

WHAT IS THE HERMO-PACK?



These two packs may look the same but...



Only-

HUDSONS BISCUITS

HAVE THEIR OVEN-FRESHNESS PRESERVED IN THE EXCLUSIVE *Hermo-Pack*

FIVE minutes after they leave the oven, Hudsons Biscuits are sealed from air, water or dampness . . . by Hudsons exclusive Hermo-Pack process. All the oven-freshness and crispness is literally locked up . . . imprisoned . . . until you open the packet in your own home. The biscuits are actually "five minutes fresh" from the oven. Hudsons Hermo-Pack is a double wrapping of special waxed paper . . . sealed by heat by an exclusive machine. Hudsons delicious biscuits come to you therefore, fresher, crisper and more appetising in their oven freshness than can possibly be achieved by other wrapping. Ask for them! Try them! And realise what Hudsons Hermo-Pack means!



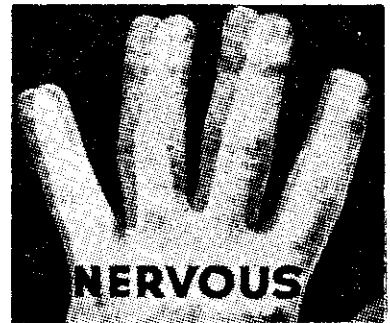
"Yes, Madam, every MAID-OF-ALL-WORK MOP is GUARANTEED"

Will give you longer and better service.
Obtainable from all stores.

**Maid-of-all-Work
Dustless MOP**

Made in New Zealand by
BUNTING & CO. LTD., Christchurch.

A GIANT can SHAKE with NERVES



IN ANY LANGUAGE, Nervousness IS ENDOCRINE HUNGER!

Every day the number increases! More and more strong men and women—people with high grade temperaments—are falling down helpless before the tyrant NERVOUS BREAKDOWN. The food and general living habits of our childhood are taking their toll. To some, it comes sooner, but to those in middle life, tragedy stalks without mercy in hidden, baffling symptoms of fatigue, irritability, suspicion, sleeplessness, anaemia, melancholy, exhaustion, obscure leg pains, headaches and backaches, fears, crying without cause, self-consciousness, inferiority feelings, sex neurosis, shaky hands, unreasonable touchiness, sense of frustration, lack of ability to concentrate, dizziness, skin and hair degeneration, and hair trigger nerves.

If insanity is avoided, the sufferer is forced to give up his life work. Often he tries to keep on, because his physician cannot see immediately that any disease exists. He suffers in his work, or fails entirely. Some commit suicide, others seek divorce; still others lose all financially and become objects of charity, with an uncertain future. Love interest is gone because no magnetism is left. The depleted glandular system no longer responds to joy, ambition or healthy interests.

Fate is Controlled by the Endocrine Glands —says Einstein

The world's greatest physicians no longer laugh at the neurasthenic patient, trying though he is! They now know that hysteria, nervous breakdown, low vitality, fears, lack of personal magnetism, fatigue, etc., are often one great disease and that is ENDOCRINE HUNGER.

Spellbound, the open-minded Doctor watches the great endocrine and nutrition specialists demonstrate the magic of the remaking of a man or a woman. To-day, nervous breakdown, diabetes, asthma, arthritis, mental deficiency, goitre, and hosts of ailments are successfully met with endocrine and nutrition therapy—in a brilliant manner.

Endocrine Gland Therapy Is Not Magic

The real magic exists in ourselves—not in the powerful endocrine and nutritive substances which to-day are changing the fate of individuals and nations because of our reaction to them. Dr. H. B. Shaw, Dr. A. Lowenthal, Dr. Spring, Prof. E. Albers and hosts of others who have worked in this seemingly magic specialty

have kept their feet on the ground. When they say NERVOUS BREAKDOWN, with its business failure, unhappy home life, and suicidal tendencies, can vanish quickly, THEY MEAN IT. When they connect the underfed vital glands with nervous breakdown, they know that both men and women are suffering needlessly, blindly, afraid to tell their physician all their symptoms. The loss of courage and confidence in man is endocrine hunger. The loss of poise, charm, skin and hair beauty and sex attraction in a woman is endocrine hunger. Men who suffer with prostrate difficulties and low vitality—who become sensitive and fearful of life, are endocrine hunger patients. Their peculiarities, suspicions and failures are all unnecessary.

How the 'Courage' Gland Restokes the Nervous System of Both Men and Women

The thrill of strong muscles, the full enjoyment of every moment of life, the thrill of personal magnetism, and the courage and poise necessary to accomplish in life can be given again to men and women who have lost their confidence and their attractiveness. Again can be born the restful sleep of healthy nerves, the quick response to new ideas, the bright eye, clear skin, gleaming hair, normal response, together with a happier outlook towards others. Endocrine feeding with "Spermadrine" accomplishes its work by feeding all the vital glands. "Spermadrine" is not a drug. It is a purified gland substance with what is known as the Leydig cells, found in the interstitial glands, together with certain food minerals.

LEARN THE AMAZING FACTS—FREE!

Space does not permit the quoting of hundreds of authorities who say the only way to outwit NERVOUS BREAKDOWN is to feed these glands with "Spermadrine." The best way for each one who suffers is to fill in and post the coupon below—AT ONCE! Full information and prices of this amazing Endocrine Food will be sent FREE. "Spermadrine" is not sold at Chemists. It is obtainable only from our Offices—Endovita Coy. of New York, P.O. Box 1050, Auckland.

FREE COUPON—SEND NO MONEY

Endovita Coy. of New York,
Dept. N, P.O. Box 1050,
Auckland, N.Z.

I enclose 2d stamp. Please send full details and prices of "Spermadrine."

Name

Address

.....N.Z.L. 25/8/39