

The care of the Eyes in the Home

Here are a few simple hints that will help keep your eyes healthy and comfortable.

- (1) Sleep with the window well open. Fresh air benefits the eyes.
- (2) Don't read facing or backing the window. Arrange if possible, for the light to come over your left shoulder.
- (3) Never rub the eye if you have a piece of dirt in it, or if you have a sty or boil. Always bathe the eye and if the trouble persists, consult a doctor.
- (4) Don't read in bright sunlight or twilight.
- (5) If you have the slightest doubt as to the efficiency of your sight, consult a Qualified Practitioner at once.

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10.4

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THINGS TO COME

A Run Through The Programmes

MONDAY

AN anonymous tract published in London in 1703, "By a Person of Learning and Piety," announced a belief that migratory birds travelled to the moon to pass the winter. They required no food, as they travelled in a rarefied ether! Other early writers held a transmutation theory, believing that with the approach of winter a bird might be transformed into another species, to remain thus until spring, when it resumed its proper form. We hope we are correct in assuming that we are dealing with visitors of this kind and not with politicians when we announce a talk, at 7.10 p.m. from 4YA on Monday, January 22, entitled "Australian Birds Visit Westland," by E. L. Kehoe.

Also worth notice:

1YA, 10.0 p.m.: Bowling Championship Results.

2YA, 9.40 p.m.: "The Young in Heart" (Play).

TUESDAY

THE plain man likes Tchaikovsky's works, and most candid musicians, not led astray by theories about him and his compositions, will agree with the plain man. His strong emotional expression quickly captured the ear of audiences in Britain and the United States and in those countries, as in some others, he was the first Russian composer to become familiar to the public. A good deal of sentimental nonsense has been written about his pessimism and his constant cry that he was losing his powers and must stop composing. His powers went on ripening to the end. To-day his works stand out for their wide emotional range and therefore extremely wide appeal. Listeners to 3YL on Tuesday, January 23, will hear, at 9.14 p.m., the Trio No. 2, Op. 50.

Also worth notice:

3ZR, 6.45 p.m.: "America Speaks to New Zealand" (Jan Struther).

4YO, 9.0 p.m.: Beethoven Quartet, Op. 59, No. 1.

WEDNESDAY

SUSPICION is a strange thing. It gathers force stealthily like a cancer. It is subtle, sinister, feeding upon lies and evasions, till it twists the sanest minds to its way of thinking. A promotion, a cross word, and the twisted mind of an old man were enough to start a flame of suspicion burning with strange results. The crime was murder. Tune in to "Tasman Crossing," an NBS production to be broadcast from 2YD on Wednesday, January 24, at 9.2 p.m.

Also worth notice:

1YA, 8.32 p.m.: String Quartet in G Major (Bax).

3YA, 9.30 p.m.: Violin Concerto in B Minor (Elgar).

THURSDAY

JANUARY 25 is the 186th anniversary of the birthday of Robert Burns, the day when all good Scots foregather and pipe in the Haggis and sing guid auld Burns songs. Of course everyone with Scottish blood in his veins knows how to make haggis, so we will not go into the

gruesome details here. The birthday is to be celebrated by 2YA at 9.40 p.m. At that time a birthday commemoration programme of songs and poems of The Bard will be given by the Studio Singers, with J. B. Thomson as the narrator.

Also worth notice:

1YX, 8.31 p.m.: Clarinet Quintet (Bliss).

3YA, 8.30 p.m.: The Amazing Adventure of Ernest Bliss (new serial).

FRIDAY

MOUNTAINS, as any climber will tell you, are spell binders. So unless you are willing to devote your whole life to the mountains keep away from them. Two or three successful climbs and you will be a pack-carrying slave for ever. You, and perhaps your children too, for the disease often runs through two or three generations. It is not surprising therefore that Grace Butler, the Canterbury artist who specialises in mountain paintings, should have a daughter who writes of the mountains, and talks about them. You will hear her if you listen to 2YA at 11.0 a.m. on Friday, January 26.

Also worth notice:

1YA, 9.25 p.m.: Piano Concerto No. 1 (Beethoven).

3YA, 8.32 p.m.: English Organ Music (recital by Dr. J. C. Bradshaw).

SATURDAY

"WHAT do you know for the 27th?" the barber asked the other day as his clippers gave the back of our neck

a final loving snip. We looked blank. "Got any information?" he said with a rather pitying look. Still we didn't respond. Then we realised that on Saturday, January 27, the Wellington Racing Club's meeting would be held. "If you don't know anything," said the barber darkly, "I'll tell you something. Put everything you have on 'Shortpants'; he'll pay a long price." For the sake of amity and a desire to appear as sophisticated as the local Figaro, we said we would. At 11.30 a.m. 2YA will broadcast commentaries on the races, giving listeners details of the usual crop of financial joys and unproductive dolours.

Also worth notice:

1YX, 9.34 p.m.: Beethoven Symphony No. 4.

2YC, 9.0 p.m.: "Facade" Suite (Walton).

SUNDAY

MARY WESTLAKE was an actress with personality plus. She was also contrary as ever a Mary could be, so it was not to be wondered at that country-cousin Sheila took fright when Mary appeared in the little fishing village of Hinton St. Henry, on the South Coast of England. St. John Ervine sets the small community in an uproar in his play "Mary, Mary, Quite Contrary," but it is an hilarious uproar subtly woven round the contrariness of Mary Westlake, and listeners to the radio version of this play from 2YA on Sunday, January 28, at 9.50 p.m., should wriggle in their seats with delight as the farce unfolds. This is an NBS production.

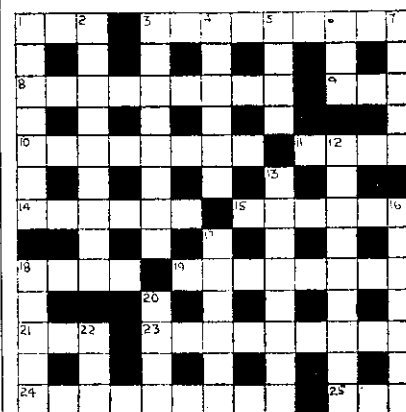
Also worth notice:

1YA, 8.15 p.m.: Opera: Andrea Chenier (Giordano).

4YZ, 3.0 p.m.: Variations on a Theme of Tchaikovsky (Arensky).

THE LISTENER CROSSWORD

(No. 229: Constructed by R.W.C.)



Clues Across

1. With 22 down and 9 across, this evens things up.
3. I'd her plan to flirt.
8. Tires Rita—naturally this causes annoyance.
9. See 1 across.
10. Evidently they weren't scratched.
14. Arched on domed recess.
14. Fever, peril, or streak?
15. Reginald Gardner has made a record about them.
18. See 13 down.
19. The Warsaw one isn't one at all.
21. Part of myself.
23. Answers composed of roses and pens.

Clues Down

1. "Thy this" might be an appropriate and welcome invitation if you're this.
2. Paul in a train?
3. Tie point (anag.).
4. Oblige to live within prescribed limits.
5. Besides.
6. Spot.
7. Coming early from the heart.
12. Prior mess (anag.).
13. And 18 across gives the title of a book by Mary Webb.
16. Platform projecting from the side of a ship.
17. Old-fashioned remedy for colds.
18. Staff of life.
20. Strait-laced person.
22. See 1 across.

(Answer to No. 228)

