphonic programme on Wednesday evening, May 15

Left: **BARBARA HORRELL** (mezzo-soprano), who will be heard singing five English songs from 4YA on Monday evening, May 13

Right: **FELA SOWANDE**, who will be featured in a programme of negro music from 4YO at 7.30 p.m. on May 14



BBC photograph



On Thursday evening May 16, 4YA will present music by New Zealand composers played by the 4YA String Orchestra conducted by Gil Dech. Above is **FRANK CALLAWAY**, one of the composers represented



**GORDON HUTTER**, the 1YA sports announcer who broadcast the ringside commentary on the Murphy-Patrick boxing match at Petone on April 27



**DR. W. COTTIER** (above), of the Plant Research Bureau, Auckland, is giving a series of Winter Course Talks on "Insects and Man" from 1YA on Thursdays at 7.15 p.m.