

When a silencer is rusted through, and full of holes, a deadly CO gas leaks out and seeps into the car body, causing healtaches, dizzyness, car sickness, and sometimes even death. If your Silencer is in this condition, drive to your garage and have it replaced with a brand new Ace silencer, specially designed for your particular make and model of car. It will give you maximum safety, more mileage, and better engine performance. A paying proposition, whichever way you look at it.

# ACE SILENCERS

CORRECT TYPES FOR EVERY MAKE AND MODEL OF CAR WHOLESALE ONLY:—E. W. PIDGEON & CO. LTD., THROUGHOUT N.Z.



## DAILY MOUTH-WASH

to offset infection

The Infection from Colds, Sore Throats and other far more serious ailments can start in the mouth.

A daily mouth-wash with Anti-Germ, will help ward off such infection and help keep the breath sweet.

# ANTI-GERM

Anti-Germ is a clear, non-poisonous Antiseptic of highest medical formula, with a oleasant taste.

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# RADIO RUNS IN THE FAMILY

### The Pollard Sisters Have Diverse Talents

MONG the pioneers of radio entertainment in New Zealand were three Welsh sisters — the Pollards — Bessie, Myra, and Vera. They started as members of a radio club in Christchurch when the only accommodation for performers was a wool-shed in Tuam Street, partitioned off with curtains. The trio later entered into broadcasting seriously. Two are musicians and the third is heard regularly in commercial talks sessions. And one of them married a member of the staff of the NBS, so there is a radio family of four.

Bessie Pollard, Mus. Bac., now studying for her Doctorate of Music, recalls in the early days having to enlist the help of her sisters in providing an evening's programme when scheduled artists did not arrive. During the war

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Miss Pollard is also a concert pianist and a composer. She has written several works for the piano, including a *Theme and Variations for Two Pianos*, which will be heard from 2YA in May. Recently she wrote incidental music for a performance in Wellington of *The Merry Wives of Windsor*.

#### One Studied Folk-Music

Myra (Mrs. Myra Thomson, of Christchurch) is a soprano, and also a pianist, but she has made a special study of

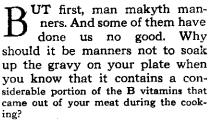
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Advice on Health (No. 253)

#### MANNERS MAKYTH MAN?

(Written for "The Listener" by DR. MURIEL BELL,

Nutritionist to the Health Department)

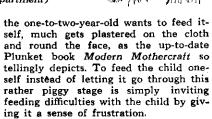


Why again, leave behind the egg-yolk which has all the vitamin A of the egg and which is a bigger contributor of vitamin D than any other of our foodstuffs—leaving it simply because it is unmanageable except through the assistance of a piece of bread.

A statement was made not long ago by a dentist that the use of a knife and fork has done a great deal of damage to the teeth, in that these implements have done away with the exercise to the jaws, and massage to the teeth, attendant on biting and tearing our food. The children are probably more right than we are when they pick up the chopbone in their hands, perhaps to the shame and confusion of their elders.

Why should asparagus be selected as the thing that we are allowed (or even expected) to take up in our fingers, while we are often supposed to spear unmanageable foods with our fork, sometimes with ruination to the clean tablecloth?

Yes, and that very clean table-cloth has been the cause of many derangements in the feeding of children. When



We all like to see clean table-cloths—and indeed they all help, along with the vase of flowers to aid digestion—but there should be some other way devised for keeping them clean when the infant is learning the co-ordination of movements that will lift food accurately to the hole in the face.

The food left on your plate "for manners" is a strange survival of a custom which in these times is badly out of place, but which had as its basis the thought that you should never allow your hostess to think she hadn't given you enough. The converse—that it is extremely rude to leave some on your plate if you have helped yourself—is more fitting in these times of world shortages of foodstuffs.

Manners should have the basic thought of putting the golden rule into practice and should be shorn of their false gentility. To-day it seems anything but "doing unto others as ye would that they should do to you" to waste food when people in the world are hungry. We need an anti-waste campaign, particularly against the custom of throwing away the ends of the loaf when the world is short of cereals.

New Zealand Listener, April 12