



WEET-BIX & HOT MILK

is all warming goodness

Here's a winter breakfast that really sets you aglow—Weet-Bix and hot milk. Weet-Bix, with its sixteen vital food elements in its whole wheat grains, is a wholesome food in itself. But add to it the health that's in piping hot milk, and hey presto! You have a winter breakfast that's all warmth and all nourishment.

Tomorrow—make it Weet-Bix and hot milk for an easy, healthy breakfast that takes the nip out of winter mornings.

Weet-Bix is a pure natural health food made by the Sanitarium Health Food Company, Harewood Rd., Papanui, N.W.2, Christchurch.

WEET-BIX A WINTER BREAKFAST THAT'S

GOOD: The abundance of body building and energising food in Weet-Bix and hot milk gives plenty of nourishment.



QUICK: A Weet-Bix and hot milk breakfast takes only as long as it takes to heat the milk. Saves time, temper and fuel.



AND SIMPLE: Weet-Bix comes ready to serve straight from the packet. Simply add hot milk. There's no long cooking... no messy pots to wash.



Master... don't plaster the Hair



WATER



OIL



Vanbro Hair Cream is neither oily nor scented. / It gives the hair a nice gloss and holds it in place. A man's hair cream to do a man's job. 1/7 a jar everywhere.

VANBRO

HAIR CREAM

For Sale by B. B. Ltd., Lower Taranaki St., Wellington.