

To Keep Healthy

It's your duty to keep fighting fit too!
Keep* healthy—free from constipation—
by taking Nyal Figsen, the gentle laxative.
Figsen is pleasant-tasting and easy to take
—acts gently, yet thoroughly. Slip a bottle
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24 tablets—1/7.

Nyal Figsen
THE GENTLE LAXATIVE

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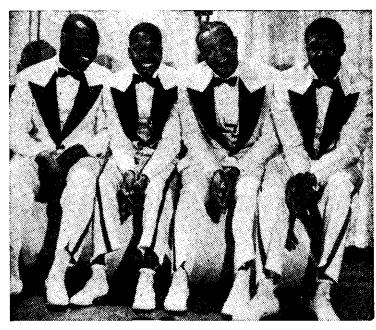
SALLY, 1ZB's Shopping Reporter; she is heard at 11.0 a.m. daily from Monday to Friday





*Alan Blakey photograph TESSA BIRNIE, who will be the soloist with the 1YA Studio Orchestra (conducted by Harold Baxter) in a recital of Liszt's Piano Concerto in E Flat Major on Friday, December 14

PEOPLE IN THE



Above: THE GOLDEN GATE QUAR-TET, whose recordings are heard frequently from the National Stations

Left: JEAN SIBELIUS, Finnish composer, whose eightieth birthday on December 8 will be celebrated in a programme from 2YA at 9.47 p.m. on December 11

Right: THE REV. M. HARCOURT, formerly vicar of Birkenhead, Auckland, and now of St. Anne's, Brooklyn, N.Y.; he will be heard in the U.S.A. programme from 1YA on December 12, at 10 p.m.



ORSON WELLES, who will be featured in the Stage Door Canteen programme from 3ZR on December 11 at 8.13 p.m.





EDWIN FRANKO GOLDMAN, of the Goldman Band, which will be heard from 3ZR on Monday, December 10, at 70 nm