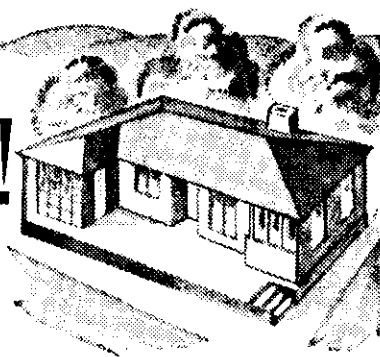


If you're selling HOUSE or FARM SELL TO A SERVICEMAN!

Is the property you are selling suitable for a Serviceman? Is it on your local Rehab. House and Farm Register? Having it on the Register doesn't commit you, but it does make sure that the man who fought in defence of your property has first chance to buy it.



*Quick Sale!
Spot cash!*

FIRST OPTION ON
HOMES FOR THE
MEN WHO FOUGHT
TO DEFEND THEM!



*Help him
settle down
in*

"CIVVY STREET"

*Call write or phone
Now*

REHABILITATION DEPT., Telephone

Call, write or phone your local Rehabilitation Office now.

**"WHAT AN
ACHIEVEMENT!"
"WHAT A BICYCLE!"**

If you can get hold of a B.S.A. Bicycle today you've achieved something. But if you're one of the lucky ones you'll agree that with their wartime model, B.S.A. have achieved something too. Post-war B.S.A. bicycles will be something more than something better. For sheer splendour of colour, design and performance, they'll eclipse even previous B.S.A. records. Some more B.S.A. Bicycles are now coming into the country. Ask your dealer if he has one available for you—you may be lucky. Or—put your name down and be sure of it when it arrives.

B.S.A. Representatives:
Bicycles: A. G. Healing & Co. Ltd.,
216 Madras St., Christchurch, and 42 Goble St., Wellington.
Auckland District: Sheates & White Ltd., 48 Fort St., Auckland.
Motor Cycles—N.Z.: Sheates & White Ltd.

BSA

BICYCLES AND
MOTOR CYCLES
B.S.A. Cycles Ltd., England.



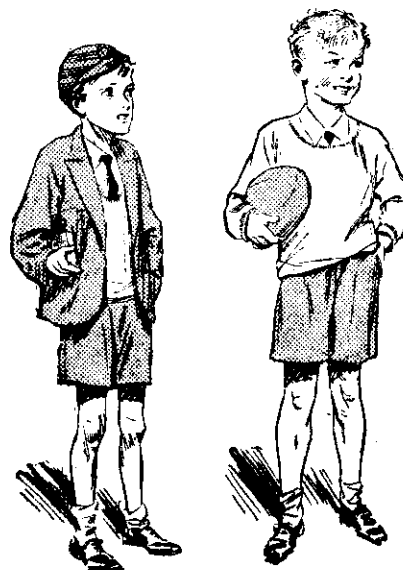
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ISSUED BY THE



DEPT. OF HEALTH

HOW IS YOUR CHILD?



THIN? . . . PALE? . . . OR . . . STURDY?

If your Jack or Jill is thin there is a cause for it—in all probability a cause that can be corrected. Check on these items:

- 1 **DIET**—Does your child get enough Protein "building material"? Such as Milk, Cheese, Meats, Dried Peas, Beans, Lentils. Sufficient Milk? Three or four glasses daily. And Cod Liver Oil or substitute each day.
- 2 **FRESH AIR**—A cooped-up, coddled child won't grow well. Sunshine, exercise, and fresh air day and night, help to build strong frames and robust bodies. Keep those bedroom windows open at night.
- 3 **SLEEP**—Proper food and fresh air are wasted without adequate sleep. During sleep, repair and building of the body goes on. Growth suffers if sleep is short. Children need 10-12 hours' sleep.

**Get these three right —
and watch the improvement!**

KEEP THIS ANNOUNCEMENT FOR FUTURE REFERENCE.

4b

FOR A HEALTHIER NATION

Happy future for your baby

ANKORIA

ALWAYS SAFE BABY FOOD

THE NEW ZEALAND CO-OPERATIVE DAIRY CO. LTD., ANZAC AVENUE, AUCKLAND