

(continued from previous page)

can never happen in Norway. "Now it all begins over again—the shooting, the hostages, the reprisals," he declares bitterly as the false quiet of the first few days of occupation in Selvik is broken by a shot through a window. It is because the German commandant is so plainly a man whom duty and force of circumstance are compelling to act in a way contrary both to his reason and his desire, and because he shows some understanding and even sympathy for his victims, that the character of Major Lanser is the most controversial in the film.

But it is a homesick young Nazi lieutenant (Peter van Eyck) who supplies the story with its key phrase when, cracking under the strain, he exclaims ironically, "The flies have conquered the flypaper!" And this same young Nazi is the most warmly human of them all: it is he who is stabbed by the Norwegian girl (Dorris Bowdon) to whom he has gone when hungry for companionship and affection.

Although there are Norwegian heroes in this story, there are no false heroics anywhere, no suggestion that the Germans are anything but tough opponents, and no last-minute rescues of the "goodies" from the "baddies." The major and the mayor are treated with a little less subtlety and sensibility by Hollywood than they are in the novel, but they are treated with respect, and I have no complaint with the way Sir Cedric Hardwicke and Henry Travers have interpreted them.

This film has about it something of the finality and inevitability of a Greek tragedy; almost all the characters—even the little quisling storekeeper (E. J. Ballantine)—are men under compulsion, obeying forces beyond their control. It is rare to find the cinema tackling such a theme. It is rarer still to find it making a success of it.

What's that? You don't like Greek drama and you do like your Nazis to be thoroughly nasty as well as stupid? Well, then, I suppose you'd better miss *The Moon is Down* and see instead—

## FIRST COMES COURAGE

(Columbia)



SAYS one of the characters:

"In Norway to-day there is no place for personal feelings." Well, I don't know about Norway, but there is plenty of place for them in this film—7890 feet to be exact. Merle Oberon is a Norwegian secret agent with a large estate, who pretends to be a quisling; Brian Aherne is a captain in the British Army who fell in love with her years ago during a skiing holiday, and looks her up again in the course of a commando job; and Carl Esmond is the very confiding Nazi commandant of the town of Stavik, who tells Miss Oberon practically everything that British Intelligence wants to know. To help the Cause, Miss Oberon renounces the captain and marries the Nazi, but the commandos arrive in time to spoil their wedding-night. However, she still puts the Cause before the captain, and there is a sad, sweet parting at the fiord's brink.

*First Comes Courage* was directed by a woman, Dorothy Arzner, but suffers nothing on that account from feminine squeamishness; the throat-cutting and back-stabbing by the commandos is as bluggy, bold and resolute as anything Hollywood has shown us.

ISSUED BY THE



DEPT. OF HEALTH



## DON'T WASTE YOUR VEGETABLES

You need plenty of vegetables. Grow your own if possible. Every day have potatoes and at least one green or one yellow vegetable (carrot, swede, yellow turnip, etc) plus any other vegetable you like (onions, parsnips, beets). And remember—the secret of nutrition is in the cooking.

**SPEED, SPEED!** Don't shred or cut green and yellow vegetables until the water comes to the boil. Exposure to air when cut up, or long drawn out cooking destroys vitamins! Use the dark outer leaves of greens as well as the pale inner leaves. Use a very small quantity of salted water, put the lid on the saucepan and cook quickly. Green vegetables should be tender in 10 to 15 minutes. Then drain and serve immediately.

**VITAL TIPS FOR VITAMINS.** Use the vegetable cooking water for soup, gravy or sauce. Never throw it away. Don't use soda if you want nice, crisp vegetables. Potatoes should be baked or boiled in their jackets. Serve "other" vegetables when possible with white or parsley sauce made with dried skim milk.

### THE GOLDEN RULES

- 1 Prepare and cook all vegetables quickly, with the lid on.
- 2 Serve all vegetables as soon as cooked.
- 3 Use the vegetable cooking water.

*Vegetables are the test of the good cook*

25

FOR A HEALTHIER NATION

**Order Your Copy of  
DIGEST OF TO-DAY 1/-  
Now on Sale at All Newsagents**