

For Sure BREAST-FEEDING

take Lactagol. Lactagol provides breast milk in plenty and is inexpensive to use. No matter what the conditions, regular use of Lactagol will ensure and maintain the supply throughout the entire feeding period.

Lactagol is of great assistance to expectant mothers and helps build up the body for natural breast feeding later. It also enriches milk which is lacking in nutritive value.

For proof, read this tribute to Lactagol:

6 Seymour Street,
Gore,

Lactagol Ltd.,
Dear Sirs, March 9th, 1944.

I received your free sample of Lactagol some little time ago. I have found it a great thing as my baby is only 7 weeks old and now weighs 12 lb. 6 oz. I have two other children to look after, the garden to see to and my husband is overseas, but in spite of all the worry on my hands the baby has never looked back.

I find that Lactagol is not expensive to use as a tin lasts me 2 months and I can buy it from my chemist. Your Lactagol has helped to build up my health. I never feel tired and my nerves are steady now but with the others it took me a long time to get back my health.

I have handed your card to a friend who is expecting in a few months time and hope that you will hear from her soon.

Yours faithfully,

Mrs. E. J. Gordon.

LACTAGOL

FREE: For sample of Lactagol, together with useful booklet for expectant or nursing mothers, write:

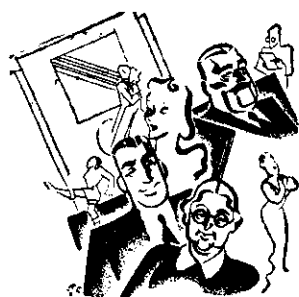
Lactagol Ltd., Dept. L.5 P.O. Box 977, Wellington.

Sold by all Chemists.

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R. T. Pearson & Co. Ltd., Mitcham, Surrey,
England.

13-4



Remembered Broadcasts

[NOTICE that one of my colleagues has opened the season for reminiscences of various broadcasts heard during the course of the late war. I should like to get in early with my own prize specimens, which very few will have heard. The time was late May, 1940, and the station an American one—I don't remember which. John Gunther was speaking and trying to give some sort of bird's-eye view of the military situation in Flanders; but he was no more able to take a clear view of things than his listeners were, and further messages of disaster—not all true—were apparently being handed to him every moment. So he was entirely incapable, as we all were, of stopping still and saying in cold words what the situation amounted to; his sentences—he was speaking very fast—kept rushing up to the edge of an announcement that the world had come to an end; then he would stop and ride off on some indirect and evasive statement, but come back almost at once, as if fascinated, towards saying something irrevocable, which he could not bring himself to articulate. Then there was a

RADIO VIEWSREEL

What Our Commentators Say

sudden halt; and he announced, in the routine dramatic voice of the American broadcaster, that the Belgian Army had capitulated. That was the first we had heard of it. Apart from the immediate implications of the news, this was an extraordinary glimpse of the Great American Alarm that was going on behind our own, and governed all their subsequent thoughts and actions until Pearl Harbour superseded it.

A Word for Mum

[INTO the three minutes or so of its talk "Looking After Mother," heard from 4YA, the Health Department crammed so much necessary information that I feel the urge to recommend this talk to those members of the family



who haven't already heard it. Anyone who has lived in a large family or read such a revealing book as *Working-Class Wives* will know that the health of the mother is the last to be considered and the first to suffer. It seems obvious enough that hot kitchens, airless bedrooms, and blinds pulled down so that the sunlight won't fade the furniture are things that mother can alter for herself if she is to get the benefit of fresh air and sunshine. But it requires the co-operation of the family to ensure that the cook-housemaid-nursemaid-char, known familiarly as Mum, gets adequate sleep, a rest when she is overtired, and a quiet mealtime during which she does not have to get up from the table to make tea, cut more bread, answer the phone, change the baby, or provide second helpings. In other words the Health Department recommends that families consider, for once, their mother as a person and not as a machine for providing meals and cleaning up after them. Flowers on Mother's Day may be very nice, but an offer to mind the baby, run a message, or wash the dishes, is a present worthier of its recipient.

"Dirge for Fiddle"

[IT wasn't possible to gather from the printed programmes just exactly what the Cecilia Choir was singing from 4YA. Someone made a jigsaw puzzle of the items and didn't have time to fit them together again—a couple of items got lost altogether, and several appeared twice. The most puzzling piece of the lot was labelled "Dirge for Fiddle," and I confess I wondered just what was going to eventuate, since this strange

title was given to a part-song by Vaughan-Williams. It proved to be Shakespeare's "Fidele," that lovely lyric beginning "Fear no more the heat o' the sun." These lines, if engraved on a tombstone, must surely reconcile the occupant to his quietude, always supposing he were sufficiently four-dimensional to be able to read his own epitaph. The Cecilia Choir, a small but carefully balanced group of women's voices, provided a programme of interesting part-songs, not the least beautiful of them being "They crucified my Lord," which though one of the least-heard is surely one of the most inspired of the Negro spirituals.

From Fights to Fairies

[PROFESSOR T. D. ADAMS, who has been reading to us lately from 4YA a series of poems dealing with famous fights, forsook the bloodthirsty sphere one evening and delighted his listeners with fairy poems instead. The fact that so many poets and musicians have given thought to depicting the fairy realm may quiet the scruples of any cynical listener whose scepticism forbids enjoyment of such readings. With Mendelssohn's "Midsummer Night's Dream" for introduction, followed by such favourites as "Up the Airy Mountain," the Ballad of True Thomas, and a trifle by the most fey of poets, Walter de la Mare, who could help admitting to a temporary belief in elfland? Possibly the gem of this collection was the description by Michael Drayton of "Pigwiggan Arming." Pigwiggan, with his coat of mail made of fishes scales, his rapier a hornet's sting, his helmet a beetle's head, his plume a horse's hair, sat mounted on a fierce curvetting earwig. It seemed to me the sort of thing no poet could invent, however fine his frenzy; and that to give a local habitation and a name, to such a creature of the unknown, Drayton must himself have been one of those changelings left in human cradles (Professor Adams tells us) by the fairy inhabitants themselves.

A Fearsome Profession

[THERE are no entrance examinations for this profession, no award wages, no statutory holidays, and death is the only discharge. The A.C.E. talk, "Sources of Information," did not mention these particular aspects when dealing the other day with the training and knowledge required for the profession of housewife, but it did give a formidable list of subjects she should master before considering herself properly equipped for her calling—law, economics, buying, cooking and nutrition, sewing, mending, gardening, entertaining and interior decorating. One might add, for these days of absent husbands and scarcity of skilled assistance, a readiness to tackle diagnosis, first aid and nursing, plumbing, electricity, bush-felling, carpentry, and the setting of rat-traps. The talk contained a wide and helpful survey of the ways and means of getting further information about the household arts and when it was over I wondered how many women wished that they had spent the whole of their first 25 years or so in direct and practical preparation for this exacting calling, and

(continued on next page)

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