The Ladder of Health

Is your child at the top?

ibis diagram shows the results of an important investigation into the growth of children between two and five years

Weekly Gain:

2.6 oz. while on VIROL.

1.2 oz. while on Halibut Oil (and Milk).

1.0 oz. while on Cod Liver Oil.

0.3 oz. while nothing was added to usual meals.

Recently a mother was heard to say:
"I do all I can to build up my kiddies' strength, but they are always catching colds or some other infection.
I'm afraid they are naturally identicate."

This common complaint from anxious mothers is entirely wrong! There is no such thing as being "naturally delicate." The simple fact is that growing children, however sound their appetites, need "something extra" to maintain proper growth. Ordinary foods cannot supply all the demands of a young and growing body. VIROL only can supply everything kiddies need for their healthy development — as proved clearly by the scientific investigations described above.

Wouldn't you like to see your children growing healthier, stronger, and happier every day. Try them on VIROL! And watch VIROL build firm flesh and muscle, sound bone and teeth.

VIROL

if Virol is unobtainable from your chemist or storekeeper, write to the New Zealand Distributors—

WRIGHT STEPHENSON & CO. LTD., P.O. Box 1520, Wellington. YOU DON'T NEED



FOR CUSTARD

All the year round whatever the price of eggs, you can serve Edmonds delicious custards—Sure-to-Please—in six flavours to suit every taste. Serve Edmonds often

-and in winter serve it hot!

EDMOND

TO PLEASE" CUSTARD

Free Sample

If you haven't yet tried Edmonds Custard send your name and address and 1d. stamp for postage, etc., to Dept. L, T. J. Edmonds Ltd., Christchurch, and a generous free sample of Edmonds Vanilla Custard Powder will be sent you.

Makers also of EDMONDS "SURE-TO-RISE"

BAKING POWDER

R and "SURE

"SURE-TO-SET"

-AND FOR CAKES

AND FOR CAKES

Now eggs are dear, keep a tin (

Redwords Cake-Baking Powder hand

Edmonds Cakes in plenty)

and make cakes in plenty

JELLIES.

EXCLARKS

EXTRA

Strong

COUGHS, COLDS,
ASTHMA, BRONCHITIS, ETC.



