

APPENDIX B.

LIST OF CONTENTS OF WEEKLY FOOD PARCELS DESPATCHED BY THE NEW ZEALAND PRISONERS OF WAR DEPARTMENT.

NEW ZEALAND PARCELS FOR GERMANY.

No. 1.

1 lb. tin roast beef and vegetables.
 1 lb. tin pork sausages.
 1 lb. tin finest Alaska salmon.
 1 lb. tin jam.
 1 lb. packet rolled oats.
 1 tin café au lait.
 1 tin cocoa, sugar, and milk.
 1 soup square (mock-turtle, &c.).

1 tin mustard.
 $\frac{1}{2}$ lb. dripping.
 1 lb. carton dates.
 $\frac{1}{2}$ lb. tin condensed milk.
 $\frac{1}{2}$ bar Sunlight soap.
 $\frac{1}{4}$ lb. tea (No. 29).
 1 lb. sugar.
 1 tin sardines.

No. 2.

1 No. 1 tin corned beef.
 1 tin French beans.
 1 lb. tin ox-cheek and vegetables.
 1 tin herrings, kippered.
 1 lb. butter-beans.
 $\frac{1}{2}$ lb. finest margarine.
 1 tin marmalade.

$\frac{1}{4}$ lb. packet tea (No. 29).
 $\frac{1}{2}$ lb. tin condensed milk.
 $\frac{1}{2}$ lb. sugar.
 4 oz. tin salmon-and-shrimp paste.
 1 tin six standard consomme.
 $\frac{1}{2}$ lb. chocolate.
 1 cake toilet soap.

No. 3.

1 lb. tin roast mutton and vegetables.
 1 tin Scotch broth.
 1 tin herrings in tomato sauce.
 1 lb. Irish sausages.
 1 Mulligatawny soup square.
 4 oz. tin sardine paste.
 1 lb. rice.

1 lb. tin condensed milk.
 $\frac{1}{2}$ lb. dripping.
 1 packet table salt.
 1 cake toilet soap (coal-tar).
 $\frac{1}{4}$ lb. tea (No. 29).
 1 lb. sugar.
 1 lb. tin puddings, various kinds.

No. 4.

1 lb. tin roast beef and vegetables.
 1 lb. brawn.
 1 tin sardines in oil.
 1 lb. medium oatmeal.
 $\frac{1}{2}$ lb. finest margarine.
 1 tin cooked spaghetti.
 1 lb. tin jam.

$\frac{1}{4}$ lb. packet tea (No. 29).
 1 lb. tin condensed milk.
 $\frac{1}{2}$ lb. sugar.
 1 toothbrush.
 1 tin six standard consomme.
 1 lb. tin carrots, &c.

NOTE.—In the case of Turkey the parcel is slightly varied from the above, and parcels both to Germany and Turkey are reconsidered and altered from time to time.

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