

PROGRAMMES



MAURICE POWER (above), who has returned to his old duties at 2ZB

Left: LEOPOLD STOKOWSKI, who conducts the Philadelphia Orchestra in works by Bach, to be heard from 2YC at 9.40 p.m. on March 23



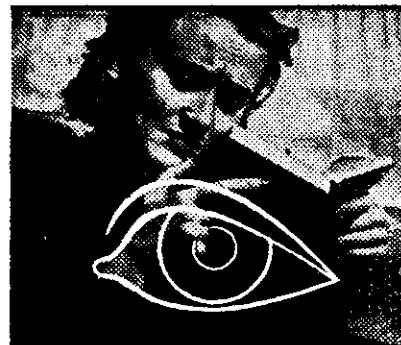
SGT. JIMMY WARD, V.C., whose exploits will be recalled in a session from 2ZB on March 20, at 7.0 p.m.



JEAN MacLACHLAN (mezzo-soprano), who will sing songs by Eric Coates from the 3YA Studios on March 23, at 8.31 p.m.



ADMIRAL LORD FRASER who, as Commander-in-Chief, Home Fleet, directed the operations which led to the destruction of the German battle-cruiser Scharnhorst in 1943. The story of the action is told in the session "Achievement," from 3ZR on March 18, at 8.15 p.m.



The care of the Eyes in the Home

Here are a few simple hints that will help keep your eyes healthy and comfortable.

- (1) Sleep with the window well open. Fresh air benefits the eyes.
- (2) Don't read facing or backing the window. Arrange if possible, for the light to come over your left shoulder.
- (3) Never rub the eye if you have a piece of dirt in it, or if you have a sty or boil. Always bathe the eye and if the trouble persists, consult a doctor.
- (4) Don't read in bright sunlight or twilight.
- (5) If you have the slightest doubt as to the efficiency of your sight, consult a Qualified Practitioner at once.

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