

The Oxygen Beautifier

Every time you use it, Ven-Yusa is adding to your beauty and charm. It brings to your dressing-table the rejuvenating, clarifying properties of pure health-giving Oxygen.

Use Ven-Yusa to keep your complexion clear, radiant and youthful—to soften, smooth and refine your skin, and protect against shiny skin, chafing redness, irritation, and other complexion worries. Its appealing fragrance and perfect *non-greasy* character, make Ven-Yusa delightful to use at all times.

Beautifully refined and delicately perfumed, Ven-Yusa has a subtle charm all its own. It is impossible to obtain a more perfect cream. A trial will prove that Ven-Yusa should have a permanent place on your dressing-table.

VEN-YUSA
The Oxygen Face Cream

Will Soften and
Beautify Your Skin

Prepared from the purest ingredients only Ven-Yusa cannot clog the pores as ordinary creams do. 2/- per dainty jar—all chemists.



SUMMER SALADS

ALWAYS GREEN AND FRESH

A few feet of ground will suffice for work like this, and a child could do it successfully. In any family the provision of salads might be made the consideration of pocket-money for Young Hopeful.

IN Summertime the value of fresh, green, uncooked vegetables can scarcely be over estimated. Their crisp coolness is peculiarly gratifying to our parched palates, and they afford to our enervated systems a natural restorative which no cooked vegetable can supply.

Fresh cut from our garden, they retain in perfect, unaltered condition the natural salts of the plant.

A plentiful supply of such food would obviate entirely recourse to those artificial remedies which, unfortunately, are most commonly resorted to by a great majority of the people.

To procure these salad plants, make beds raised an inch or two above the paths, and about three feet wide. The beds should be well enriched with rotten manure, and be made light in character with, if necessary, the addition of sand and leaf mould.

Sow such a bed with all kinds of plants suitable for salads, covering the seeds lightly and pressing the covering down. The bed should be moist when the seed is sown; a thorough watering the day before the seed is sown is the best course to pursue.

After sowing, give a light sprinkling of water through a very fine rose, and cover the bed with some shading material, or with a frame.

When the plants show through the soil sift over them at weekly intervals a thin layer of fine horse manure, and keep the bed moist by a good watering every day.

The plants will make rapid succulent growth, and they must be used when in their young state, as at this time of the year the warmth of the atmosphere will cause them to go rapidly to seed.

A succession of such sowings can be made throughout the Summer, and will be found, from the point of view of health, one of the most profitable investments the household can make.

The New Baby



They say it's hard to be a first baby.

So it may have been years ago; but nowadays there is VIROL—which, added to ordinary cows' milk or packed milk, endows it with all the digestible and life-giving elements necessary to baby's health and growth.

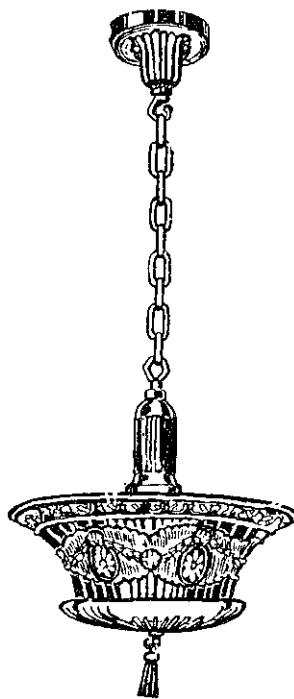
Virol contains bone marrow, malt extract, eggs and lemon syrup with the salts of lime and iron. Perfectly balanced, and readily assimilated by the most delicate digestions, Virol is the best and safest food to wean a baby on. Virol builds sturdy limbs, good teeth and a strong constitution.

VIROL

On sale everywhere.

Wholesale Agents: **Wright, Stephenson & Co. Ltd.**,
P.O. Box 1520, WELLINGTON, N.Z.

BETTER LIGHTING for the HOME



There are No Shadows in the room at night when this perfect Electric Light Fitting is installed.

"DUPLEXALITE"

When choosing Electric Light Fittings, be sure to see the artistic "Duplexalite." It means perfection in electric lighting—positively overcomes shadows and glare, and gives restful, soft light. In our special Darkrooms you are able to see the "Duplexalite" under night conditions at any time of day. Inspection is cordially invited. Note our convenient new address for all electrical needs.

The NATIONAL ELECTRICAL & ENGINEERING CO. LTD.

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