

1ZB**AUCKLAND**
1870 kc. 280 m.

6. 0, 7.0, 8.45 a.m. London News
7.30 Junior Request session
8.30 Around the Bandstand
9. 0 Hawaiian Interlude
9.15 Friendly Road Children's Choir
10.30 You'll Enjoy Education
11. 0 Friendly Road Service of Song

6.30 Gleanings from Far and Wide
7. 0 Evening Service from the Salvation Army Citadel (Adjutant G. Spillet)
8. 0 Boston "Pops" Orchestra
8.15 Station Notices
"This Secluded Isle: Fleet Street, London"
8.45 Sunday Evening Talk
9. 0 News and Commentary
9.20 Royal Artillery Band, Home Guards on Parade
9.25 "Mr. Meredith Walks Out"
9.37 Slumber session
10. 0 Close down

4ZD DUNEDIN
1010 kc. 297 m.

6. 0 a.m. Tunes for the Breakfast Table
9.30 Radio Church of the Helping Hand
10. 0 Morning Melodies
10.15 Little Chapel of Good Cheer
10.45 Light and Bright
11. 0 Favourites in Rhythm
11.30 A World of Music
12. 0 Close down

Sunday, April 29

12. 0 Listeners' Request session
1.15 p.m. London News
2.45 Notable Trials
4.30 One Man's Family
4.45 Diggers' session (Rod Talbot)
5.30 Storytime with Bryan O'Brien
6. 0 Talk on Social Justice
6.15 London News
6.30 Uncle Tom and the Sankey Singers
7. 0 A.T.C. Quiz
7.30 Radio Theatre Programme
8. 0 Travellers' Tales: Pioneer in Petticoats (BBC production)
8.30 Community Singing
8.45 Sunday Night Talk
9.15 The Living Theatre: Take Up the Sword
11. 0 London News

2ZB WELLINGTON
1130 kc. 245 m.

6. 0, 7.0, 8.45 a.m. London News
8.15 A Religion for Monday Morning
9. 0 Uncle Tom and Children's Choir
9.15 Band session
10.30 Friendly Road Service of Song
11. 0 Cheerful Tunes
11.12 Comedy Cameo
11.30 Diggers' session
12. 0 Listeners' Request session
1.15 p.m. London News

1.25 The Hit Parade
2. 0 Radio Matinee
3. 0 Notable Trials
4.45 Session for the Blind
5. 0 Storytime with Bryan O'Brien
5.25 Favourites of the Week
6. 0 Talk on Social Justice
6.15 London News
6.30 For the Old Folks
7.30 Evening Concert Programme
8. 0 Travellers' Tales: Negley Farson Goes Hunting
8.30 Reserved
8.45 Sunday Night Talk
9. 0 Orchestral Cameo
9.15 The Living Theatre: The Case History of a Fascist
10. 5 Restful Melodies
10.30 Variety
11. 0 London News

3ZB CHRISTCHURCH
1430 kc. 210 m.

6. 0, 7.0, 8.45 a.m. London News
9. 0 Uncle Tom's Children's Choir
9.15 Band session
10. 0 Hospital session
11. 0 Friendly Road Service of Song
11.45 Sports Talk (The Toff)
12. 0 Luncheon session
1.15 p.m. London News
2. 0 Radio Matinee
3. 0 1ZB Radio Theatre
3.30 Notable Trials: The Trial of Sir W. Raleigh

5. 0 Storytime with Bryan O'Brien
6. 0 A Talk on Social Justice
6.15 London News
6.30 Entr'acte, with George Thorne at the Civic Theatre Organ
6.45 A.T.C. Quiz
8. 0 They Lived to Tell the Tale: Bombs, Fire and Water (BBC production)
8.30 Community Singing
8.45 Sunday Night Talk
9. 0 Light Classical Interlude
9.15 The Living Theatre: Passport to Freedom
10.45 Restful Music
11. 0 London News

4ZB DUNEDIN
1310 kc. 329 m.

6. 0, 7.0, 8.45 a.m. London News
9. 0 Songs of Praise
9.30 Dunedin Choirs
10. 0 Radio Ward
11. 0 Sports Digest
11.15 Morning Star
11.30 With the Bandmen
12. 0 You Asked for It
1.15 p.m. London News
2. 0 The Sunday Show
2.30 Notable Trials
4.30 We Discuss Books
5. 0 Storytime with Bryan O'Brien
5.30 4ZB Choristers, conducted by Anita Oliver
6. 0 A Talk on Social Justice

6.15 London News
6.30 The Diggers' Show (George Bezar)
7. 0 A.T.C. Quiz
7.15 They Lived to Tell the Tale: A Dream in the Jungle (BBC programme)
7.45 1ZB Radio Theatre
8.15 Professor I.Q.
8.45 Sunday Night Talk
9. 0 Columbia Community Singing Film
9.15 Hit Parade
9.30 The Living Theatre: Revolutionary Study
11. 0 London News

2ZA PALMERSTON Nth.
1400 kc. 214 m.

8. 0 a.m. Bright Records
8.45 London News
9. 0 Voices in Harmony
9.15 Victor Silvester and his Music
9.30 Old Favourites
9.45 Famous Orchestras
10.15 Hawaiian Melodies
10.30-12.0 Listeners' Request session
5. 0 p.m. Storytime with Bryan O'Brien
5.30 Radio Theatre
6.15 London News
6.45 A.T.C. Quiz session
7. 0 Music Lovers' Choice
8. 0 Travellers' Tales — They Come to London (BBC production)
8.30 Reserved
8.45 Sunday Night Talk
9. 0 The Living Theatre: I Take the Sun
10. 0 Close down

PAINS AFTER EATING ?**Then Try This !**

Take one teaspoonful of De Witt's Antacid Powder in a little water, then . . . relief! Mark how quickly pain and discomfort are eased. Usually one dose is sufficient to relieve after-meal pains, especially when they arise from conditions of excess stomach acidity (*hyperacidity*). When food lies like lead on your stomach, let this grand remedy get to work for a while and then see how much easier you feel.

Yes, De Witt's Antacid Powder does relieve indigestion quickly, but it does more than that. Excessive stomach acidity—the cause of pain—is neutralised so that your food can be comfortably digested. Then, the irritated stomach is soothed and protected, and your next meal will not be an extra



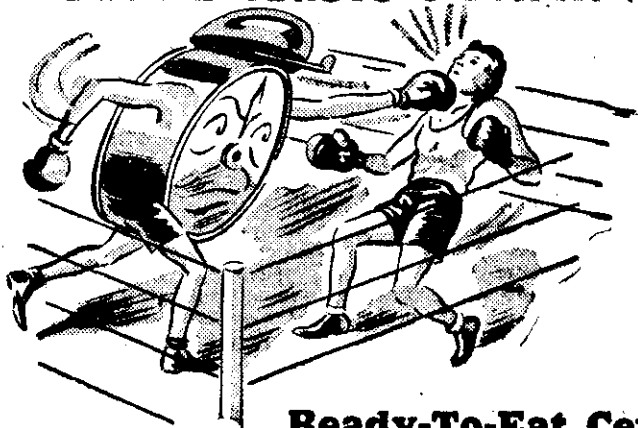
burden on an already upset digestive system. But to make certain, a timely dose of De Witt's Antacid Powder before you eat and all should be well.

Always have a canister of De Witt's Antacid Powder in the house, ready for use the moment it is needed. After all, if pain is avoidable the sensible thing is to avoid it. So let De Witt's Antacid Powder take the pain out of eating for you.

DeWitt's
ANTACID POWDER

For Indigestion, Acid Stomach, Heartburn, Flatulence, Gastritis and Dyspepsia. In large canister, price 2/6 (plus Sales Tax). A product of E. C. De Witt & Co., 2 Cherry Orchard Rd., Croydon, England.

Neutralises Acid
Soothes the Stomach
Relieves Pain

**TIME VERSUS TOMMY!****Ready-To-Eat Cereal!**
save time but lose vitamins.**COARSE OR FINE**

VI-MAX still sells at pre-war prices in 3lb cartons and 7lb bags. D. H. BROWN and SON LTD., Moorhouse Avenue, Ch'ch.

Don't let the clock beat the family at breakfast. The little time taken to prepare VI-MAX Porridge is more than repaid because VI-MAX does not lose its vitamins through drastic pre-cooking or in the making of porridge. Another VI-MAX advantage is that VI-MAX has less "crude fibre" than whole wheat. "Crude fibre" contains a decalcifying agent. VI-MAX therefore, offers more calcium for bone and teeth building.

